

1	GRIMAN Joanna	701	Aktywna pszczyna runners team/erigo	RYBNIK		40-49 lat	1	K 1			00:00:01	00:08:08	00:18:39.80	00:18:41.50		3:31	17.1 (100%)
2	PASTOROVÁ Petra	787	Běžecká škola petry pastorové	OSTRAVA		40-49 lat	2	K 2	Běžecká škola petry pastorové		00:00:01	00:08:09	00:18:51.95	00:18:53.20	+00:00:12 (1.1%)	3:33	16.9 (98.8%)
3	MENDECKA-ZEJDLER Michalina	560		ŁAZISKA GÓRNE		30-39 lat	1	K 3	Biegające kuzynki		00:00:02	00:08:23	00:19:15.40	00:19:17.85	+00:00:35 (3.1%)	3:37	16.5 (96.5%)
4	SUWAJ Aneta	1289	Ti athletic jastrzębie	JASTRZĘBIE-ZDRÓJ		30-39 lat	2	K 4	Ti athletics jastrzębie		00:00:02	00:08:30	00:19:44.85	00:19:46.95	+00:01:05 (5.5%)	3:43	16.1 (94.2%)
5	STUCHLIK Magdalena	1124	Michalak sandra team	JARZĄBKOWICE		40-49 lat	3	K 5	Michalak sandra team		00:00:02	00:08:34	00:19:50.30	00:19:52.60	+00:01:10 (5.9%)	3:44	16 (93.6%)
6	KOLONKO-WIERA Roksana	1169		JANKOWICE		30-39 lat	3	K 6			00:00:02	00:08:37	00:19:54.25	00:19:56.60	+00:01:14 (6.2%)	3:45	16 (93.6%)
7	JANKO Anna	243	Hrmax żory	ŻORY		30-39 lat	4	K 7	Hrmax dziolszki		00:00:02	00:08:53	00:20:31.35	00:20:33.45	+00:01:51 (9.1%)	3:52	15.5 (90.6%)
8	OZAWA Wiktoria	150	Biegające kuzynki	ŁAZISKA GÓRNE		30-39 lat	5	K 8	Biegające kuzynki		00:00:02	00:09:04	00:20:46.65	00:20:49.45	+00:02:06 (10.2%)	3:55	15.3 (89.5%)
9	PARZYCH Katarzyna	639	Rybnicka grupa biegowa	RYBNIK		40-49 lat	4	K 9	Rybnicka grupa biegowa	Szczęściary	00:00:01	00:09:12	00:20:53.15	00:20:55.10	+00:02:13 (10.6%)	3:56	15.2 (88.9%)
10	KĘDZierska Bogumiła	950		MSZANA		40-49 lat	5	K 10			00:00:02	00:09:05	00:21:15.25	00:21:18.10	+00:02:35 (12.2%)	4:00	15 (87.7%)
11	DYRLAGA Justyna	1098		WĘGIERSKA GÓRKA		30-39 lat	6	K 11	#mobilityteam		00:00:18	00:09:08	00:21:00.75	00:21:18.75	+00:02:20 (11.2%)	3:57	15.1 (88.3%)
12	KOWOL Karolina	935	Silesian triathlon team	WODZISŁAW ŚLĄSKI		16-19 lat	1	K 12			00:00:02	00:09:06	00:21:16.10	00:21:18.85	+00:02:36 (12.2%)	4:00	15 (87.7%)
13	BIAŁOŃCZYK Joanna	318		ZEBRZYDOWICE		30-39 lat	7	K 13			00:00:01	00:09:09	00:21:24.85	00:21:26.40	+00:02:45 (12.8%)	4:02	14.9 (87.1%)
14	SIENIAK Michalina	583	Ti athletics jastrzębie/zawierucha training academy	JASTRZĘBIE		40-49 lat	6	K 14	Ti athletics jastrzębie	Zawierucha training academy	00:00:01	00:09:29	00:21:37.30	00:21:39.25	+00:02:57 (13.7%)	4:04	14.7 (86.0%)
15	KUDIO Daria	367		RYBNIK		40-49 lat	7	K 15		Szczęściary	00:00:02	00:09:12	00:21:47.40	00:21:49.90	+00:03:07 (14.3%)	4:06	14.6 (85.4%)
16	PERUGIEWICZ Joanna	723		WODZISŁAW ŚLĄSKI		30-39 lat	8	K 16	Silesianki		00:00:02	00:09:18	00:21:52.05	00:21:54.90	+00:03:12 (14.7%)	4:07	14.5 (84.8%)
17	FILEC Wiktoria	118	Klub tl row rybnik	RYBNIK		20-29 lat	1	K 17			00:00:03	00:09:16	00:21:55.15	00:21:58.20	+00:03:15 (14.9%)	4:08	14.5 (84.8%)
18	KAJTOCH Jolanta	669	Bie -Run	BIERUŃ		40-49 lat	8	K 18		Jola&monika	00:00:03	00:09:30	00:22:07.05	00:22:10.35	+00:03:27 (15.6%)	4:10	14.4 (84.2%)
19	MROWIEC Kinga	793	Ti pogoń ruda śląska	RUDA ŚLĄSKA		20-29 lat	2	K 19		Pati&kinia	00:00:02	00:09:40	00:22:08.15	00:22:10.90	+00:03:28 (15.7%)	4:10	14.4 (84.2%)
20	TYMAN Dorota	441		RYBNIK		40-49 lat	9	K 20			00:00:01	00:09:52	00:22:10.40	00:22:12.20	+00:03:30 (15.8%)	4:10	14.3 (83.6%)
21	NGUYEN Dorota	788	Radlinioki w biegu/ rgb/ piraci z szarloty	RYBNIK		30-39 lat	9	K 21		Dorota i agnieszka	00:00:03	00:09:32	00:22:10.90	00:22:14.05	+00:03:31 (15.9%)	4:10	14.3 (83.6%)
22	NENKO Barbara	1022		RUDA SLASKA		40-49 lat	10	K 22			00:00:02	00:09:42	00:22:13.10	00:22:16.00	+00:03:33 (16.0%)	4:11	14.3 (83.6%)
23	ANDROSZ Beata	899	Jbl ruda śląska	RUDA ŚLĄSKA		40-49 lat	11	K 23	Wartkie pieronice		00:00:02	00:09:42	00:22:23.05	00:22:25.65	+00:03:43 (16.6%)	4:13	14.2 (83.0%)
24	WYPIÓR Ewa	526		GODÓW		40-49 lat	12	K 24			00:00:03	00:09:34	00:22:23.90	00:22:27.50	+00:03:44 (16.7%)	4:13	14.2 (83.0%)
25	JURASZEK Elzbieta	27	#mobilityteam	JELEŚNIA		40-49 lat	14	K 25	#mobilityteam		00:00:00	00:09:59	00:22:30.05	00:22:30.05	+00:03:50 (17.1%)	4:14	14.1 (82.5%)
26	BARTECKA Sabina	615	Super tri żory	ŻORY		40-49 lat	13	K 26		Super girls	00:00:01	00:09:31	00:22:29.10	00:22:30.75	+00:03:49 (17.0%)	4:14	14.1 (82.5%)
27	DOMIAN Paulina	64		GÓRKI WIELKIE		30-39 lat	10	K 27			00:00:06	00:09:45	00:22:26.40	00:22:32.45	+00:03:46 (16.8%)	4:13	14.2 (83.0%)
28	KORZONEK Natalia	48	Reklama korzon	POGÓRZE		30-39 lat	11	K 28		Reklama korzon	00:00:08	00:09:49	00:22:35.60	00:22:44.20	+00:03:55 (17.4%)	4:15	14.1 (82.5%)
29	OPIEKULSKA Renata	513	Ti athletics jastrzębie/zawierucha training academy	JASTRZĘBIE-ZDRÓJ		40-49 lat	15	K 29	Ti athletics jastrzębie		00:00:01	00:09:44	00:22:51.70	00:22:52.90	+00:04:11 (18.4%)	4:18	13.9 (81.3%)
30	SUSHKO Maryna	161	Rybnicka grupa biegowa	RYBNIK		30-39 lat	12	K 30	Rybnicka grupa biegowa	Rybnicka grupa biegowa	00:00:05	00:10:01	00:22:48.35	00:22:53.65	+00:04:08 (18.2%)	4:18	13.9 (81.3%)
31	ZĘBIK Grażyna	664	Zzozolki	CIESZYN		40-49 lat	16	K 31	Zzozolki		00:00:04	00:09:48	00:22:55.45	00:23:00.20	+00:04:15 (18.6%)	4:19	13.9 (81.3%)
32	MIELAŃCZYK Patrycja	159		WODZISŁAW ŚLĄSKI		30-39 lat	13	K 32			00:00:03	00:09:51	00:23:07.35	00:23:10.80	+00:04:27 (19.3%)	4:21	13.8 (80.7%)
33	WRÓBLEWSKA Judyta	306	Ti athletics jastrzębie/zawierucha training academy	JASTRZĘBIE-ZDRÓJ		30-39 lat	15	K 33	Ti athletics jastrzębie	Zawierucha training academy	00:00:02	00:09:35	00:23:20.65	00:23:22.80	+00:04:40 (20.1%)	4:24	13.6 (79.5%)
34	PIETRAS Sylwia	641	Miechowicka grupa biegowa	ZABRZE		30-39 lat	16	K 34	Miechowicka grupa biegowa	Kwiat miechowic	00:00:00	00:10:21	00:23:24.40	00:23:24.40	+00:04:44 (20.3%)	4:24	13.6 (79.5%)
35	LOSKOT Monika	713		TYCHY		40-49 lat	18	K 35		Jola&monika	00:00:02	00:09:55	00:23:23.05	00:23:25.15	+00:04:43 (20.2%)	4:24	13.6 (79.5%)
36	POŁOMSKA Edyta	706	Polomscy team	RYDULTOWY		40-49 lat	17	K 36	Silesianki		00:00:03	00:09:46	00:23:22.85	00:23:25.95	+00:04:43 (20.2%)	4:24	13.6 (79.5%)
37	OLEŚ Beata	816	Run away team	RUDA ŚLĄSKA		30-39 lat	14	K 37	Run away team		00:00:12	00:10:11	00:23:20.40	00:23:33.15	+00:04:40 (20.0%)	4:24	13.6 (79.5%)

38	PAWLAK Oliwia	231	Dyczuś team	ZDZIESZOWICE		30-39 lat	17	K 38	Dyczuś team		00:00:05	00:09:57	00:23:30.55	00:23:36.30	+00:04:50 (20.6%)	4:26	13.5 (78.9%)
39	SZOJDA Ola	378	Carbon silesia sport by vitarade	TYCHY		16-19 lat	2	K 39			00:00:07	00:09:51	00:23:29.25	00:23:36.95	+00:04:49 (20.5%)	4:25	13.5 (78.9%)
40	KRAWCZYK Patrycja	922	Wartkie pieronice	RUDA ŚLĄSKA		20-29 lat	3	K 40	Wartkie pieronice	Pati&kinia	00:00:03	00:09:57	00:23:35.85	00:23:38.90	+00:04:56 (20.9%)	4:26	13.5 (78.9%)
41	KONDIOLKA Kinga	629		ZEBRZYDOWICE		20-29 lat	4	K 41	Zzozolki		00:00:02	00:10:20	00:23:41.65	00:23:43.95	+00:05:01 (21.2%)	4:28	13.4 (78.4%)
42	SZEWczyk Karolina	776		CIESZYN		40-49 lat	19	K 42			00:00:07	00:10:12	00:23:41.90	00:23:49.30	+00:05:02 (21.2%)	4:28	13.4 (78.4%)
43	SEROKA Joanna	737	Wartkie pierony	RUDA ŚLĄSKA		30-39 lat	18	K 43			00:00:00	00:10:27	00:23:50.85	00:23:50.85	+00:05:11 (21.7%)	4:29	13.3 (77.8%)
44	MISTEROWICZ Kinga	317	Runsz-Team	PISARZOWICE		30-39 lat	19	K 44	Runsz-Team		00:00:02	00:10:24	00:23:51.85	00:23:54.75	+00:05:12 (21.8%)	4:30	13.3 (77.8%)
45	RYŁKO-ŻYŁA Kamila	1105		BIELSKO-BIAŁA		30-39 lat	20	K 45	#mobilityteam		00:00:05	00:10:20	00:23:53.15	00:23:58.75	+00:05:13 (21.9%)	4:30	13.3 (77.8%)
46	BREJNAK Agnieszka	346		RADLIN		30-39 lat	21	K 46	Radlinioki w biegu	Dorota i agnieszka	00:00:06	00:10:05	00:24:02.05	00:24:08.35	+00:05:22 (22.3%)	4:32	13.2 (77.2%)
47	NIESŁAŃCZYK Małgorzata	823	Wataha	JASTRZĘBIE-ZDRÓJ		40-49 lat	21	K 47	Wataha		00:00:02	00:10:16	00:24:08.15	00:24:10.95	+00:05:28 (22.7%)	4:33	13.2 (77.2%)
48	POZNIAK Maria	892		DOBRZEŃ WIELKI		20-29 lat	5	K 48			00:00:09	00:10:18	00:24:06.80	00:24:16.15	+00:05:27 (22.6%)	4:32	13.2 (77.2%)
49	SZCZĘSNA Kinga	394	Runsz-Team	SKOCZÓW		30-39 lat	22	K 49	Runsz-Team		00:00:02	00:10:26	00:24:17.45	00:24:19.60	+00:05:37 (23.2%)	4:34	13.1 (76.6%)
50	MOCHOCKA Agnieszka	928		ŻORY		40-49 lat	20	K 50	Team lidl		00:00:31	00:10:29	00:23:53.40	00:24:25.15	+00:05:13 (21.9%)	4:30	13.3 (77.8%)
51	KRAWCZYK Urszula	31		JASTRZĘBIE-ZDRÓJ		20-29 lat	6	K 51			00:00:06	00:10:32	00:24:21.55	00:24:27.60	+00:05:41 (23.4%)	4:35	13.1 (76.6%)
52	CAPUTA Sabina	725		SKOCZÓW		20-29 lat	7	K 52			00:00:07	00:10:34	00:24:29.10	00:24:36.65	+00:05:49 (23.8%)	4:37	13 (76.0%)
53	KANDORA Joanna	805	Miechowska grupa biegowa	BYTOM		50-59 lat	1	K 53	Miechowska grupa biegowa		00:00:04	00:10:11	00:24:34.15	00:24:38.40	+00:05:54 (24.0%)	4:38	12.9 (75.4%)
54	KANDORA Katarzyna	812	Miechowska grupa biegowa	BYTOM		16-19 lat	3	K 54	Miechowska grupa biegowa		00:00:03	00:10:09	00:24:34.75	00:24:38.70	+00:05:54 (24.1%)	4:38	12.9 (75.4%)
54	BOGUSŁAWSKA Angelika	784		ŻORY		30-39 lat	23	K 55			00:00:13	00:10:31	00:24:25.40	00:24:38.70	+00:05:45 (23.6%)	4:36	13 (76.0%)
56	JANKO Joanna	69		ŻORY		30-39 lat	24	K 56			00:00:02	00:10:37	00:24:37.30	00:24:39.95	+00:05:57 (24.2%)	4:38	12.9 (75.4%)
57	NOWAK Beata	365		PUNÓW		50-59 lat	2	K 57	Zzozolki		00:00:07	00:10:32	00:24:36.25	00:24:43.25	+00:05:56 (24.1%)	4:38	12.9 (75.4%)
58	WALECZEK Anna	68		JASTRZĘBIE-ZDRÓJ		30-39 lat	25	K 58			00:00:04	00:10:36	00:24:47.45	00:24:52.40	+00:06:07 (24.7%)	4:40	12.8 (74.9%)
59	HOLONA Agata	831		ŻORY		30-39 lat	27	K 59			00:00:01	00:10:27	00:24:54.85	00:24:56.80	+00:06:15 (25.1%)	4:41	12.8 (74.9%)
60	ADAMEK Stella	865		ZABŁOCIE		30-39 lat	26	K 60			00:00:05	00:10:55	00:24:54.80	00:24:59.85	+00:06:15 (25.1%)	4:41	12.8 (74.9%)
61	SZAFARCZYK Eugenia	286	Runsz-Team	OCHABY MAŁE		60+	1	K 61	Runsz-Team		00:00:02	00:10:41	00:24:58.30	00:25:00.90	+00:06:18 (25.3%)	4:42	12.7 (74.3%)
62	KORDEK Dorota	1138		BIELSKO-BIAŁA		40-49 lat	23	K 62			00:00:09	00:10:38	00:24:54.55	00:25:03.60	+00:06:14 (25.1%)	4:41	12.8 (74.9%)
63	CZYŻ Leonarda	254		CIESZYN		50-59 lat	3	K 63	Zzozolki		00:00:06	00:10:54	00:24:57.10	00:25:04.05	+00:06:17 (25.2%)	4:42	12.7 (74.3%)
64	DZIDA Agata	766	Wartkie pierony	RUDA ŚLĄSKA		40-49 lat	22	K 64	Wartkie pieronice		00:00:18	00:10:41	00:24:52.80	00:25:11.35	+00:06:13 (25.0%)	4:41	12.8 (74.9%)
65	PORCZYŃSKA Patrycja	764	Spot pszczyna	TYCHY		30-39 lat	28	K 65	Spot pszczyna	Dpteam	00:00:13	00:10:47	00:25:02.50	00:25:16.20	+00:06:22 (25.5%)	4:43	12.7 (74.3%)
66	SZWAN Grażyna	991		ORZESZE		40-49 lat	24	K 66			00:00:07	00:11:05	00:25:12.35	00:25:19.75	+00:06:32 (26.0%)	4:45	12.6 (73.7%)
67	DEBICKA Aneta	856		BRZEG		20-29 lat	8	K 67			00:00:13	00:10:50	00:25:11.50	00:25:24.55	+00:06:31 (25.9%)	4:45	12.6 (73.7%)
68	LEWOŃ-SZCZANSNY Aleksandra	852		RYBNIK		30-39 lat	30	K 68	Team nutrilite		00:00:04	00:10:41	00:25:22.10	00:25:26.60	+00:06:42 (26.4%)	4:47	12.5 (73.1%)
69	PRZYŁĘCKA-HUSSAR Agnieszka	102	Bdb team	KATOWICE		40-49 lat	25	K 69	Bdb team	Bdb friends 1	00:00:10	00:10:54	00:25:16.65	00:25:26.75	+00:06:36 (26.2%)	4:46	12.6 (73.7%)
70	GRYCMAN Marta	580		TURZA ŚLĄSKA		30-39 lat	29	K 70			00:00:21	00:10:50	00:25:10.40	00:25:32.00	+00:06:30 (25.9%)	4:44	12.6 (73.7%)
71	PAWŁOWSKA Beata	143	Radlinioki w biegu	RADLIN		50-59 lat	4	K 71			00:00:10	00:11:22	00:25:29.80	00:25:39.95	+00:06:50 (26.8%)	4:48	12.5 (73.1%)
72	WODNIAK Angela	127	Powoli do celu	WOLA		40-49 lat	26	K 72			00:00:24	00:11:05	00:25:16.65	00:25:41.55	+00:06:36 (26.2%)	4:46	12.6 (73.7%)
73	BASISTA Kasia	260	Run kaśko/łapacze zachodów słońca	PSZÓW		50-59 lat	5	K 73	Łapaczki zachodów słońca		00:00:06	00:11:05	00:25:35.50	00:25:42.40	+00:06:55 (27.1%)	4:49	12.4 (72.5%)
74	PIWOŃSKA Ada	51	Łapacze zachodów słońca	PODBUCZE		40-49 lat	29	K 74	Łapaczki zachodów słońca		00:00:05	00:11:05	00:25:36.55	00:25:42.45	+00:06:56 (27.1%)	4:49	12.4 (72.5%)

75	MENDLA Agata	470	Łapaczki zachód słońca	WODZISŁAW ŚLĄSKI		40-49 lat	28	K 75	Łapaczki zachodów słońca		00:00:06	00:11:04	00:25:35.80	00:25:42.70	+00:06:56 (27.1%)	4:49	12.4 (72.5%)
76	DĄBROWSKA Agata	418		ŻORY		40-49 lat	27	K 76			00:00:09	00:11:03	00:25:35.00	00:25:44.95	+00:06:55 (27.0%)	4:49	12.4 (72.5%)
77	POURSAFAR Andrea	919	Běžecká škola petry pastorové	OSTRAVA		50-59 lat	6	K 77	Běžecká škola petry pastorové		00:00:02	00:10:58	00:25:42.95	00:25:45.40	+00:07:03 (27.4%)	4:50	12.4 (72.5%)
78	SOCHORKOVÁ Aneta	933	Dobratický běh	DOBRATICE		40-49 lat	31	K 78	Dobratický běh		00:00:03	00:11:15	00:25:42.75	00:25:45.90	+00:07:02 (27.4%)	4:50	12.4 (72.5%)
79	PERKOWSKA Daria	1158		JASTRZĘBIE ZDRÓJ		40-49 lat	30	K 79	Kobiety na 5+		00:00:07	00:11:05	00:25:42.05	00:25:49.05	+00:07:02 (27.4%)	4:50	12.4 (72.5%)
80	DYBAŚ Dorota	684	Dyczuś team	KAMIEŃ ŚLĄSKI		30-39 lat	32	K 80	Dyczuś team		00:00:08	00:11:28	00:25:41.90	00:25:50.15	+00:07:02 (27.4%)	4:50	12.4 (72.5%)
81	DAICZMANEK Aleksandra	62		WODZISŁAW ŚLĄSKI		40-49 lat	32	K 81			00:00:09	00:11:18	00:25:44.15	00:25:53.20	+00:07:04 (27.5%)	4:51	12.4 (72.5%)
82	GAJOWY Magdalena	58	Tl athletics jastrzębie	WARSZAWA		20-29 lat	9	K 82			00:00:07	00:10:51	00:25:50.35	00:25:57.55	+00:07:10 (27.8%)	4:52	12.3 (71.9%)
83	SŁOWIŃSKA Joanna	958	Runteam pawlowice	PAWŁOWICE		30-39 lat	33	K 83			00:00:02	00:10:57	00:25:57.35	00:25:59.65	+00:07:17 (28.1%)	4:53	12.3 (71.9%)
84	STEFANIAK Anna	343		ŻORY		20-29 lat	12	K 84			00:00:00	00:11:08	00:26:01.55	00:26:01.55	+00:07:21 (28.3%)	4:54	12.2 (71.3%)
85	KIEŚ-DUDYS Agnieszka	12	Team nutrilite	RYBNIK		40-49 lat	34	K 85	Team nutrilite		00:00:05	00:10:57	00:25:58.75	00:26:04.40	+00:07:18 (28.2%)	4:53	12.2 (71.3%)
86	KILAROVA Jana	71	Šbv	OSTRAVA 2		50-59 lat	7	K 86	Běžecká škola petry pastorové		00:00:02	00:11:07	00:26:07.20	00:26:10.15	+00:07:27 (28.5%)	4:55	12.2 (71.3%)
87	GRZYBEK Małgorzata	910		POGWIZDOW		30-39 lat	34	K 87			00:00:06	00:11:07	00:26:06.85	00:26:13.30	+00:07:27 (28.5%)	4:55	12.2 (71.3%)
88	SOLTYSEK Barbara	1104	#mobilityteam	CISIEC		40-49 lat	33	K 88	#mobilityteam		00:00:22	00:11:09	00:25:52.95	00:26:15.60	+00:07:13 (27.9%)	4:52	12.3 (71.9%)
89	MYSIAK Beata	890	Bdb team	KATOWICE		40-49 lat	35	K 89	Bdb team	Bdb friends 1	00:00:11	00:11:17	00:26:04.05	00:26:15.90	+00:07:24 (28.4%)	4:55	12.2 (71.3%)
90	SIKORA Magdalena	792		CIESZYN		40-49 lat	36	K 90		Wiedźmy sci	00:00:11	00:11:24	00:26:05.35	00:26:16.80	+00:07:25 (28.5%)	4:55	12.2 (71.3%)
91	SIKORA Anna	1298		BIELSKO-BIAŁA		30-39 lat	31	K 91			00:00:37	00:11:27	00:25:41.75	00:26:19.00	+00:07:01 (27.4%)	4:50	12.4 (72.5%)
92	MENDECKA Daria	101		GLIWICE		30-39 lat	35	K 92	Biegające kuzynki		00:00:05	00:11:20	00:26:15.30	00:26:21.15	+00:07:35 (28.9%)	4:57	12.1 (70.8%)
92	NATKANIEC Dorota	500		BRZEŻÓWKA		50-59 lat	8	K 93			00:00:08	00:11:29	00:26:12.90	00:26:21.15	+00:07:33 (28.8%)	4:56	12.1 (70.8%)
94	PUSTELNIK Justyna	49		RYBNIK		40-49 lat	37	K 94			00:00:07	00:11:09	00:26:17.00	00:26:24.40	+00:07:37 (29.0%)	4:57	12.1 (70.8%)
95	BRZUSKA Adrianna	359		CIESZYN		20-29 lat	10	K 95	Zzozolki		00:00:31	00:11:31	00:25:56.15	00:26:27.95	+00:07:16 (28.0%)	4:53	12.3 (71.9%)
96	HOLEKSA Angelika	167	Reklama korzon	POGÓRZE		30-39 lat	38	K 96	Reklama korzon		00:00:09	00:11:16	00:26:18.65	00:26:28.00	+00:07:38 (29.1%)	4:57	12.1 (70.8%)
97	MATUSZEK Karolina	1236		RYBNIK		20-29 lat	13	K 97			00:00:00	00:11:34	00:26:34.45	00:26:34.45	+00:07:54 (29.8%)	5:00	12 (70.2%)
98	HANDZLIK-STARZYK Anna	40		PORĘBA WIELKA		40-49 lat	39	K 98	Wiewiórki zimnokrwiste		00:00:10	00:11:43	00:26:24.55	00:26:34.85	+00:07:44 (29.3%)	4:58	12 (70.2%)
99	LACHOWICZ Izabela	202	Rybnicka grupa biegowa pędzimy razem	RYBNIK		30-39 lat	37	K 99			00:00:18	00:12:38	00:26:18.55	00:26:36.80	+00:07:38 (29.1%)	4:57	12.1 (70.8%)
100	GROLIK Karolina	284		RYBNIK		40-49 lat	38	K 100			00:00:18	00:12:40	00:26:18.35	00:26:36.85	+00:07:38 (29.1%)	4:57	12.1 (70.8%)
101	PAŁUCKA Monika	904		WOLA		30-39 lat	40	K 101			00:00:04	00:11:32	00:26:36.70	00:26:40.75	+00:07:56 (29.9%)	5:01	12 (70.2%)
102	SKUPIEŃ Zuzanna	576		RYBNIK		30-39 lat	39	K 102			00:00:11	00:12:06	00:26:32.20	00:26:43.20	+00:07:52 (29.7%)	5:00	12 (70.2%)
103	KWAPISZ-BONUSIAK Dorota	1111		JASTRZĘBIE-ZDRÓJ		30-39 lat	43	K 103			00:00:00	00:11:26	00:26:45.15	00:26:45.15	+00:08:05 (30.2%)	5:02	11.9 (69.6%)
104	JANIK Anna	1282		BIELSKO-BIAŁA		30-39 lat	36	K 104	Mokate s.a.		00:00:28	00:11:43	00:26:16.75	00:26:45.30	+00:07:36 (29.0%)	4:57	12.1 (70.8%)
105	PIETRZYK Małgorzata	631		BYTOM		40-49 lat	41	K 105			00:00:17	00:11:26	00:26:28.90	00:26:45.90	+00:07:49 (29.5%)	4:59	12 (70.2%)
106	TRYBAŁA Danuta	1010	Wataha	PIELGRZYMOWICE		40-49 lat	42	K 106	Wataha		00:00:06	00:11:22	00:26:40.85	00:26:47.00	+00:08:01 (30.0%)	5:01	11.9 (69.6%)
107	SOLTYŚ Wiktoria	632		JASTRZĘBIE-ZDRÓJ		20-29 lat	15	K 107			00:00:07	00:11:10	00:26:40.90	00:26:48.40	+00:08:01 (30.1%)	5:01	11.9 (69.6%)
108	MOKRZYCKA Maja	468	Tl row rybnik	RYBNIK		16-19 lat	4	K 108			00:00:26	00:11:35	00:26:23.65	00:26:50.45	+00:07:43 (29.3%)	4:58	12.1 (70.8%)
109	WITOSZEK Wiktoria	1118	Suszeckie iten	SUSZEC		20-29 lat	11	K 109	Suszeckie iten		00:00:54	00:11:40	00:25:57.35	00:26:52.00	+00:07:17 (28.1%)	4:53	12.3 (71.9%)
110	PAJESTKA Katarzyna	690		RUDA ŚLĄSKA		40-49 lat	43	K 110			00:00:11	00:11:27	00:26:42.30	00:26:53.60	+00:08:02 (30.1%)	5:02	11.9 (69.6%)
111	BROCKA Anita	627	Silesian triathlon team	TURZA ŚLĄSKA		50-59 lat	9	K 111			00:00:18	00:11:40	00:26:38.95	00:26:57.45	+00:07:59 (30.0%)	5:01	11.9 (69.6%)

112	HERBAN Larysa	515	Szybki krecik/sprawność biegacza	RYBNIK		60+	2	K 112		00:00:08	00:11:25	00:26:49.55	00:26:57.70	+00:08:09 (30.4%)	5:03	11.9 (69.6%)
113	KONIECZNY Marta	880		JASTRZĘBIE-ZDRÓJ		20-29 lat	17	K 113		00:00:09	00:11:18	00:26:49.00	00:26:58.85	+00:08:09 (30.4%)	5:03	11.9 (69.6%)
114	LEPA Klaudia	898	Bbl ruda śląska	RUDA ŚLĄSKA		20-29 lat	18	K 114	Wartkie pieronice	00:00:04	00:11:50	00:26:58.15	00:27:02.70	+00:08:18 (30.8%)	5:05	11.8 (69.0%)
115	DRÓZD Sylwia	796		POGWIZDÓW		30-39 lat	46	K 115	Homefit3d	00:00:04	00:11:05	00:26:58.30	00:27:03.00	+00:08:18 (30.8%)	5:05	11.8 (69.0%)
116	WOJNAR Justyna	742	Homefit3d	PRUCHNA		40-49 lat	45	K 116	Homefit3d	00:00:05	00:11:41	00:26:58.00	00:27:03.25	+00:08:18 (30.8%)	5:05	11.8 (69.0%)
117	CHORCHOS Magda	562		JASTRZĘBIE ZDRÓJ		30-39 lat	45	K 117		00:00:09	00:11:52	00:26:55.00	00:27:04.35	+00:08:15 (30.7%)	5:04	11.8 (69.0%)
118	KUFKA Judyta	695		ŚWIERKLANY		30-39 lat	42	K 118		00:00:21	00:11:45	00:26:43.25	00:27:04.40	+00:08:03 (30.2%)	5:02	11.9 (69.6%)
119	KASPERCZYK Aleksandra	387		RUDA ŚLĄSKA		40-49 lat	40	K 119	Wartkie pieronice	00:00:36	00:11:52	00:26:28.15	00:27:04.50	+00:07:48 (29.5%)	4:59	12 (70.2%)
120	BAKOWSKA Justyna	864		ZBYTKÓW		40-49 lat	44	K 120		00:00:08	00:11:46	00:26:56.75	00:27:04.95	+00:08:16 (30.7%)	5:04	11.8 (69.0%)
121	SUSZCZYK Monika	917		MYSŁOWICE		50-59 lat	10	K 121		00:00:19	00:12:09	00:26:45.75	00:27:05.50	+00:08:05 (30.3%)	5:02	11.9 (69.6%)
122	JAKUBOWSKA Gosia	598	Biegłem na masaż	PAWŁOWICE		30-39 lat	41	K 122	Wataha	00:00:24	00:11:34	00:26:42.75	00:27:07.10	+00:08:02 (30.1%)	5:02	11.9 (69.6%)
123	KOBIELUSZ Martyna	9		ŻORY		20-29 lat	19	K 123		00:00:08	00:11:32	00:26:58.65	00:27:07.15	+00:08:18 (30.8%)	5:05	11.8 (69.0%)
124	WOJTAS Kinga	896	Powolidocelu	WOLA		20-29 lat	16	K 124	Powolidocelu	00:00:21	00:12:03	00:26:47.20	00:27:08.30	+00:08:07 (30.3%)	5:03	11.9 (69.6%)
125	TYMAN Marcelina	469		RYBNIK		30-39 lat	48	K 125		00:00:02	00:12:06	00:27:07.15	00:27:09.90	+00:08:27 (31.2%)	5:06	11.7 (68.4%)
126	KWAŚNIEWSKA Hania	237	Żory team	ŻORY		16-19 lat	5	K 126		00:00:23	00:11:18	00:26:50.05	00:27:13.70	+00:08:10 (30.4%)	5:03	11.9 (69.6%)
127	LERCH-HENCZKO Maria	508	Aktywnie nakręcenii	JASTRZĘBIE-ZDRÓJ		30-39 lat	49	K 127		00:00:08	00:11:22	00:27:09.65	00:27:17.85	+00:08:29 (31.3%)	5:07	11.7 (68.4%)
128	KIDŃ Anna	1281		UL. HARBUTOWICKA 148		30-39 lat	44	K 128	Mokate s.a.	00:00:31	00:11:52	00:26:47.55	00:27:19.00	+00:08:07 (30.3%)	5:03	11.9 (69.6%)
129	BUCHTA Edyta	134		JASTRZĘBIE -ZDRÓJ		40-49 lat	46	K 129		00:00:08	00:11:47	00:27:11.05	00:27:19.30	+00:08:31 (31.3%)	5:07	11.7 (68.4%)
130	MICHALIK Monika	1267		CZERNICA		20-29 lat	14	K 130	Opel fijałkowski	00:00:39	00:11:52	00:26:39.90	00:27:19.65	+00:08:00 (30.0%)	5:01	11.9 (69.6%)
131	WERNIK Katarzyna	584		RADLIN		50-59 lat	13	K 131		00:00:07	00:11:45	00:27:12.40	00:27:20.35	+00:08:32 (31.4%)	5:07	11.7 (68.4%)
132	HARAZIN Anna	801		PAWŁOWICE		30-39 lat	47	K 132		00:00:25	00:11:47	00:27:03.65	00:27:29.50	+00:08:23 (31.0%)	5:06	11.8 (69.0%)
133	MISZCZAK Katarzyna	700	Run away team	RUDA ŚLĄSKA		40-49 lat	47	K 133	Run away team	00:00:10	00:11:47	00:27:20.55	00:27:31.25	+00:08:40 (31.7%)	5:09	11.6 (67.8%)
134	POPEK Barbara	60	Sobieski6	JASTRZĘBIE-ZDRÓJ		50-59 lat	11	K 134	Sobieski6		00:11:33	00:27:01.00	00:27:31.60	+00:08:21 (30.9%)	5:05	11.8 (69.0%)
135	RAZIK Grażyna	567	Golden team	RUDA ŚLĄSKA		50-59 lat	15	K 135	Golden team	00:00:03	00:12:01	00:27:32.40	00:27:36.10	+00:08:52 (32.2%)	5:11	11.5 (67.3%)
136	WOWRY Sylwia	825	Olza cieszyn	CIESZYN		40-49 lat	49	K 136	Zzozolki		00:11:27	00:27:26.70	00:27:37.75	+00:08:46 (32.0%)	5:10	11.6 (67.8%)
137	MITUROVÁ Radka	1191	Mk seiti	OSTRAVA PORUBA		60+	3	K 137		00:00:02	00:11:50	00:27:39.40	00:27:41.50	+00:08:59 (32.5%)	5:13	11.5 (67.3%)
138	PROKOP Iwona	19		RUDA ŚLĄSKA		50-59 lat	16	K 138		00:00:03	00:11:52	00:27:41.10	00:27:44.15	+00:09:01 (32.6%)	5:13	11.5 (67.3%)
139	ARENDARSKA Patrycja	531		JASTRZĘBIE-ZDRÓJ		30-39 lat	55	K 139		00:00:05	00:11:44	00:27:41.60	00:27:47.20	+00:09:01 (32.6%)	5:13	11.5 (67.3%)
140	STEFANIAK Bożena	203		ŻORY		50-59 lat	17	K 140		00:00:07	00:11:46	00:27:42.35	00:27:49.55	+00:09:02 (32.6%)	5:13	11.5 (67.3%)
141	NENKO Jolanta	240		RUDA ŚLĄSKA		40-49 lat	55	K 141		00:00:02	00:11:42	00:27:47.25	00:27:50.05	+00:09:07 (32.8%)	5:14	11.4 (66.7%)
142	PISULA Beata	979		BYTOM		50-59 lat	14	K 142		00:00:31	00:12:11	00:27:20.10	00:27:51.55	+00:08:40 (31.7%)	5:09	11.6 (67.8%)
143	NYKIEL Malgorzata	428	Miechowicka grupa biegowa	BYTOM		50-59 lat	12	K 143	Miechowicka grupa biegowa		00:11:59	00:27:04.65	00:27:51.90	+00:08:24 (31.1%)	5:06	11.7 (68.4%)
144	CEGLARSKA Sonia	718	Jejkowice biegają	JEJKOWICE		40-49 lat	54	K 144	Jejkowickie kobiety		00:12:04	00:27:47.15	00:27:52.40	+00:09:07 (32.8%)	5:14	11.4 (66.7%)
145	PIECHA-LACHAJCZYK Hanna	222	Bushi rybnicki klub sportowy karate jiu-Jitsu	RYBNIK		40-49 lat	48	K 145		00:00:30	00:12:17	00:27:22.55	00:27:52.85	+00:08:42 (31.8%)	5:09	11.6 (67.8%)
146	KONIECKO Karolina	1142		POGÓRZE		30-39 lat	52	K 146		00:00:28	00:12:07	00:27:28.95	00:27:57.60	+00:08:49 (32.1%)	5:10	11.6 (67.8%)
147	GAWEŁCZYK Marta	444	Ce progress	ŻORY		30-39 lat	51	K 147		00:00:41	00:11:36	00:27:17.05	00:27:58.55	+00:08:37 (31.6%)	5:08	11.7 (68.4%)
148	SIMON Aleksandra	1045	Miechowicka grupa biegowa	BYTOM		30-39 lat	50	K 148	Miechowicka grupa biegowa	00:00:44	00:12:48	00:27:15.65	00:28:00.00	+00:08:35 (31.5%)	5:08	11.7 (68.4%)

149	MAZUR Małgorzata	337		JASTRZĘBIE-ZDRÓJ		40-49 lat	50	K 149			00:00:21	00:12:10	00:27:39.00	00:28:00.45	+00:08:59 (32.5%)	5:13	11.5 (67.3%)
150	KIERMACZ Dorota	758	Jejkowice biegają	SZCZERBICE		40-49 lat	60	K 150	Jejkowickie kobietki	Jejkowianki	00:00:05	00:12:03	00:27:58.75	00:28:03.85	+00:09:18 (33.3%)	5:16	11.4 (66.7%)
151	BANACH Ewa	614		JASTRZĘBIE-ZDRÓJ		30-39 lat	58	K 151			00:00:06	00:11:55	00:27:59.05	00:28:05.65	+00:09:19 (33.3%)	5:16	11.4 (66.7%)
152	ZIMNY Weronika	903		ŻORY		30-39 lat	54	K 152			00:00:30	00:11:41	00:27:37.05	00:28:07.15	+00:08:57 (32.4%)	5:12	11.5 (67.3%)
153	HANARZ Joanna	147		SOPOTNIA WIELKA		30-39 lat	53	K 153	#mobilityteam		00:00:37	00:12:13	00:27:29.75	00:28:07.20	+00:08:49 (32.1%)	5:11	11.6 (67.8%)
154	MICHALAK Nikola	1296	Ti athletic jastrzębie	JASTRZĘBIE-ZDRÓJ		20-29 lat	21	K 154	Ti athletics jastrzębie		00:00:19	00:12:17	00:27:50.05	00:28:09.25	+00:09:10 (32.9%)	5:15	11.4 (66.7%)
155	SOKÓŁ-PISZCZEK Agnieszka	461	Pro industria żory team	ŻORY		40-49 lat	56	K 155			00:00:22	00:11:52	00:27:47.85	00:28:10.40	+00:09:08 (32.9%)	5:14	11.4 (66.7%)
156	ZIELIŃSKA Ewa	173		LEGIONOWO		30-39 lat	57	K 156			00:00:15	00:12:03	00:27:56.25	00:28:12.15	+00:09:16 (33.2%)	5:16	11.4 (66.7%)
157	MARUSZEWSKA Martyna	1113		POŁOMIA		20-29 lat	22	K 157			00:00:10	00:11:20	00:28:01.55	00:28:12.50	+00:09:21 (33.4%)	5:17	11.4 (66.7%)
158	KANTOROWSKA Ania	486	Powoli do celu	FRYDEK		30-39 lat	56	K 158	Powolidocelu		00:00:19	00:12:14	00:27:54.60	00:28:14.55	+00:09:14 (33.1%)	5:15	11.4 (66.7%)
159	GRUCELA Beata	549		GODÓW		50-59 lat	18	K 159			00:00:08	00:12:15	00:28:06.80	00:28:15.40	+00:09:27 (33.6%)	5:18	11.3 (66.1%)
160	BERNAŚ Marta	842		POPÓW		20-29 lat	20	K 160		M&ms	00:00:34	00:12:44	00:27:43.10	00:28:17.30	+00:09:03 (32.7%)	5:13	11.5 (67.3%)
161	KANIA Monika	105		RUDA ŚLĄSKA		40-49 lat	61	K 161			00:00:12	00:12:28	00:28:05.60	00:28:17.90	+00:09:25 (33.6%)	5:17	11.3 (66.1%)
162	KĄKÓŁ-WOJTAS Katarzyna	612	Powoli do celu	WOLA		40-49 lat	59	K 162	Powolidocelu		00:00:22	00:12:42	00:27:57.05	00:28:19.25	+00:09:17 (33.2%)	5:16	11.4 (66.7%)
163	SOBEL Izabela	61		ŻYWIEC		40-49 lat	62	K 163			00:00:04	00:11:55	00:28:19.60	00:28:23.80	+00:09:39 (34.1%)	5:20	11.2 (65.5%)
164	GÓRA Marta	267		JASTRZĘBIE ZDRÓJ		40-49 lat	52	K 164	Fajerwerki		00:00:44	00:12:30	00:27:40.05	00:28:24.65	+00:09:00 (32.5%)	5:13	11.5 (67.3%)
165	RODAK Martyna	1234	Azs agh	JASTRZĘBIE-ZDRÓJ		20-29 lat	23	K 165			00:00:01	00:11:36	00:28:23.45	00:28:25.25	+00:09:43 (34.3%)	5:21	11.2 (65.5%)
166	BIERNACKA Magdalena	1173		JASTRZĘBIE-ZDRÓJ		40-49 lat	53	K 166			00:00:40	00:12:31	00:27:46.60	00:28:26.70	+00:09:06 (32.8%)	5:14	11.5 (67.3%)
167	ZIOMEK Katarzyna	540		TARNOWSKIE GÓRY		40-49 lat	51	K 167	Miechowska grupa biegowa		00:00:47	00:12:12	00:27:39.55	00:28:27.30	+00:08:59 (32.5%)	5:13	11.5 (67.3%)
168	SMAGA Anna	1237		GOLKOWICE		16-19 lat	6	K 168			00:00:09	00:12:49	00:28:17.60	00:28:27.50	+00:09:37 (34.0%)	5:20	11.2 (65.5%)
169	LUDVIKOVÁ Hana	605		OSTRAVA		40-49 lat	58	K 169		Běžecká škola petry pastorove	00:00:31	00:12:17	00:27:56.55	00:28:28.40	+00:09:16 (33.2%)	5:16	11.4 (66.7%)
170	DOMAŃSKA Joanna	1025		JASTRZĘBIE-ZDRÓJ		30-39 lat	59	K 170			00:00:17	00:11:59	00:28:11.40	00:28:28.70	+00:09:31 (33.8%)	5:19	11.3 (66.1%)
171	SZYMCZYK Teresa	635	Team szymczyki/zabiegana babcia	CZĘSTOCHOWA		60+	4	K 171			00:00:23	00:12:11	00:28:07.25	00:28:30.30	+00:09:27 (33.6%)	5:18	11.3 (66.1%)
172	KWIATKOWSKA Tatiana	448		JASTRZĘBIE-ZDRÓJ		50-59 lat	20	K 172			00:00:03	00:11:59	00:28:28.10	00:28:32.05	+00:09:48 (34.4%)	5:22	11.2 (65.5%)
173	KRAKOWCZYK Tatiana	157		OŚWIĘCIM		40-49 lat	64	K 173	Wiewiórki zimnokrwiste		00:00:11	00:12:58	00:28:22.30	00:28:33.30	+00:09:42 (34.2%)	5:21	11.2 (65.5%)
174	KUPCZAK Jagoda	1117	Mobilityteam	CISIEC		30-39 lat	62	K 174	#mobilityteam		00:00:10	00:12:59	00:28:25.50	00:28:35.85	+00:09:45 (34.3%)	5:21	11.2 (65.5%)
175	KUPCZAK Dominika	1021		JASTRZĘBIE-ZDRÓJ		16-19 lat	7	K 175			00:00:06	00:12:01	00:28:31.45	00:28:37.75	+00:09:51 (34.6%)	5:22	11.2 (65.5%)
176	RUS Magdalena	645		KORZONEK		30-39 lat	60	K 176			00:00:26	00:13:00	00:28:11.60	00:28:38.50	+00:09:31 (33.8%)	5:19	11.3 (66.1%)
177	GLANERT Karolina	663	Suszenie iten	ŻORY		60+	5	K 177	Suszeckie iten		00:00:02	00:12:15	00:28:36.45	00:28:38.60	+00:09:56 (34.8%)	5:23	11.1 (64.9%)
178	SROKOL Monika	956		RYBNIK		40-49 lat	57	K 178			00:00:51	00:12:29	00:27:52.45	00:28:44.40	+00:09:12 (33.0%)	5:15	11.4 (66.7%)
179	WAWRZCZEK Dominika	916		PUNĆÓW		30-39 lat	63	K 179	Zozzolki		00:00:03	00:11:56	00:28:41.25	00:28:45.00	+00:10:01 (34.9%)	5:24	11.1 (64.9%)
180	SMOLORZ Anna	848		CHORZÓW		40-49 lat	63	K 180			00:00:26	00:12:20	00:28:20.20	00:28:46.35	+00:09:40 (34.1%)	5:20	11.2 (65.5%)
181	JURASZEK Agnieszka	1102	Mobility team	WĘGIERSKA GÓRKA		40-49 lat	65	K 181	#mobilityteam		00:00:24	00:12:22	00:28:22.95	00:28:47.35	+00:09:43 (34.2%)	5:21	11.2 (65.5%)
182	RABSZTYN-PILARSKA Sylwia	124		JASTRZĘBIE-ZDRÓJ		40-49 lat	68	K 182	Kobiety na 5+		00:00:05	00:12:23	00:28:45.25	00:28:50.45	+00:10:05 (35.1%)	5:25	11.1 (64.9%)
183	MAJER Marzena	1147	Banda z południa	KNURÓW		50-59 lat	21	K 183			00:00:20	00:13:19	00:28:33.40	00:28:53.70	+00:09:53 (34.6%)	5:23	11.1 (64.9%)
184	KAFKA Magdalena	595		ŻORY		30-39 lat	61	K 184			00:00:40	00:12:27	00:28:13.85	00:28:54.70	+00:09:34 (33.9%)	5:19	11.3 (66.1%)
185	HOŃKA Amelia	924	Dyczuś team	KRAPKOWICE		16-19 lat	8	K 185	Dyczuś team		00:00:07	00:12:19	00:28:51.25	00:28:58.60	+00:10:11 (35.3%)	5:26	11 (64.3%)

186	HONKA Aneta	920	Dyczuś team	KRAPKOWICE		40-49 lat	72	K 186	Dyczuś team	00:00:08	00:12:18	00:28:50.50	00:28:58.70	+00:10:10 (35.3%)	5:26	11 (64.3%)
187	BALCAREK Magdalena	600		POŁOMIA		40-49 lat	73	K 187		00:00:10	00:11:57	00:28:50.95	00:29:01.35	+00:10:11 (35.3%)	5:26	11 (64.3%)
188	KOCERBA Katarzyna	983		LYSKI		40-49 lat	70	K 188		00:00:13	00:12:55	00:28:49.00	00:29:02.45	+00:10:09 (35.2%)	5:26	11 (64.3%)
189	MRACHACZ Dorota	778	Miechowska grupa biegowa	BYTOM		50-59 lat	19	K 189	Miechowska grupa biegowa	00:00:37	00:12:55	00:28:25.55	00:29:03.50	+00:09:45 (34.3%)	5:21	11.2 (65.5%)
190	SZCZYRBA Izabela	258	Run away team	RUDA ŚLĄSKA		40-49 lat	75	K 190	Run away team	00:00:14	00:12:50	00:28:52.35	00:29:06.85	+00:10:12 (35.4%)	5:26	11 (64.3%)
191	KĘKUŚ Dorota	121		MARKLOWICE GÓRNE		40-49 lat	74	K 191	Przedszkole im.malych bohaterów	00:00:15	00:12:23	00:28:51.70	00:29:06.95	+00:10:11 (35.3%)	5:26	11 (64.3%)
192	SÓJKA Justyna	396		JASTRZĘBIE-ZDRÓJ		30-39 lat	64	K 192	Przedszkole im.malych bohaterów	00:00:11	00:12:24	00:28:57.25	00:29:09.05	+00:10:17 (35.5%)	5:27	11 (64.3%)
193	PYDYCH Wiktoria	1136		JASTRZĘBIE-ZDRÓJ		20-29 lat	25	K 193		00:00:04	00:11:49	00:29:05.45	00:29:09.65	+00:10:25 (35.8%)	5:29	10.9 (63.7%)
194	ROJEK Marzena	429		KATOWICE		40-49 lat	78	K 194		00:00:04	00:12:24	00:29:05.45	00:29:09.90	+00:10:25 (35.8%)	5:29	10.9 (63.7%)
195	PIELA - SKAWIŃSKA Aldona	94		KATOWICE		50-59 lat	23	K 195		00:00:04	00:12:23	00:29:05.40	00:29:10.00	+00:10:25 (35.8%)	5:29	10.9 (63.7%)
196	MIKULAK Natalia	3		JASTRZĘBIE-ZDRÓJ		20-29 lat	24	K 196		00:00:12	00:12:46	00:29:00.20	00:29:12.30	+00:10:20 (35.7%)	5:28	11 (64.3%)
197	BAJCAR Beata	1002	Kobiety na 5+	CHYBIE		50-59 lat	22	K 197	Kobiety na 5+	00:00:07	00:12:44	00:29:05.30	00:29:12.80	+00:10:25 (35.8%)	5:29	10.9 (63.7%)
198	WARCOP Klaudia	578		CIESZYN		30-39 lat	72	K 198		00:00:00	00:12:50	00:29:15.30	00:29:15.30	+00:10:35 (36.2%)	5:31	10.9 (63.7%)
199	ADAMUS Anna	452	Wartkie pierony	RUDA ŚLĄSKA		40-49 lat	66	K 199	Wartkie pieronice	00:00:37	00:12:54	00:28:40.65	00:29:18.35	+00:10:00 (34.9%)	5:24	11.1 (64.9%)
200	SZYSZKA Natalia	331	Biegnę po ciasteczka	BYTOM		30-39 lat	69	K 200	Biegnę po ciasteczka	00:00:07	00:12:32	00:29:10.95	00:29:18.45	+00:10:31 (36.0%)	5:30	10.9 (63.7%)
201	BANAK Monika	1192	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		30-39 lat	71	K 201	Kobiety na 5+	00:00:05	00:12:47	00:29:14.05	00:29:19.60	+00:10:34 (36.2%)	5:30	10.9 (63.7%)
202	TRYBAŁA Weronika	1013	Wataha	PIELGRZYMOWICE		30-39 lat	73	K 202	Wataha	00:00:03	00:12:17	00:29:16.10	00:29:19.70	+00:10:36 (36.2%)	5:31	10.9 (63.7%)
203	ZIMOGH Katarzyna	862		TURZA ŚLĄSKA		30-39 lat	65	K 203		00:00:21	00:12:48	00:28:59.50	00:29:20.60	+00:10:19 (35.6%)	5:28	11 (64.3%)
204	TYRYTKO Sylwia	95	Wataha	PRUCHNA		40-49 lat	83	K 204	Wataha	00:00:04	00:12:17	00:29:17.05	00:29:21.20	+00:10:37 (36.3%)	5:31	10.9 (63.7%)
205	RAŹNIAK Beata	158	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		50-59 lat	26	K 205	Kobiety na 5+	00:00:05	00:12:57	00:29:16.25	00:29:21.35	+00:10:36 (36.2%)	5:31	10.9 (63.7%)
206	HANZEL Izabela	413		KACZYCE		30-39 lat	70	K 206		00:00:10	00:12:39	00:29:13.80	00:29:24.75	+00:10:34 (36.2%)	5:30	10.9 (63.7%)
207	PUDA Dorota	1274		MNICH		50-59 lat	27	K 207	Kobiety na 5+	00:00:06	00:12:42	00:29:18.05	00:29:24.95	+00:10:38 (36.3%)	5:31	10.9 (63.7%)
208	GABRUŚ Iwona	279		CZERWIONKA		50-59 lat	24	K 208		00:00:18	00:12:48	00:29:08.10	00:29:26.95	+00:10:28 (35.9%)	5:29	10.9 (63.7%)
209	SOLTYS Klaudia	259		JASTRZĘBIE ZDRÓJ		20-29 lat	26	K 209		00:00:17	00:12:49	00:29:09.75	00:29:27.40	+00:10:29 (36.0%)	5:30	10.9 (63.7%)
209	KOWALCZYK Magdalena	622	Wartkie pieronice	BYTOM		40-49 lat	71	K 210	Wartkie pieronice	00:00:37	00:13:02	00:28:49.45	00:29:27.40	+00:10:09 (35.3%)	5:26	11 (64.3%)
211	SUKIENNIK Aleksandra	434	Viking training center	BIERUŃ		40-49 lat	69	K 211	Viking training center	00:00:42	00:12:30	00:28:45.40	00:29:28.15	+00:10:05 (35.1%)	5:25	11.1 (64.9%)
212	CELER Iwona	670		TYCHY		50-59 lat	25	K 212		00:00:18	00:12:15	00:29:11.10	00:29:29.10	+00:10:31 (36.1%)	5:30	10.9 (63.7%)
213	FRANCISZCZAK Łucja	99	Cidry lotajom	BYTOM		60+	6	K 213		00:00:02	00:12:30	00:29:26.20	00:29:29.15	+00:10:46 (36.6%)	5:33	10.8 (63.2%)
214	MICHALSKA Monika	680		JASTRZĘBIE-ZDRÓJ		30-39 lat	75	K 214		00:00:06	00:12:16	00:29:22.55	00:29:29.45	+00:10:42 (36.5%)	5:32	10.8 (63.2%)
215	KACZMARCZYK Aneta	1239	Viking training center	IMIELIN		30-39 lat	68	K 215	Viking training center	00:00:22	00:12:21	00:29:10.25	00:29:32.45	+00:10:30 (36.0%)	5:30	10.9 (63.7%)
216	KAJSZTURA Weronika	1186	Homefit3d	ZEBRZYDOWICE		30-39 lat	74	K 216	Homefit3d	00:00:11	00:12:23	00:29:21.15	00:29:32.55	+00:10:41 (36.4%)	5:32	10.8 (63.2%)
217	GARBOŚ Weronika	574		ŻORY		40-49 lat	77	K 217		00:00:34	00:12:43	00:28:58.55	00:29:32.70	+00:10:18 (35.6%)	5:27	11 (64.3%)
218	LERCH-DUDA Bożena	437		JASTRZĘBIE-ZDRÓJ		30-39 lat	76	K 218		00:00:08	00:12:26	00:29:24.85	00:29:33.20	+00:10:45 (36.5%)	5:32	10.8 (63.2%)
219	KOWOL Anita	755	Silesian triathlon team	WODZISŁAW ŚLĄSKI		40-49 lat	80	K 219	Silesianki	00:00:20	00:12:22	00:29:12.75	00:29:33.25	+00:10:32 (36.1%)	5:30	10.9 (63.7%)
220	PASTUCHA Anna	141		KRAPKOWICE		60+	7	K 220		00:00:08	00:12:28	00:29:28.00	00:29:36.50	+00:10:48 (36.7%)	5:33	10.8 (63.2%)
221	GRABIAŃSKA Katarzyna	309	Viking training center	KATOWICE		40-49 lat	67	K 221	Viking training center	00:00:53	00:12:42	00:28:44.25	00:29:37.30	+00:10:04 (35.1%)	5:25	11.1 (64.9%)
222	DROBIAK Kornelia	693	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		30-39 lat	77	K 222	Kobiety na 5+	00:00:07	00:12:49	00:29:31.20	00:29:38.90	+00:10:51 (36.8%)	5:34	10.8 (63.2%)

223	SZAŁAJ Milena	439		ŻORY		16-19 lat	9	K 223		00:00:40	00:12:33	00:28:58.45	00:29:39.30	+00:10:18 (35.6%)	5:27	11 (64.3%)
224	RADWAŃSKA Agata	954		JASTRZĘBIE-ZDROJ		30-39 lat	67	K 224		00:00:34	00:12:54	00:29:05.35	00:29:39.40	+00:10:25 (35.8%)	5:29	10.9 (63.7%)
225	BORKOWSKA-HERDA Anna	854	Fajerwerki	KRAKÓW		40-49 lat	76	K 225	Fajerwerki	00:00:44	00:12:53	00:28:54.65	00:29:39.60	+00:10:14 (35.4%)	5:27	11 (64.3%)
226	ŚLUCZKA Kinga	1095	Rodzina foresta	USTROŃ		50-59 lat	28	K 226		00:00:09	00:13:04	00:29:30.80	00:29:39.90	+00:10:51 (36.8%)	5:33	10.8 (63.2%)
227	ŁASA Izabela	895		ŻORY		40-49 lat	79	K 227	Team lidl	00:00:33	00:12:46	00:29:06.55	00:29:40.20	+00:10:26 (35.9%)	5:29	10.9 (63.7%)
228	GRUSZKIEWICZ Sylwia	1195		CZERWIONKA-LESZCZYN		40-49 lat	82	K 228		00:00:26	00:12:29	00:29:16.45	00:29:42.60	+00:10:36 (36.2%)	5:31	10.9 (63.7%)
229	SAJNAJ Izabela	1203		GLIWICE		40-49 lat	81	K 229		00:00:32	00:12:39	00:29:14.95	00:29:47.00	+00:10:35 (36.2%)	5:30	10.9 (63.7%)
230	HERCHEL Marzena	886		SUSZEC		40-49 lat	85	K 230	Wesołe babeczki	00:00:19	00:12:28	00:29:29.70	00:29:49.15	+00:10:49 (36.7%)	5:33	10.8 (63.2%)
231	LIPIŃSKA Kinga	1227	Miechowska grupa biegowa	BYTOM		30-39 lat	66	K 231	Miechowska grupa biegowa	00:00:47	00:13:20	00:29:03.80	00:29:51.40	+00:10:24 (35.8%)	5:28	10.9 (63.7%)
232	KUCHARCZYK Aleksandra	912		MARKLOWICE		30-39 lat	81	K 232		00:00:01	00:12:23	00:29:51.75	00:29:53.70	+00:11:11 (37.5%)	5:37	10.7 (62.6%)
233	FRYZIK Monika	626		KRAKÓW		20-29 lat	27	K 233		00:00:29	00:12:56	00:29:29.25	00:29:58.55	+00:10:49 (36.7%)	5:33	10.8 (63.2%)
234	SODZAWICZNA Magdalena	300	Viking training center	TYCHY		30-39 lat	79	K 234	Viking training center	00:00:20	00:12:50	00:29:42.30	00:30:02.90	+00:11:02 (37.2%)	5:36	10.7 (62.6%)
235	RANSZ Beata	358	Przyjaciółki do spółki	JASTRZĘBIE ZDRÓJ		50-59 lat	30	K 235	Przyjaciółki do spółki	00:00:13	00:13:04	00:29:49.95	00:30:02.95	+00:11:10 (37.4%)	5:37	10.7 (62.6%)
236	BRZUSKA Katarzyna	335	Zzozolki	CIESZYN		50-59 lat	29	K 236	Zzozolki	00:00:32	00:12:54	00:29:33.40	00:30:05.40	+00:10:53 (36.9%)	5:34	10.8 (63.2%)
237	BUREK Alina	1114	Dystans	LUBOMIA		40-49 lat	87	K 237		00:00:35	00:12:56	00:29:31.15	00:30:06.45	+00:10:51 (36.8%)	5:34	10.8 (63.2%)
238	TRZEWIK Beata	310	Wiewiórki zimnokrwiste	OŚWIECIM		50-59 lat	32	K 238	Wiewiórki zimnokrwiste	00:00:11	00:13:11	00:29:56.25	00:30:07.50	+00:11:16 (37.7%)	5:38	10.6 (62.0%)
239	SPYRKA Monika	457	Klub biegacza fartlek	JASTRZĘBIE ZDRÓJ		30-39 lat	80	K 239	Klub biegacza fartlek	00:00:18	00:12:39	00:29:50.00	00:30:08.65	+00:11:10 (37.4%)	5:37	10.7 (62.6%)
240	GÓRECKA Iwona	542	Crossfit black ground	SZCZERBICE		40-49 lat	88	K 240		00:00:30	00:13:36	00:29:38.75	00:30:08.95	+00:10:58 (37.0%)	5:35	10.7 (62.6%)
241	JASTRZĘBSKA Ewa	26		JASTRZĘBIE ZDRÓJ		50-59 lat	31	K 241		00:00:19	00:12:59	00:29:50.20	00:30:09.35	+00:11:10 (37.4%)	5:37	10.7 (62.6%)
242	JACEK Dorota	1181		WODZISŁAW ŚLĄSKI		40-49 lat	95	K 242		00:00:09	00:12:47	00:30:01.50	00:30:10.55	+00:11:21 (37.8%)	5:39	10.6 (62.0%)
243	KROPKA Gabriela	945	Zzozolki	CIESZYN		40-49 lat	96	K 243	Zzozolki	00:00:07	00:12:16	00:30:04.95	00:30:12.15	+00:11:25 (38.0%)	5:40	10.6 (62.0%)
244	BORKOWSKA Paulina	221		JASTRZĘBIE ZDRÓJ		40-49 lat	84	K 244	Fajerwerki	00:00:43	00:13:39	00:29:29.25	00:30:12.75	+00:10:49 (36.7%)	5:33	10.8 (63.2%)
245	BETLEJ Dorota	911	Bdb team	KATOWICE		30-39 lat	82	K 245	Bdb team	00:00:19	00:12:41	00:29:53.65	00:30:13.00	+00:11:13 (37.6%)	5:38	10.6 (62.0%)
246	MICHALCZYK Klaudia	972		ZABORZE		20-29 lat	28	K 246		00:00:25	00:13:23	00:29:48.85	00:30:14.40	+00:11:09 (37.4%)	5:37	10.7 (62.6%)
247	LUCIK Grażyna	250	Miechowska grupa biegowa	BYTOM		60+	8	K 247	Miechowska grupa biegowa	00:00:42	00:12:52	00:29:33.05	00:30:15.30	+00:10:53 (36.8%)	5:34	10.8 (63.2%)
248	PLASKA Barbara	14	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		50-59 lat	36	K 248	Kobiety na 5+	00:00:05	00:12:47	00:30:09.65	00:30:15.50	+00:11:29 (38.1%)	5:41	10.5 (61.4%)
249	BAC Małgorzata	581		JASTRZĘBIE ZDRÓJ		20-29 lat	29	K 249		00:00:07	00:12:46	00:30:08.40	00:30:16.25	+00:11:28 (38.1%)	5:41	10.6 (62.0%)
250	PATAŁĄG Sandra	144		MYŚLOWICE		30-39 lat	78	K 250		00:00:43	00:13:22	00:29:34.85	00:30:17.90	+00:10:55 (36.9%)	5:34	10.8 (63.2%)
251	HECZKO Ola	1185	-	HAŻLACH		30-39 lat	84	K 251		00:00:15	00:12:57	00:30:03.85	00:30:18.95	+00:11:24 (37.9%)	5:40	10.6 (62.0%)
252	SZULC Barbara	280	Miechowska grupa biegowa	BYTOM		60+	9	K 252	Miechowska grupa biegowa	00:00:41	00:12:54	00:29:39.65	00:30:21.00	+00:10:59 (37.1%)	5:35	10.7 (62.6%)
253	DUDEK Janeta	930	Team lidl	ŻORY		40-49 lat	91	K 253	Team lidl	00:00:33	00:13:35	00:29:47.95	00:30:21.60	+00:11:08 (37.4%)	5:37	10.7 (62.6%)
254	WOŁKOWICZ Ewa	750	Daleko jeszcze?	RADZISZÓW		40-49 lat	92	K 254		00:00:31	00:13:03	00:29:50.15	00:30:21.80	+00:11:10 (37.4%)	5:37	10.7 (62.6%)
255	PRZYBYLSKA-BAK Kasia	171	Viking training center	TYCHY		40-49 lat	86	K 255	Viking training center	00:00:54	00:13:31	00:29:30.20	00:30:24.45	+00:10:50 (36.7%)	5:33	10.8 (63.2%)
256	CHROMIK Krystyna	249		JASTRZĘBIE-ZDRÓJ		30-39 lat	85	K 256		00:00:16	00:12:10	00:30:08.20	00:30:24.60	+00:11:28 (38.1%)	5:41	10.6 (62.0%)
257	KUBECKA Jolanta	942	Zzozolki	PIERŚCIEC		50-59 lat	33	K 257	Zzozolki	00:00:27	00:12:50	00:29:58.10	00:30:25.85	+00:11:18 (37.7%)	5:39	10.6 (62.0%)
257	BINIENDA Agnieszka	451	Kobiety watahy	ZABRZE		40-49 lat	90	K 258	Kobiety watahy	00:00:45	00:13:42	00:29:40.25	00:30:25.85	+00:11:00 (37.1%)	5:35	10.7 (62.6%)
259	JĘDRZEJEWSKA Beata	905	Kobiety watahy	BYTOM		40-49 lat	89	K 259	Kobiety watahy	00:00:46	00:13:41	00:29:40.00	00:30:26.00	+00:11:00 (37.1%)	5:35	10.7 (62.6%)

260	MADEJA Aleksandra	799	Miechowska grupa biegowa	BYTOM		40-49 lat	99	K 260	Miechowska grupa biegowa		00:00:13	00:13:13	00:30:13.55	00:30:26.75	+00:11:33 (38.3%)	5:42	10.5 (61.4%)
261	WOŹNIAK Aleksandra	908	Team lidl	ŻORY		40-49 lat	93	K 261	Team lidl		00:00:33	00:13:35	00:29:56.00	00:30:29.70	+00:11:16 (37.7%)	5:38	10.6 (62.0%)
262	KŁOPEĆ Weronika	877	Zebrzydowice	ZEBRZYDOWICE		30-39 lat	86	K 262	Homefit3d		00:00:09	00:12:52	00:30:20.75	00:30:30.40	+00:11:40 (38.5%)	5:43	10.5 (61.4%)
263	KŁOPEĆ Sylwia	850		ZEBRZYDOWICE		30-39 lat	87	K 263	Homefit3d		00:00:09	00:12:53	00:30:20.80	00:30:30.55	+00:11:41 (38.5%)	5:43	10.5 (61.4%)
264	IWANICKA Alina	804	Ksg kietrz	KIETRZ		40-49 lat	98	K 264			00:00:26	00:13:32	00:30:06.65	00:30:33.25	+00:11:26 (38.0%)	5:40	10.6 (62.0%)
265	NOWAK Barbara	50		ŻORY		30-39 lat	88	K 265			00:00:11	00:12:38	00:30:22.90	00:30:34.30	+00:11:43 (38.6%)	5:43	10.5 (61.4%)
266	GARUS Magdalena	1218		JASTRZĘBIE-ZDROJ		50-59 lat	39	K 266			00:00:18	00:12:42	00:30:19.70	00:30:37.70	+00:11:39 (38.5%)	5:43	10.5 (61.4%)
267	GACH Anna	855		JASTRZĘBIE-ZDRÓJ		30-39 lat	89	K 267	Przedszkole im.malych bohaterów		00:00:14	00:12:44	00:30:23.35	00:30:38.00	+00:11:43 (38.6%)	5:43	10.5 (61.4%)
268	GIERCZAK Małgorzata	1248		UJAZD		50-59 lat	37	K 268			00:00:28	00:12:47	00:30:14.00	00:30:42.25	+00:11:34 (38.3%)	5:42	10.5 (61.4%)
269	PASTUSIAK Janina	181		RYBNIK		40-49 lat	103	K 269			00:00:14	00:12:53	00:30:28.10	00:30:42.75	+00:11:48 (38.7%)	5:44	10.4 (60.8%)
270	GRABOWSKA Katarzyna	1215		TYCHY		50-59 lat	34	K 270			00:00:44	00:13:24	00:29:59.00	00:30:43.65	+00:11:19 (37.8%)	5:39	10.6 (62.0%)
271	OLEŚ Alicja	502		RYBNIK		60+	10	K 271			00:00:00	00:13:33	00:30:45.00	00:30:45.00	+00:12:05 (39.3%)	5:48	10.3 (60.2%)
272	GABOR Katarzyna	559	Viking training center	IMIELIN		40-49 lat	100	K 272	Viking training center		00:00:20	00:13:36	00:30:24.25	00:30:45.05	+00:11:44 (38.6%)	5:44	10.5 (61.4%)
273	MIKA Emilia	433		JASTRZĘBIE-ZDRÓJ		30-39 lat	92	K 273			00:00:10	00:13:13	00:30:35.35	00:30:46.00	+00:11:55 (39.0%)	5:46	10.4 (60.8%)
274	BARANOVÁ Natálie	939	Dobratický běh	OSTRAVA		40-49 lat	108	K 274		Dobratický běh	00:00:02	00:12:25	00:30:44.00	00:30:46.95	+00:12:04 (39.3%)	5:47	10.3 (60.2%)
275	SKRZYPIEC Martyna	41		KNURÓW		30-39 lat	90	K 275			00:00:21	00:13:19	00:30:26.05	00:30:47.15	+00:11:46 (38.7%)	5:44	10.4 (60.8%)
276	KOTLARCZYK Katarzyna	162		OŚWIĘCIM		40-49 lat	104	K 276	Wiewiórki zimnokrwiste		00:00:18	00:13:42	00:30:29.40	00:30:47.90	+00:11:49 (38.8%)	5:45	10.4 (60.8%)
277	ZIELIŃSKA Karolina	666		JASTRZĘBIE-ZDRÓJ		30-39 lat	83	K 277			00:00:49	00:13:15	00:29:59.00	00:30:48.70	+00:11:19 (37.8%)	5:39	10.6 (62.0%)
278	SZMUK Karina	493		PAWŁOWICE		30-39 lat	91	K 278			00:00:23	00:13:24	00:30:26.90	00:30:50.50	+00:11:47 (38.7%)	5:44	10.4 (60.8%)
278	STOCZEK Agnieszka	79	Wiewiórki zimnokrwiste	OŚWIĘCIM		50-59 lat	43	K 279	Wiewiórki zimnokrwiste		00:00:16	00:13:44	00:30:33.85	00:30:50.50	+00:11:54 (38.9%)	5:45	10.4 (60.8%)
280	MIŁOWSKA Sylwia	1250		RYBNIK		40-49 lat	112	K 280			00:00:00	00:13:25	00:30:50.70	00:30:50.70	+00:12:10 (39.5%)	5:49	10.3 (60.2%)
281	WIECZOREK Małgorzata	506		BYTOM		40-49 lat	107	K 281	Wartkie pieronice		00:00:16	00:13:33	00:30:34.30	00:30:51.15	+00:11:54 (39.0%)	5:46	10.4 (60.8%)
282	ZARAŃSKA Izabela	859	Miechowska grupa biegowa	BYTOM		50-59 lat	35	K 282	Miechowska grupa biegowa		00:00:45	00:13:19	00:30:06.50	00:30:52.20	+00:11:26 (38.0%)	5:40	10.6 (62.0%)
283	PRÓCHNICKA Karolina	1175		WODZISŁAW ŚLĄSKI		40-49 lat	102	K 283			00:00:26	00:13:23	00:30:26.45	00:30:52.80	+00:11:46 (38.7%)	5:44	10.4 (60.8%)
284	TARGOSZ Aneta	22		CIESZYN		40-49 lat	109	K 284	Zzozolki		00:00:08	00:13:06	00:30:45.15	00:30:53.75	+00:12:05 (39.3%)	5:48	10.3 (60.2%)
285	KWIATKOWSKA Berta	224	Viking training center	BIERUŃ		40-49 lat	94	K 285	Viking training center		00:00:53	00:13:32	00:30:00.90	00:30:54.20	+00:11:21 (37.8%)	5:39	10.6 (62.0%)
286	BIELECKA Anna	151	Viking training center	TYCHY		40-49 lat	97	K 286	Viking training center		00:00:48	00:13:20	00:30:06.10	00:30:54.70	+00:11:26 (38.0%)	5:40	10.6 (62.0%)
287	DYCZEK Basia	78	Dyczuś team	ŻYROWA		30-39 lat	95	K 287	Dyczuś team		00:00:09	00:13:37	00:30:45.95	00:30:55.10	+00:12:06 (39.3%)	5:48	10.3 (60.2%)
288	ŁATKA Dorota	769		ŻORY		50-59 lat	38	K 288			00:00:40	00:13:22	00:30:16.20	00:30:56.20	+00:11:36 (38.3%)	5:42	10.5 (61.4%)
289	PIETROSZEK Władysława	955		JASTRZĘBIE-ZDRÓJ		40-49 lat	106	K 289			00:00:23	00:13:49	00:30:33.05	00:30:56.80	+00:11:53 (38.9%)	5:45	10.4 (60.8%)
290	CEGLARSKA Alicja	42	Jejkowice biegają	RYBNIK		40-49 lat	113	K 290	Jejkowickie kobiety	Jejkowianki	00:00:05	00:13:07	00:30:52.05	00:30:57.10	+00:12:12 (39.5%)	5:49	10.3 (60.2%)
291	GENSTY Klaudia	702	Dystans lubomia	LUBOMIA		40-49 lat	101	K 291			00:00:35	00:13:33	00:30:25.35	00:31:00.55	+00:11:45 (38.7%)	5:44	10.5 (61.4%)
292	OZDARSKA Beata	395	Wartkie pierony	RUDA ŚLĄSKA		50-59 lat	40	K 292	Wartkie pieronice		00:00:37	00:13:07	00:30:24.70	00:31:01.95	+00:11:44 (38.6%)	5:44	10.5 (61.4%)
293	HAŁASA Anna	947		PŁAWNIOWICE		20-29 lat	31	K 293			00:00:21	00:13:57	00:30:41.20	00:31:02.65	+00:12:01 (39.2%)	5:47	10.4 (60.8%)
294	KONIECZNA Magdalena	1001		BYTOM		40-49 lat	110	K 294			00:00:17	00:13:35	00:30:45.85	00:31:03.40	+00:12:06 (39.3%)	5:48	10.3 (60.2%)
295	SKRZYPOSZEK Małgorzata	355	Wartkie pieronice	RUDA ŚLĄSKA		50-59 lat	41	K 295	Wartkie pieronice		00:00:37	00:13:13	00:30:26.20	00:31:03.55	+00:11:46 (38.7%)	5:44	10.4 (60.8%)
296	SOCHA Marlena	75	Wartkie pierony	RUDA ŚLĄSKA		50-59 lat	42	K 296	Wartkie pieronice		00:00:37	00:13:15	00:30:26.50	00:31:03.60	+00:11:46 (38.7%)	5:44	10.4 (60.8%)

297	STOMPEL Karolina	715		CHORZÓW		20-29 lat	30	K 297		00:00:36	00:13:14	00:30:29.20	00:31:05.25	+00:11:49 (38.8%)	5:45	10.4 (60.8%)
298	NIEDZIELKO Monika	621	Trzy i pół biorę w ciemno	RYBNIK		30-39 lat	96	K 298	Trzy i pół biorę w ciemno	00:00:16	00:13:11	00:30:49.10	00:31:05.30	+00:12:09 (39.4%)	5:48	10.3 (60.2%)
299	PODSIADŁO Małgorzata	1283		MAZAŃCOWICE 1196		30-39 lat	93	K 299		00:00:30	00:13:18	00:30:35.45	00:31:05.90	+00:11:55 (39.0%)	5:46	10.4 (60.8%)
300	AUGUSCIK Ewelina	290	Kobiety na 5 +	JASTRZĘBIE-ZDRÓJ		30-39 lat	102	K 300	Kobiety na 5+	00:00:05	00:13:25	00:31:02.00	00:31:07.45	+00:12:22 (39.9%)	5:51	10.2 (59.6%)
301	KAMIŃSKA Agnieszka	638		ZEBRZYDOWICE		40-49 lat	105	K 301		00:00:36	00:13:14	00:30:30.75	00:31:07.50	+00:11:50 (38.8%)	5:45	10.4 (60.8%)
302	PARCHAŃSKA-ŻUREK Iwona	887		POGWIZDÓW		30-39 lat	98	K 302		00:00:15	00:13:59	00:30:52.60	00:31:08.30	+00:12:12 (39.6%)	5:49	10.3 (60.2%)
303	ZYCH Wioleta	759	Daaaaaje radę	PRECZÓW		50-59 lat	44	K 303	Daaaaaje radęDaaaaaje radę	00:00:24	00:13:02	00:30:44.70	00:31:08.70	+00:12:04 (39.3%)	5:47	10.3 (60.2%)
304	CEBO Agnieszka	106	Run away team	BYTOM		30-39 lat	100	K 304	Run away team	00:00:14	00:13:31	00:30:58.45	00:31:12.45	+00:12:18 (39.7%)	5:50	10.3 (60.2%)
305	KLIMEK Marlena	160	Run away team	PIEKARY ŚLĄSKIE		30-39 lat	99	K 305	Run away team	00:00:15	00:13:30	00:30:58.05	00:31:13.75	+00:12:18 (39.7%)	5:50	10.3 (60.2%)
306	KOTOWICZ Agnieszka	1027	Pasjonatki	JASTRZĘBIE-ZDRÓJ		40-49 lat	119	K 306	Pasjonatki	00:00:01	00:12:12	00:31:12.85	00:31:14.55	+00:12:33 (40.2%)	5:53	10.2 (59.6%)
307	MENDRELA Agata	164		JASTRZĘBIE-ZDRÓJ		50-59 lat	46	K 307	Pasjonatki	00:00:03	00:12:21	00:31:11.05	00:31:14.60	+00:12:31 (40.2%)	5:53	10.2 (59.6%)
308	OLBRICH -WAWRZYNEK Barbara	123	Run away team	ŚWIĘTOCHŁOWICE		50-59 lat	45	K 308	Run away team	00:00:11	00:13:39	00:31:04.20	00:31:15.65	+00:12:24 (39.9%)	5:51	10.2 (59.6%)
309	NIEDZIELA Roksana	228		OŚWIĘCIM		20-29 lat	33	K 309	Wiewiórki zimnokrwiste	00:00:10	00:14:11	00:31:06.85	00:31:17.70	+00:12:27 (40.0%)	5:52	10.2 (59.6%)
310	KLIMEK - KARAS Sylwia	1299	Rozbiegamy to miasto - czechowice - dzieciце	CZECHOWICE DZIEDZICE		40-49 lat	115	K 310		00:00:17	00:13:39	00:31:00.70	00:31:18.10	+00:12:20 (39.8%)	5:50	10.3 (60.2%)
311	JASIK Karolina	967		RUDA ŚLĄSKA		20-29 lat	32	K 311	Wartkie pieronice	00:00:13	00:13:07	00:31:05.55	00:31:19.50	+00:12:25 (40.0%)	5:51	10.2 (59.6%)
312	WÓJCIK Anna	703	Zzozolki	CIESZYN		30-39 lat	94	K 312	Zzozolki	00:00:34	00:14:01	00:30:45.25	00:31:19.90	+00:12:05 (39.3%)	5:48	10.3 (60.2%)
313	MAJDA Anna	711		PAWŁOWICE		30-39 lat	103	K 313		00:00:12	00:13:35	00:31:11.25	00:31:23.80	+00:12:31 (40.2%)	5:53	10.2 (59.6%)
314	SKIBA Krzysia	128	Crossfit black ground	RYBNIK		40-49 lat	116	K 314		00:00:22	00:13:29	00:31:02.70	00:31:25.25	+00:12:22 (39.9%)	5:51	10.2 (59.6%)
315	ZIENTEK Małgorzata	399	Run away team	RUDA ŚLĄSKA		40-49 lat	118	K 315	Run away team	00:00:13	00:13:02	00:31:11.55	00:31:25.35	+00:12:31 (40.2%)	5:53	10.2 (59.6%)
316	HERUD Magdalena	349	Eko-Okna runners	PIETROWICE WIELKIE		30-39 lat	97	K 316		00:00:37	00:13:50	00:30:51.75	00:31:28.90	+00:12:11 (39.5%)	5:49	10.3 (60.2%)
317	SAMUL Karolina	1196	Huragan ligota	SOSNOWIEC		40-49 lat	111	K 317	Huragan ligota	00:00:43	00:13:58	00:30:47.95	00:31:31.65	+00:12:08 (39.4%)	5:48	10.3 (60.2%)
318	JĘDRAL Karolina	289		JASTRZEBIE ZDROJ		30-39 lat	101	K 318		00:00:30	00:14:25	00:31:01.75	00:31:32.00	+00:12:21 (39.9%)	5:51	10.3 (60.2%)
319	JAFERNIK Małgorzata	1204	Siostry daniszewskie	ŻYWIEC		40-49 lat	114	K 319		00:00:36	00:13:58	00:31:00.40	00:31:36.85	+00:12:20 (39.8%)	5:50	10.3 (60.2%)
320	ZIMNY Cecylia	288	Smaki biegania	RYBNIK		40-49 lat	120	K 320		00:00:12	00:12:58	00:31:25.00	00:31:37.55	+00:12:45 (40.6%)	5:55	10.1 (59.1%)
321	PROKOPIUK Wiktoria	166		JASTRZEBIE-ZDRÓJ		16-19 lat	10	K 321		00:00:17	00:12:42	00:31:24.55	00:31:41.65	+00:12:44 (40.6%)	5:55	10.1 (59.1%)
322	FECZKO Lucyna	1224		JASTRZĘBIE-ZDRÓJ		40-49 lat	123	K 322		00:00:04	00:13:06	00:31:39.10	00:31:43.10	+00:12:59 (41.0%)	5:58	10 (58.5%)
323	DĄBROWSKA - KUŚNIERZ Ewelina	53		RUDA ŚLĄSKA		40-49 lat	117	K 323		00:00:38	00:13:48	00:31:05.15	00:31:43.20	+00:12:25 (40.0%)	5:51	10.2 (59.6%)
324	BURZYŃSKA Beata	710		KATOWICE		50-59 lat	51	K 324		00:00:09	00:13:50	00:31:34.75	00:31:44.50	+00:12:54 (40.9%)	5:57	10.1 (59.1%)
325	BURCZYK Celina	1193	Huragan ligota	KATOWICE		50-59 lat	47	K 325	Huragan ligota	00:00:37	00:13:37	00:31:12.65	00:31:49.90	+00:12:32 (40.2%)	5:53	10.2 (59.6%)
326	JEDYNAK Karina	135		JASTRZĘBIE ZDRÓJ		40-49 lat	125	K 326	Team lidl	00:00:08	00:13:37	00:31:44.30	00:31:52.90	+00:13:04 (41.2%)	5:59	10 (58.5%)
327	JESIONEK Małgorzata	606	Viking training center	IMIELIN		40-49 lat	121	K 327	Viking training center	00:00:22	00:14:33	00:31:33.00	00:31:55.15	+00:12:53 (40.8%)	5:57	10.1 (59.1%)
328	KŁOSEK Bożena	1092		RACIBÓRZ		40-49 lat	130	K 328		00:00:04	00:13:32	00:31:50.75	00:31:55.70	+00:13:10 (41.4%)	6:00	10 (58.5%)
329	HEJNA Izabela	411	Radlinioki w biegu	RADLIN		50-59 lat	50	K 329	Radlinioki w biegu	00:00:29	00:14:38	00:31:28.30	00:31:57.30	+00:12:48 (40.7%)	5:56	10.1 (59.1%)
330	JABŁOŃSKA Aleksandra	177		GLIWICE		30-39 lat	105	K 330		00:00:30	00:14:09	00:31:26.90	00:31:57.35	+00:12:47 (40.7%)	5:55	10.1 (59.1%)
331	LURANC Urszula	516	Powolidocelu	OSIEK		30-39 lat	106	K 331	Powolidocelu	00:00:24	00:13:27	00:31:33.70	00:31:58.30	+00:12:53 (40.9%)	5:57	10.1 (59.1%)
332	TYTKO-HALADA Małgorzata	874		WODZISŁAW ŚLĄSKI		40-49 lat	129	K 332		00:00:10	00:13:39	00:31:48.60	00:31:58.75	+00:13:08 (41.3%)	6:00	10 (58.5%)
333	PANFIL Dagmara	416		RYBNIK		30-39 lat	108	K 333		00:00:20	00:13:22	00:31:41.35	00:32:02.30	+00:13:01 (41.1%)	5:58	10 (58.5%)

334	STRUZIK Mariola	132		RYBNIK		40-49 lat	128	K 334			00:00:14	00:13:31	00:31:47.90	00:32:02.85	+00:13:08 (41.3%)	5:59	10 (58.5%)
335	MACHNIK Marta	1003		GLIWICE		30-39 lat	109	K 335	M&m		00:00:14	00:13:57	00:31:48.90	00:32:02.90	+00:13:09 (41.3%)	6:00	10 (58.5%)
336	KRZYŻOWSKA Iwona	747		MIKOŁÓW		40-49 lat	122	K 336			00:00:29	00:14:00	00:31:34.10	00:32:03.65	+00:12:54 (40.9%)	5:57	10.1 (59.1%)
337	SKOWRONEK Ewa	235	Team nutilite	RYBNIK		30-39 lat	111	K 337	Team nutilite	Sparingpartnerki	00:00:05	00:13:19	00:32:00.10	00:32:05.70	+00:13:20 (41.7%)	6:02	9.9 (57.9%)
338	RZENNO Dagmara	802	Miechowska grupa biegowa	BYTOM		50-59 lat	48	K 338	Miechowska grupa biegowa		00:00:43	00:14:12	00:31:23.10	00:32:06.25	+00:12:43 (40.5%)	5:55	10.1 (59.1%)
339	LENART-ZYGMUNT Martyna	136		MYSŁOWICE		30-39 lat	104	K 339			00:00:43	00:13:59	00:31:23.60	00:32:07.00	+00:12:43 (40.6%)	5:55	10.1 (59.1%)
340	TOCHACZEK Basia	970	Parkrun cieszyn	CIESZYN		50-59 lat	55	K 340			00:00:04	00:13:43	00:32:03.00	00:32:07.20	+00:13:23 (41.8%)	6:02	9.9 (57.9%)
341	STOPYRA Agnieszka	1116		JASTRZĘBIE-ZDRÓJ		50-59 lat	49	K 341			00:00:40	00:14:04	00:31:26.95	00:32:07.50	+00:12:47 (40.7%)	5:55	10.1 (59.1%)
342	GORZELAK Joanna	649	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	132	K 342	Kobiety na 5+		00:00:09	00:14:29	00:31:58.55	00:32:07.85	+00:13:18 (41.6%)	6:01	9.9 (57.9%)
342	GORZELAK Zuzanna	1290		JASTRZĘBIE-ZDRÓJ		16-19 lat	11	K 343			00:00:07	00:14:30	00:32:00.05	00:32:07.85	+00:13:20 (41.7%)	6:02	9.9 (57.9%)
344	TULKO Iwona	484	Femfit3d	JASTRZĘBIE-ZDROJ		50-59 lat	53	K 344			00:00:15	00:13:32	00:31:52.30	00:32:08.20	+00:13:12 (41.4%)	6:00	10 (58.5%)
345	MAŚLANKA Sabina	454		BYTOM		50-59 lat	52	K 345	Wartkie pieronice		00:00:16	00:14:01	00:31:51.95	00:32:08.65	+00:13:12 (41.4%)	6:00	10 (58.5%)
346	JABŁOŃSKA-ŚLAZIŃSKA Anna	88		GLIWICE		40-49 lat	124	K 346			00:00:29	00:14:12	00:31:41.95	00:32:11.70	+00:13:02 (41.1%)	5:58	10 (58.5%)
347	NOSOL Karolina	1201	Siostry daniszewskie	JARZĄBKOWICE		30-39 lat	107	K 347			00:00:36	00:13:58	00:31:38.05	00:32:14.80	+00:12:58 (41.0%)	5:58	10.1 (59.1%)
348	SMAGA Ewelina	219		GÓLKOWICE		40-49 lat	137	K 348			00:00:10	00:13:31	00:32:07.30	00:32:17.65	+00:13:27 (41.9%)	6:03	9.9 (57.9%)
349	HYJEK Ewa	667		RACIBÓRZ		40-49 lat	138	K 349			00:00:03	00:13:52	00:32:15.95	00:32:19.55	+00:13:36 (42.2%)	6:05	9.9 (57.9%)
350	ŻEBRACKA-MEJER Kornelia	5		WYRY		30-39 lat	110	K 350			00:00:25	00:14:09	00:31:54.60	00:32:19.65	+00:13:14 (41.5%)	6:01	10 (58.5%)
351	MALICH Aleksandra	354		PNIÓWEK		20-29 lat	36	K 351	Przedszkole im.malych bohaterów		00:00:14	00:13:53	00:32:05.55	00:32:19.85	+00:13:25 (41.8%)	6:03	9.9 (57.9%)
352	MUSIOŁ Helena	1209		RYBNIK		40-49 lat	126	K 352			00:00:33	00:14:37	00:31:46.90	00:32:20.00	+00:13:07 (41.3%)	5:59	10 (58.5%)
353	WOSIŃSKA Helena	539		PAWŁOWICE		40-49 lat	127	K 353	Runteam pawlowice		00:00:32	00:14:38	00:31:47.25	00:32:20.05	+00:13:07 (41.3%)	5:59	10 (58.5%)
354	ROJ Anna	833		MIKOŁÓW		40-49 lat	131	K 354			00:00:29	00:14:00	00:31:51.25	00:32:21.00	+00:13:11 (41.4%)	6:00	10 (58.5%)
355	BUCHHOLZ- KRAWIECZEK Majka	863	Wartki i wrzawo	CZERWIONKA-LESZCZYN		50-59 lat	54	K 355			00:00:27	00:13:53	00:31:53.85	00:32:21.15	+00:13:14 (41.5%)	6:00	10 (58.5%)
356	KRÓL Magdalena	843		ŚLĄWKÓW		40-49 lat	133	K 356			00:00:26	00:14:00	00:31:59.25	00:32:25.50	+00:13:19 (41.7%)	6:02	9.9 (57.9%)
357	KRAWCZYK Monika	554		ŻORY		40-49 lat	135	K 357			00:00:25	00:13:56	00:32:02.05	00:32:27.25	+00:13:22 (41.7%)	6:02	9.9 (57.9%)
358	FURTAK Magdalena	445		BAKÓW		30-39 lat	115	K 358		Blue dragon	00:00:08	00:13:40	00:32:19.35	00:32:27.80	+00:13:39 (42.3%)	6:05	9.8 (57.3%)
359	ŁASA Martyna	901		ŻORY		20-29 lat	34	K 359	Team lidl		00:00:33	00:13:38	00:31:55.35	00:32:28.65	+00:13:15 (41.5%)	6:01	10 (58.5%)
360	BANEK Katarzyna	665	Silesia triathlon team	GORZYCKI		40-49 lat	136	K 360			00:00:23	00:14:19	00:32:05.65	00:32:28.90	+00:13:25 (41.8%)	6:03	9.9 (57.9%)
361	GOLĄBEK Paulina	1219		PSZCZYNA		30-39 lat	114	K 361			00:00:09	00:14:22	00:32:19.30	00:32:29.25	+00:13:39 (42.3%)	6:05	9.8 (57.3%)
362	KOWALIK - STANIA Agnieszka	405		ŁĄKA		40-49 lat	139	K 362			00:00:10	00:14:21	00:32:20.85	00:32:31.25	+00:13:41 (42.3%)	6:06	9.8 (57.3%)
363	CUPEK Natalia	830		JASTRZĘBIE ZDRÓJ		20-29 lat	35	K 363			00:00:31	00:14:08	00:32:00.35	00:32:31.90	+00:13:20 (41.7%)	6:02	9.9 (57.9%)
364	DOBOSZ Ilona	553		MARKLOWICE GÓRNE		50-59 lat	56	K 364			00:00:21	00:14:03	00:32:11.70	00:32:33.40	+00:13:31 (42.0%)	6:04	9.9 (57.9%)
365	KŁOSOWICZ Paulina	1232	Od cieniasa do ultrasa	BIELSKO-BIAŁA		40-49 lat	140	K 365			00:00:11	00:13:43	00:32:22.15	00:32:33.55	+00:13:42 (42.3%)	6:06	9.8 (57.3%)
366	ŁAPA Aleksandra	57	Akademia tomiron	PSZCZYNA		40-49 lat	134	K 366			00:00:35	00:13:53	00:32:01.85	00:32:37.60	+00:13:22 (41.7%)	6:02	9.9 (57.9%)
367	LISZOK Przemysław	1238		WODZISŁAW-ŚLĄSKI		40-49 lat	141	K 367			00:00:13	00:13:50	00:32:26.00	00:32:39.70	+00:13:46 (42.5%)	6:07	9.8 (57.3%)
367	LISZOK Iwona	1226		WODZISŁAW ŚLĄSKI		30-39 lat	116	K 368			00:00:13	00:13:51	00:32:26.65	00:32:39.70	+00:13:46 (42.5%)	6:07	9.8 (57.3%)
369	CICHECKA-MEISNER Michalina	761		RADLIN		40-49 lat	142	K 369			00:00:16	00:14:34	00:32:26.45	00:32:42.95	+00:13:46 (42.5%)	6:07	9.8 (57.3%)
370	SMOLEŃ Dagmara	110	Viking training center	TYCHY		40-49 lat	144	K 370	Viking training center		00:00:15	00:13:52	00:32:29.40	00:32:44.70	+00:13:49 (42.6%)	6:07	9.8 (57.3%)

371	PIEROŃ Julia	978		KRAKÓW		30-39 lat	123	K 371	Biegnę po ciasteczka		00:00:06	00:13:31	00:32:39.75	00:32:46.65	+00:13:59 (42.9%)	6:09	9.7 (56.7%)
372	MILDNER Grazyna	76	Viking training center	TYCHY		40-49 lat	146	K 372	Viking training center		00:00:14	00:14:04	00:32:34.10	00:32:48.95	+00:13:54 (42.7%)	6:08	9.8 (57.3%)
373	CZERWIŃSKA Iwona	634		RYBNIK		30-39 lat	118	K 373			00:00:24	00:14:15	00:32:27.65	00:32:52.00	+00:13:47 (42.5%)	6:07	9.8 (57.3%)
374	KAMEJSZA Olga	1235	Od cieniasa do ultrasa	JASZENICA		30-39 lat	112	K 374			00:00:51	00:13:24	00:32:00.95	00:32:52.25	+00:13:21 (41.7%)	6:02	9.9 (57.9%)
375	KOZŁOWSKA Malwina	893		MIERZĘCICE		30-39 lat	113	K 375			00:00:41	00:13:48	00:32:13.05	00:32:54.25	+00:13:33 (42.1%)	6:04	9.9 (57.9%)
376	KUSA Aleksandra	1259		JASTRZĘBIE ZDRÓJ		50-59 lat	57	K 376			00:00:19	00:13:50	00:32:35.05	00:32:54.70	+00:13:55 (42.7%)	6:08	9.8 (57.3%)
377	HENCZKO Barbara	1019		JASTRZĘBIE-ZDRÓJ		40-49 lat	148	K 377			00:00:11	00:14:00	00:32:45.95	00:32:57.65	+00:14:06 (43.0%)	6:10	9.7 (56.7%)
378	REK Katarzyna	740	Radlinioki w biegu	RADLIN		40-49 lat	143	K 378	Radlinioki w biegu		00:00:29	00:14:07	00:32:28.95	00:32:58.85	+00:13:49 (42.5%)	6:07	9.8 (57.3%)
379	KORZUS Katarzyna	745		TARNOWSKIE GÓRY		40-49 lat	153	K 379	Miechowska grupa biegowa		00:00:03	00:13:43	00:32:56.20	00:32:59.80	+00:14:16 (43.3%)	6:12	9.7 (56.7%)
380	SOSNA Agata	1216		WODZISŁAW ŚLĄSKI		50-59 lat	59	K 380			00:00:22	00:14:10	00:32:38.45	00:33:00.60	+00:13:58 (42.8%)	6:09	9.7 (56.7%)
381	KARKOSZKA Monika	443		JASTRZĘBIE-ZDRÓJ		20-29 lat	39	K 381			00:00:16	00:13:35	00:32:44.35	00:33:00.75	+00:14:04 (43.0%)	6:10	9.7 (56.7%)
382	DOBRENIUK Aurelia	404		RYBNIK		40-49 lat	147	K 382			00:00:24	00:14:04	00:32:38.25	00:33:02.60	+00:13:58 (42.8%)	6:09	9.7 (56.7%)
383	GOLEC-CHOLEWA Aleksandra	646		LEŚNA		30-39 lat	124	K 383			00:00:19	00:14:32	00:32:45.30	00:33:04.80	+00:14:05 (43.0%)	6:10	9.7 (56.7%)
384	ADAMUS Daria	302		OŚWIĘCIM		20-29 lat	37	K 384			00:00:32	00:14:15	00:32:32.85	00:33:05.35	+00:13:53 (42.7%)	6:08	9.8 (57.3%)
385	JELONEK Klaudia	25		WOLA		30-39 lat	121	K 385			00:00:32	00:14:14	00:32:32.90	00:33:05.45	+00:13:53 (42.7%)	6:08	9.8 (57.3%)
386	SZCZYPKA-LUBOŃ Ewa	798	Zzozolki	PRUCHNA		40-49 lat	145	K 386	Zzozolki		00:00:35	00:14:44	00:32:31.15	00:33:06.30	+00:13:51 (42.6%)	6:08	9.8 (57.3%)
387	MIKA Justyna	1041	Pierunskie cangory	ŻORY		30-39 lat	120	K 387			00:00:35	00:15:05	00:32:31.20	00:33:06.95	+00:13:51 (42.6%)	6:08	9.8 (57.3%)
388	GLĄBEK Edyta	116	Spot pszczyzna	ĆWIKLICE		30-39 lat	125	K 388	Spot pszczyzna		00:00:12	00:14:15	00:32:57.55	00:33:09.55	+00:14:17 (43.4%)	6:13	9.7 (56.7%)
389	JANOSZ Natalia	251	Spot pszczyzna	ĆWIKLICE		40-49 lat	150	K 389	Spot pszczyzna		00:00:18	00:14:08	00:32:51.75	00:33:09.75	+00:14:11 (43.2%)	6:11	9.7 (56.7%)
390	GAWLIKOWSKA-RADECKA Bożena	1072		JASTRZĘBIE-ZDRÓJ		60+	11	K 390			00:00:20	00:14:16	00:32:49.40	00:33:10.05	+00:14:09 (43.1%)	6:11	9.7 (56.7%)
391	ROSTAŁSKA Barbara	938		JASTRZĘBIE-ZDRÓJ		50-59 lat	61	K 391			00:00:18	00:14:04	00:32:52.55	00:33:10.80	+00:14:12 (43.2%)	6:12	9.7 (56.7%)
392	LIMAŃSKA Joanna	292	Viking training center	MIKOŁÓW		30-39 lat	117	K 392	Viking training center		00:00:43	00:14:20	00:32:27.25	00:33:11.10	+00:13:47 (42.5%)	6:07	9.8 (57.3%)
393	DOBRENKO Edyta	1257		RYBNIK		40-49 lat	157	K 393			00:00:04	00:13:53	00:33:07.30	00:33:11.80	+00:14:27 (43.7%)	6:14	9.6 (56.1%)
394	PATAŁĄG Katarzyna	29		MYSŁOWICE		30-39 lat	119	K 394			00:00:41	00:13:56	00:32:30.10	00:33:12.00	+00:13:50 (42.6%)	6:07	9.8 (57.3%)
395	KAISER Wiktoria	882		ŻORY		20-29 lat	41	K 395	Wesołe babeczki		00:00:20	00:13:33	00:32:51.50	00:33:12.30	+00:14:11 (43.2%)	6:11	9.7 (56.7%)
396	PETRYKOWSKA Magdalena	1128		ŻORY		20-29 lat	42	K 396			00:00:15	00:12:44	00:32:57.70	00:33:12.80	+00:14:17 (43.4%)	6:13	9.7 (56.7%)
397	LEDWOŃ Aleksandra	781		JASTRZĘBIE-ZDRÓJ		20-29 lat	38	K 397			00:00:38	00:14:38	00:32:34.45	00:33:13.25	+00:13:54 (42.7%)	6:08	9.8 (57.3%)
398	BABCZYŃSKA-KUBEK Bogumiła	572	Team nutrilite	RYBNIK		60+	12	K 398	Sparingpartnerki		00:00:03	00:13:57	00:33:09.60	00:33:13.50	+00:14:29 (43.7%)	6:15	9.6 (56.1%)
399	SZCZECZLA Patrycja	137		SKOCZÓW		20-29 lat	40	K 399			00:00:24	00:14:16	00:32:50.15	00:33:14.85	+00:14:10 (43.2%)	6:11	9.7 (56.7%)
400	SOFOREK Monika	846		KACZYCE		40-49 lat	152	K 400			00:00:23	00:15:37	00:32:54.15	00:33:17.40	+00:14:14 (43.3%)	6:12	9.7 (56.7%)
401	MALISZEWSKA Beata	488		JASTRZĘBIE-ZDRÓJ		30-39 lat	122	K 401			00:00:42	00:13:53	00:32:35.40	00:33:17.50	+00:13:55 (42.7%)	6:08	9.8 (57.3%)
402	KOKOT Monika	1206		MIKOŁÓW		40-49 lat	149	K 402			00:00:30	00:14:42	00:32:50.75	00:33:21.40	+00:14:10 (43.2%)	6:11	9.7 (56.7%)
403	FRANKOWSKA Ania	356	Miechowska grupa biegowa	BYTOM		50-59 lat	58	K 403	Miechowska grupa biegowa		00:00:44	00:14:18	00:32:37.25	00:33:21.50	+00:13:57 (42.8%)	6:09	9.7 (56.7%)
404	NOWROT Ewa	1228		JASTRZĘBIE ZDRÓJ		40-49 lat	158	K 404			00:00:13	00:13:51	00:33:08.60	00:33:21.85	+00:14:28 (43.7%)	6:15	9.6 (56.1%)
405	PORĘBA - GAJDA Beata	371	Run away team	RUDA ŚLĄSKA		30-39 lat	126	K 405	Run away team		00:00:15	00:14:24	00:33:06.25	00:33:21.95	+00:14:26 (43.6%)	6:14	9.6 (56.1%)
406	BENDUCKA Iwona	142	Run away team	ŚWIĘTOCHŁOWICE		30-39 lat	127	K 406	Run away team		00:00:15	00:14:24	00:33:06.60	00:33:22.00	+00:14:26 (43.6%)	6:14	9.6 (56.1%)
407	SZUMILAS Barbara	810	Run away team	ŚWIĘTOCHŁOWICE		30-39 lat	128	K 407	Run away team		00:00:14	00:14:26	00:33:07.40	00:33:22.35	+00:14:27 (43.7%)	6:14	9.6 (56.1%)

408	MATUĆ Aleksandra	20	Miechowska grupa biegowa	BYTOM		50-59 lat	60	K 408	Miechowska grupa biegowa	00:00:34	00:14:26	00:32:48.80	00:33:23.00	+00:14:09 (43.1%)	6:11	9.7 (56.7%)
409	FUSZARA Jowita	585		JASTRZĘBIE ZDRÓJ		40-49 lat	159	K 409		00:00:14	00:13:57	00:33:10.00	00:33:24.90	+00:14:30 (43.7%)	6:15	9.6 (56.1%)
410	KRZYŻOWSKA Izabela	594	Złote bączki klimafach	ORZESZE		50-59 lat	64	K 410		00:00:19	00:14:18	00:33:07.35	00:33:26.50	+00:14:27 (43.7%)	6:14	9.6 (56.1%)
411	KARBOWY Iza	1213	Jejkowice biegają	RYBNIK		40-49 lat	166	K 411	Jejkowickie kobiety	00:00:04	00:13:54	00:33:24.20	00:33:28.55	+00:14:44 (44.1%)	6:18	9.5 (55.6%)
411	KOZDROŃ Anna	728	Lecom świony	ŚWIĘTOCHŁOWICE		40-49 lat	155	K 412		00:00:26	00:14:03	00:33:02.05	00:33:28.55	+00:14:22 (43.5%)	6:13	9.6 (56.1%)
413	KOWALSKA Magdalena	291		GOLKOWICE		40-49 lat	151	K 413		00:00:37	00:14:36	00:32:52.00	00:33:29.45	+00:14:12 (43.2%)	6:12	9.7 (56.7%)
414	KRAUSE Sylwia	1303	Radlinioki w biegu	RADLIN		50-59 lat	62	K 414	Radlinioki w biegu	00:00:29	00:14:38	00:33:02.20	00:33:31.50	+00:14:22 (43.5%)	6:13	9.6 (56.1%)
415	GOLEC Monika	884		CIEĆCINA		40-49 lat	162	K 415		00:00:19	00:14:38	00:33:13.10	00:33:32.15	+00:14:33 (43.8%)	6:16	9.6 (56.1%)
416	PILCH Mirosława	552		ŻORY		40-49 lat	154	K 416		00:00:32	00:14:47	00:33:01.70	00:33:34.50	+00:14:21 (43.5%)	6:13	9.6 (56.1%)
417	ŁUSZCZ Ewelina	957		BYTOM		20-29 lat	43	K 417		00:00:28	00:13:50	00:33:06.75	00:33:35.20	+00:14:26 (43.6%)	6:14	9.6 (56.1%)
417	ŁUSZCZ Magdalena	959	Silesia marathon club	BYTOM		50-59 lat	63	K 418		00:00:28	00:13:50	00:33:06.65	00:33:35.20	+00:14:26 (43.6%)	6:14	9.6 (56.1%)
419	MARSZOLIK Angela	569		RYBNIK		40-49 lat	167	K 419		00:00:11	00:14:31	00:33:25.35	00:33:37.15	+00:14:45 (44.2%)	6:18	9.5 (55.6%)
420	RATAJSZCZAK-MALYS Ewa	1161	Bbl racibórz	RACIBÓRZ		50-59 lat	67	K 420		00:00:21	00:13:41	00:33:16.10	00:33:38.00	+00:14:36 (43.9%)	6:16	9.6 (56.1%)
421	GAJ Monika	172	Ks gryf kietrz	KIETRZ		40-49 lat	161	K 421		00:00:25	00:15:00	00:33:12.30	00:33:38.25	+00:14:32 (43.8%)	6:15	9.6 (56.1%)
422	BODZIANOWSKA Joanna	588	Golden team	RUDA ŚLĄSKA		50-59 lat	66	K 422	Golden team	00:00:26	00:14:12	00:33:15.10	00:33:41.10	+00:14:35 (43.9%)	6:16	9.6 (56.1%)
423	SOŁODUCHA Justyna	245		SKRZYSZÓW		40-49 lat	168	K 423		00:00:16	00:14:00	00:33:28.25	00:33:44.45	+00:14:48 (44.2%)	6:18	9.5 (55.6%)
424	MADALINSKA Karolina	234		PRUCHNA		30-39 lat	129	K 424		00:00:14	00:13:52	00:33:30.35	00:33:44.60	+00:14:50 (44.3%)	6:19	9.5 (55.6%)
425	DONOCIK Bogusława	876	Zzozolki	CIESZYN		40-49 lat	160	K 425	Zzozolki	00:00:33	00:15:11	00:33:11.70	00:33:44.70	+00:14:31 (43.8%)	6:15	9.6 (56.1%)
426	KURP Agnieszka	1076		SOSNOWIEC		40-49 lat	156	K 426		00:00:43	00:15:21	00:33:03.75	00:33:47.50	+00:14:23 (43.6%)	6:14	9.6 (56.1%)
427	DZIUK Jolanta	196		JASTRZĘBIE ZDRÓJ		50-59 lat	70	K 427		00:00:03	00:13:14	00:33:47.35	00:33:50.65	+00:15:07 (44.8%)	6:22	9.4 (55.0%)
428	SZPYRKA Monika	207		PSZCZYNA		20-29 lat	44	K 428		00:00:36	00:14:44	00:33:14.75	00:33:50.90	+00:14:34 (43.9%)	6:16	9.6 (56.1%)
429	TOKAREWICZ Kasia	861		ZEBRZYDOWICE		40-49 lat	164	K 429		00:00:36	00:14:46	00:33:16.20	00:33:52.25	+00:14:36 (43.9%)	6:16	9.6 (56.1%)
430	SKONECZNA Dorota	1038		ŻORY		30-39 lat	133	K 430	Super girls	00:00:06	00:14:14	00:33:46.50	00:33:53.40	+00:15:06 (44.7%)	6:22	9.4 (55.0%)
431	SAGAN Izabela	838	Bank spółdzielczy w jastrzębiu-Zdroju	JASTRZĘBIE-ZDRÓJ		40-49 lat	173	K 431	Bank spółdzielczy w jastrzębiu-Zdroju	00:00:13	00:14:09	00:33:40.05	00:33:53.60	+00:15:00 (44.6%)	6:21	9.4 (55.0%)
432	KUŹNIK Edyta	153		RYBNIK		30-39 lat	130	K 432		00:00:25	00:14:37	00:33:30.55	00:33:56.10	+00:14:50 (44.3%)	6:19	9.5 (55.6%)
432	OLESIAK Beata	657	Miechowska grupa biegowa	BYTOM		50-59 lat	65	K 433	Miechowska grupa biegowa	00:00:48	00:14:44	00:33:07.90	00:33:56.10	+00:14:28 (43.7%)	6:14	9.6 (56.1%)
434	ANIOL-BARLIK Agnieszka	59	Femfit3d	JASTRZĘBIE-ZDRÓJ		40-49 lat	174	K 434		00:00:15	00:14:09	00:33:48.65	00:34:04.05	+00:15:08 (44.8%)	6:22	9.4 (55.0%)
435	KWIATKOWSKA Elwira	227	Zabiegany team	RYBNIK		40-49 lat	176	K 435		00:00:12	00:13:49	00:33:52.25	00:34:04.70	+00:15:12 (44.9%)	6:23	9.4 (55.0%)
436	BOŹEK Dagmara	414		JASTRZEBIE ZDRÓJ		40-49 lat	170	K 436	Team lidl	00:00:34	00:14:44	00:33:32.30	00:34:06.80	+00:14:52 (44.4%)	6:19	9.5 (55.6%)
437	ZACZYŃSKA-POZNIAK Jarosława	894		DOBRZEŃ WIELKI		50-59 lat	68	K 437		00:00:34	00:14:34	00:33:32.95	00:34:07.10	+00:14:53 (44.4%)	6:19	9.5 (55.6%)
438	KOWALSKA Malgorzata	683	Viking training center	BIERUŃ		40-49 lat	163	K 438	Viking training center	00:00:53	00:14:34	00:33:15.25	00:34:09.05	+00:14:35 (43.9%)	6:16	9.6 (56.1%)
439	KOWALIK Magdalena	185	Viking training center	TYCHY		40-49 lat	165	K 439	Viking training center	00:00:50	00:14:37	00:33:18.50	00:34:09.15	+00:14:38 (44.0%)	6:16	9.5 (55.6%)
440	ZAGÓRSKA Beata	522		GOLESZÓW		40-49 lat	171	K 440		00:00:38	00:14:52	00:33:32.30	00:34:10.85	+00:14:52 (44.4%)	6:19	9.5 (55.6%)
441	HOLISZ Natalia	1217		POGWIZDÓW		20-29 lat	46	K 441		00:00:10	00:14:33	00:34:01.15	00:34:12.10	+00:15:21 (45.1%)	6:25	9.3 (54.4%)
442	ULMAN Justyna	1222		GOLKOWICE		30-39 lat	134	K 442		00:00:09	00:14:00	00:34:05.70	00:34:15.45	+00:15:25 (45.3%)	6:25	9.3 (54.4%)
443	MĘDRAŁA Aleksandra	35		JASTRZĘBIE-ZDRÓJ		30-39 lat	135	K 443	Team lidl	00:00:08	00:14:24	00:34:06.70	00:34:15.55	+00:15:26 (45.3%)	6:26	9.3 (54.4%)
444	NAWRAT Faustyna	345		DĘBOWIEC		20-29 lat	47	K 444		00:00:16	00:14:07	00:34:02.10	00:34:18.50	+00:15:22 (45.2%)	6:25	9.3 (54.4%)

445	SZCZUKA Joanna	986	Miechowska grupa biegowa	BYTOM		40-49 lat	172	K 445	Miechowska grupa biegowa		00:00:42	00:14:20	00:33:38.25	00:34:21.00	+00:14:58 (44.5%)	6:20	9.5 (55.6%)
446	CHMIEL Katarzyna	1150		KOŃCZYCE MAŁE		30-39 lat	132	K 446			00:00:43	00:13:34	00:33:38.55	00:34:22.40	+00:14:58 (44.5%)	6:20	9.5 (55.6%)
447	ZNISZCZOŁ Wioleta	866		STRUMIEŃ		50-59 lat	69	K 447			00:00:43	00:14:43	00:33:38.85	00:34:22.60	+00:14:59 (44.5%)	6:20	9.5 (55.6%)
448	MATUSIAK Paulina	808		JASTRZEBIE ZDRÓJ		30-39 lat	137	K 448			00:00:13	00:15:07	00:34:11.45	00:34:24.85	+00:15:31 (45.4%)	6:26	9.3 (54.4%)
449	CYBULSKA Karina	253	Viking training center	TYCHY		40-49 lat	169	K 449	Viking training center		00:00:54	00:14:22	00:33:31.15	00:34:25.65	+00:14:51 (44.3%)	6:19	9.5 (55.6%)
449	BULANDA Martyna	1084	Viking training center	TYCHY		30-39 lat	131	K 450	Viking training center		00:00:54	00:14:23	00:33:31.45	00:34:25.65	+00:14:51 (44.3%)	6:19	9.5 (55.6%)
451	ROGÓŻ Sonia	762	Zatyrnigratisownia.pl gmina pilchowice	ŻERNICA		50-59 lat	71	K 451	Zatyrane kobiety		00:00:27	00:15:12	00:33:58.90	00:34:26.30	+00:15:19 (45.1%)	6:24	9.4 (55.0%)
452	JASMER-JANAS Daria	189	Miechowska grupa biegowa	TARNOWSKIE GÓRY		30-39 lat	140	K 452	Miechowska grupa biegowa		00:00:03	00:14:11	00:34:23.20	00:34:26.45	+00:15:43 (45.7%)	6:29	9.2 (53.8%)
452	GLĄB Agnieszka	824	Spot pszczyna	GOCZAŁKOWICE-ZDRÓJ		40-49 lat	179	K 453			00:00:14	00:14:25	00:34:11.50	00:34:26.45	+00:15:31 (45.4%)	6:26	9.3 (54.4%)
454	SZELONG Kinga	1164		JASTRZĘBIE-ZDRÓJ		20-29 lat	45	K 454			00:00:31	00:15:24	00:33:55.00	00:34:26.85	+00:15:15 (45.0%)	6:23	9.4 (55.0%)
455	MISIOLEK Gośka	704		MIKOŁÓW		40-49 lat	177	K 455			00:00:29	00:15:13	00:34:06.85	00:34:36.60	+00:15:27 (45.3%)	6:26	9.3 (54.4%)
456	ŚLODZIŃSKA Magdalena	529	Madyrun	JASTRZĘBIE ZDRÓJ		30-39 lat	138	K 456			00:00:17	00:14:50	00:34:19.95	00:34:37.65	+00:15:40 (45.6%)	6:28	9.3 (54.4%)
457	KARBOWY Marzena	96	Zatyrani gratisownia.pl gmina pilchowice	ŻERNICA		30-39 lat	136	K 457	Zatyrane kobiety		00:00:27	00:15:11	00:34:10.80	00:34:38.10	+00:15:31 (45.4%)	6:26	9.3 (54.4%)
458	ŻBIK Agnieszka	1047	Viking traing center	TYCHY		40-49 lat	180	K 458	Viking training center		00:00:18	00:15:23	00:34:19.75	00:34:38.30	+00:15:39 (45.6%)	6:28	9.3 (54.4%)
459	GLÓWCZYK Izabella	1170	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	189	K 459	Kobiety na 5+		00:00:07	00:14:40	00:34:31.65	00:34:39.30	+00:15:51 (45.9%)	6:30	9.2 (53.8%)
460	KUCHARCZYK Aneta	389	Viking training center	TYCHY		40-49 lat	181	K 460	Viking training center		00:00:18	00:15:22	00:34:21.30	00:34:39.85	+00:15:41 (45.7%)	6:28	9.3 (54.4%)
461	GAŁUSZKA-BEDNARCZYK Anna	385		OŚWIECIM		40-49 lat	185	K 461	Wiewiórki zimnokrwiste		00:00:13	00:15:38	00:34:27.85	00:34:41.05	+00:15:48 (45.8%)	6:30	9.2 (53.8%)
462	HRISTOVA Daria	774	Spot pszczyna	TYCHY		30-39 lat	142	K 462	Spot pszczyna	Dpteam	00:00:14	00:14:26	00:34:28.75	00:34:42.75	+00:15:48 (45.9%)	6:30	9.2 (53.8%)
463	DUDZIK Aleksandra	633		JASTRZĘBIE-ZDRÓJ		40-49 lat	175	K 463	Fajerwerki		00:00:53	00:15:15	00:33:50.65	00:34:44.10	+00:15:10 (44.9%)	6:23	9.4 (55.0%)
464	BAK Karolina	738		JASTRZĘBIE ZDRÓJ		20-29 lat	49	K 464			00:00:21	00:15:25	00:34:23.85	00:34:45.30	+00:15:44 (45.7%)	6:29	9.2 (53.8%)
465	PARCHAŃSKA Oliwia	835		WODZISŁAW ŚLĄSKI		30-39 lat	144	K 465	Przedszkole im.malych bohaterów		00:00:08	00:15:20	00:34:38.80	00:34:47.20	+00:15:59 (46.1%)	6:32	9.2 (53.8%)
466	WESOŁOWSKA Katarzyna	268		USTRÓŃ		50-59 lat	72	K 466			00:00:17	00:14:48	00:34:30.45	00:34:48.35	+00:15:50 (45.9%)	6:30	9.2 (53.8%)
467	DZIEWIRZ Aurelia	563		WARSZOWICE		40-49 lat	190	K 467			00:00:17	00:15:08	00:34:33.20	00:34:50.65	+00:15:53 (46.0%)	6:31	9.2 (53.8%)
468	KOWALCZYK Aleksandra	65		SOSNOWIEC		40-49 lat	178	K 468			00:00:46	00:14:57	00:34:07.65	00:34:53.85	+00:15:27 (45.3%)	6:26	9.3 (54.4%)
469	DUSZA Jolanta	308	Smaki biegania	RYDUŁTOWY		40-49 lat	182	K 469			00:00:33	00:15:19	00:34:21.45	00:34:54.75	+00:15:41 (45.7%)	6:28	9.3 (54.4%)
470	ZŁOTKOWSKA Sylwia	332	Mamuški	PIELGRZYMOWICE		30-39 lat	145	K 470	Wataha		00:00:15	00:14:30	00:34:40.05	00:34:55.80	+00:16:00 (46.2%)	6:32	9.2 (53.8%)
471	BOBER Alicja	89		JASTRZĘBIE ZDRÓJ		40-49 lat	188	K 471			00:00:24	00:14:54	00:34:31.25	00:34:55.85	+00:15:51 (45.9%)	6:30	9.2 (53.8%)
472	ŚMIECH Aurelia	273		JASTRZĘBIE-ZDRÓJ		40-49 lat	191	K 472			00:00:16	00:14:29	00:34:40.60	00:34:56.80	+00:16:00 (46.2%)	6:32	9.2 (53.8%)
473	SIKORA Agnieszka	80		ZABRZE		40-49 lat	187	K 473			00:00:26	00:15:05	00:34:30.55	00:34:56.85	+00:15:50 (45.9%)	6:30	9.2 (53.8%)
474	BUGŁA Weronika	533	Dystans lubomia	LUBOMIA		50-59 lat	73	K 474			00:00:22	00:15:37	00:34:38.15	00:35:00.60	+00:15:58 (46.1%)	6:32	9.2 (53.8%)
475	STRZODA Barbara	169		CZARKÓW		40-49 lat	186	K 475			00:00:35	00:15:10	00:34:28.05	00:35:03.60	+00:15:48 (45.9%)	6:30	9.2 (53.8%)
476	SKROBAK Katarzyna	1302		GÓLKOWICE		40-49 lat	184	K 476			00:00:36	00:15:29	00:34:27.20	00:35:03.90	+00:15:47 (45.8%)	6:30	9.2 (53.8%)
477	ĆMIEL Klaudia	1129		ORZESZE		20-29 lat	48	K 477			00:00:54	00:14:03	00:34:09.00	00:35:03.95	+00:15:29 (45.3%)	6:26	9.3 (54.4%)
478	NIEDZIOŁKO Bożena	682		JASTRZĘBIE-ZDRÓJ		50-59 lat	75	K 478	Kobiety na 5+		00:00:05	00:14:00	00:34:58.45	00:35:04.30	+00:16:18 (46.6%)	6:35	9.1 (53.2%)
479	MATLOCH Izabela	490		JASTRZĘBIE ZDRÓJ		30-39 lat	148	K 479			00:00:18	00:14:52	00:34:45.80	00:35:04.40	+00:16:06 (46.3%)	6:33	9.2 (53.8%)
480	BARAN Karolina	380		JASTRZĘBIE-ZDRÓJ		30-39 lat	141	K 480			00:00:39	00:15:36	00:34:25.75	00:35:04.80	+00:15:45 (45.8%)	6:29	9.2 (53.8%)
481	ROSTAŁSKA Sylwia	931		JASTRZĘBIE-ZDRÓJ		20-29 lat	51	K 481			00:00:00	00:14:46	00:35:05.65	00:35:05.65	+00:16:25 (46.8%)	6:37	9.1 (53.2%)

482	WYSKIEL Marta	213		RYBNIK		30-39 lat	147	K 482		00:00:22	00:14:47	00:34:43.95	00:35:06.20	+00:16:04 (46.3%)	6:33	9.2 (53.8%)
483	PLEWIŃSKA Sylwia	186	Run away team	ŚWIĘTOCHŁOWICE		40-49 lat	193	K 483	Run away team	00:00:13	00:15:29	00:34:56.85	00:35:10.05	+00:16:17 (46.6%)	6:35	9.1 (53.2%)
484	KANIA Bożena	673		JASTRZĘBIE		40-49 lat	192	K 484		00:00:23	00:14:49	00:34:47.90	00:35:11.40	+00:16:08 (46.4%)	6:33	9.1 (53.2%)
485	MACHEJ Małgorzata	724		KOŃCZYCE MAŁE		50-59 lat	76	K 485		00:00:09	00:14:52	00:35:02.35	00:35:12.05	+00:16:22 (46.7%)	6:36	9.1 (53.2%)
486	KUBICA Aneta	775		KOŃCZYCE MAŁE		30-39 lat	139	K 486	Homefit3d	00:00:49	00:15:41	00:34:23.05	00:35:13.00	+00:15:43 (45.7%)	6:29	9.2 (53.8%)
487	GIEZEK Dorota	524		GOLKOWICE		30-39 lat	150	K 487		00:00:17	00:15:47	00:35:00.65	00:35:18.40	+00:16:20 (46.7%)	6:36	9.1 (53.2%)
488	DREWNIAK Magdalena	113	#mobilityteam	JELEŚNIA		40-49 lat	183	K 488		00:00:52	00:15:31	00:34:26.30	00:35:19.15	+00:15:46 (45.8%)	6:29	9.2 (53.8%)
489	BYRTEK Ania	329		JELESNIA		30-39 lat	143	K 489		00:00:44	00:15:40	00:34:34.40	00:35:19.25	+00:15:54 (46.0%)	6:31	9.2 (53.8%)
490	PIECHOCIŃSKA Kasia	263	Szare morsy	JASTRZĘBIE ZDRÓJ		30-39 lat	146	K 490	Szare morsy	00:00:42	00:15:52	00:34:40.55	00:35:22.60	+00:16:00 (46.2%)	6:32	9.2 (53.8%)
491	CZARNOTA Bożena	501		JASTRZĘBIE ZDRÓJ		50-59 lat	77	K 491		00:00:18	00:15:49	00:35:05.60	00:35:24.00	+00:16:25 (46.8%)	6:37	9.1 (53.2%)
492	TARASZKA Magdalena	936		KATOWICE		30-39 lat	151	K 492		00:00:14	00:14:54	00:35:10.45	00:35:25.30	+00:16:30 (46.9%)	6:38	9 (52.6%)
493	NIEDŹWIEDŹ Julia	923		JASTRZĘBIE - ZDRÓJ		20-29 lat	50	K 493		00:00:24	00:14:39	00:35:03.75	00:35:28.30	+00:16:23 (46.8%)	6:36	9.1 (53.2%)
494	KOZIELSKA Dominika	483		GLIWICE		20-29 lat	53	K 494		00:00:08	00:15:22	00:35:20.65	00:35:28.75	+00:16:40 (47.2%)	6:40	9 (52.6%)
495	GANCARZ Agnieszka	390	Pasjonatki	JASTRZĘBIE ZDRÓJ		40-49 lat	202	K 495	Pasjonatki	00:00:03	00:15:02	00:35:26.25	00:35:29.60	+00:16:46 (47.3%)	6:41	9 (52.6%)
496	CZERNIEJ Natalia	1155		PAWŁOWICE		30-39 lat	155	K 496		00:00:06	00:15:06	00:35:23.75	00:35:30.35	+00:16:43 (47.3%)	6:40	9 (52.6%)
497	MARTINI Gosia	786		JASTRZĘBIE ZDRÓJ		40-49 lat	194	K 497		00:00:35	00:15:39	00:34:57.30	00:35:32.75	+00:16:17 (46.6%)	6:35	9.1 (53.2%)
498	GÓRCZAK Małgorzata	381		GOCZAŁKOWICE ZDRÓJ		50-59 lat	74	K 498		00:00:36	00:15:08	00:34:56.55	00:35:33.40	+00:16:16 (46.6%)	6:35	9.1 (53.2%)
499	TWARDAWA Magdalena	914		ŻORY		40-49 lat	195	K 499	Team lidl	00:00:34	00:15:52	00:35:03.65	00:35:38.60	+00:16:23 (46.8%)	6:36	9.1 (53.2%)
500	SERWATKA Angelika	619	Kobiety watahy	RUDA ŚLĄSKA		30-39 lat	149	K 500	Kobiety watahy	00:00:45	00:15:25	00:34:53.25	00:35:38.85	+00:16:13 (46.5%)	6:34	9.1 (53.2%)
501	GAŃKO Grażyna	926		JASTRZĘBIE ZDRÓJ		60+	13	K 501		00:00:15	00:15:33	00:35:25.10	00:35:40.20	+00:16:45 (47.3%)	6:40	9 (52.6%)
502	ROJEK Natalia	1086		JASTRZĘBIE-ZDRÓJ		20-29 lat	52	K 502		00:00:25	00:15:45	00:35:16.80	00:35:41.85	+00:16:37 (47.1%)	6:39	9 (52.6%)
503	SOBEL Beata	481		WIEPRZ		40-49 lat	200	K 503		00:00:20	00:14:49	00:35:22.45	00:35:42.80	+00:16:42 (47.2%)	6:40	9 (52.6%)
504	BURDZIK Weronika	544	Jastrzębie-Zdrój	JASTRZĘBIE-ZDRÓJ		30-39 lat	156	K 504		00:00:14	00:14:54	00:35:32.90	00:35:47.45	+00:16:53 (47.5%)	6:42	8.9 (52.0%)
505	KOKOT Justyna	1207		RUDA ŚLĄSKA		40-49 lat	201	K 505		00:00:23	00:15:12	00:35:24.15	00:35:47.95	+00:16:44 (47.3%)	6:40	9 (52.6%)
506	ŚMIGIEL Julia	726	Radlinioki w biegu	RYBNIK		16-19 lat	12	K 506	Radlinioki w biegu	00:00:24	00:14:58	00:35:25.25	00:35:49.60	+00:16:45 (47.3%)	6:40	9 (52.6%)
507	BUREK Gabriela	616	Runteam	PAWŁOWICE ŚLĄSKIE		30-39 lat	152	K 507		00:00:34	00:15:36	00:35:16.55	00:35:51.00	+00:16:36 (47.1%)	6:39	9 (52.6%)
508	OSMOLAK Wioleta	883	Femfit3d	JASTRZĘBIE-ZDRÓJ		30-39 lat	159	K 508		00:00:16	00:15:07	00:35:36.05	00:35:52.10	+00:16:56 (47.6%)	6:43	8.9 (52.0%)
509	FOJCIK Kasia	340	Pierunskie cangóry	PSZÓW (GMINA: PSZÓW)		30-39 lat	158	K 509	Kangurzyce	00:00:17	00:15:07	00:35:35.20	00:35:52.30	+00:16:55 (47.6%)	6:42	8.9 (52.0%)
510	ŁUPIŃSKA Marlena	610		JASTRZĘBIE-ZDRÓJ		30-39 lat	157	K 510		00:00:19	00:15:07	00:35:33.95	00:35:53.10	+00:16:54 (47.5%)	6:42	8.9 (52.0%)
510	MASZTALERZ Anna	460		BAKÓW		30-39 lat	167	K 511	Zzozolki	00:00:04	00:15:47	00:35:48.45	00:35:53.10	+00:17:08 (47.9%)	6:45	8.9 (52.0%)
512	GOJOWY Judyta	575		JASTRZĘBIE-ZDRÓJ		20-29 lat	55	K 512		00:00:18	00:15:08	00:35:35.20	00:35:53.60	+00:16:55 (47.6%)	6:42	8.9 (52.0%)
513	KOWALSKA Ewa	256	Przyjaciółki	JASTRZĘBIE - ZDRÓJ		40-49 lat	206	K 513	Przyjaciółki	00:00:09	00:16:22	00:35:44.75	00:35:53.90	+00:17:04 (47.8%)	6:44	8.9 (52.0%)
514	ANTONCZENKO Ewa	316	Run away team	ŚWIĘTOCHŁOWICE		50-59 lat	79	K 514	Run away team	00:00:14	00:14:59	00:35:39.45	00:35:54.30	+00:16:59 (47.7%)	6:43	8.9 (52.0%)
515	SZYPUŁA Ewa	521		MIKOŁÓW		40-49 lat	198	K 515		00:00:39	00:15:46	00:35:16.05	00:35:55.70	+00:16:36 (47.1%)	6:39	9 (52.6%)
516	BUGAŃSKA Edyta	510		OŚWIĘCIM		40-49 lat	205	K 516	Wiewiórki zimnokrwiste	00:00:12	00:15:38	00:35:44.50	00:35:57.45	+00:17:04 (47.8%)	6:44	8.9 (52.0%)
517	GALUSZKA Małgorzata	205		OŚWIĘCIM		30-39 lat	163	K 517	Wiewiórki zimnokrwiste	00:00:12	00:15:39	00:35:45.10	00:35:57.55	+00:17:05 (47.8%)	6:44	8.9 (52.0%)
517	ROMBERG Agnieszka	66	Miechowska grupa biegowa	BYTOM		40-49 lat	199	K 518	Miechowska grupa biegowa	00:00:35	00:15:46	00:35:21.95	00:35:57.55	+00:16:42 (47.2%)	6:40	9 (52.6%)

519	KOŁODYŃSKA Justyna	872	Jastrzębie-Zdrój	JASTRZĘBIE-ZDRÓJ		30-39 lat	161	K 519		00:00:15	00:16:15	00:35:43.30	00:35:58.95	+00:17:03 (47.8%)	6:44	8.9 (52.0%)
520	SŁYSZ Natalia	589		JASTRZĘBIE-ZDRÓJ		30-39 lat	154	K 520	Byle do mety	00:00:37	00:15:46	00:35:21.45	00:35:59.40	+00:16:41 (47.2%)	6:40	9 (52.6%)
521	DEMSKA-ĆWIERTKA Izabela	546	Viking training center	TYCHY		40-49 lat	196	K 521	Viking training center	00:00:47	00:15:51	00:35:11.85	00:35:59.80	+00:16:32 (47.0%)	6:38	9 (52.6%)
522	PILCH Martyna	602		ŻORY		20-29 lat	54	K 522		00:00:33	00:15:00	00:35:27.45	00:36:00.55	+00:16:47 (47.4%)	6:41	9 (52.6%)
523	SZAŁAJ Angelika	373		ŻORY		40-49 lat	203	K 523		00:00:33	00:14:59	00:35:26.95	00:36:00.85	+00:16:47 (47.4%)	6:41	9 (52.6%)
524	WAWER Katarzyna	603	Miechowska grupa biegowa	BYTOM		50-59 lat	78	K 524	Miechowska grupa biegowa	00:00:35	00:15:47	00:35:27.40	00:36:02.45	+00:16:47 (47.4%)	6:41	9 (52.6%)
525	HUBA Agnieszka	70	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		30-39 lat	169	K 525	Kobiety na 5+	00:00:07	00:14:47	00:35:56.15	00:36:03.35	+00:17:16 (48.1%)	6:46	8.8 (51.5%)
526	WOJCIECHOWSKA Katarzyna	257		JASTRZĘBIE-ZDRÓJ		30-39 lat	168	K 526	Team lidl	00:00:09	00:16:17	00:35:53.85	00:36:03.60	+00:17:14 (48.0%)	6:46	8.9 (52.0%)
527	POREMSKA Elżbieta	1256	Aktywni lyski	LYSKI		40-49 lat	197	K 527		00:00:51	00:16:14	00:35:13.15	00:36:04.90	+00:16:33 (47.0%)	6:38	9 (52.6%)
528	MARUSZCZYK Małgorzata	285	Viking training center	TYCHY		30-39 lat	153	K 528	Viking training center	00:00:47	00:15:52	00:35:17.55	00:36:05.35	+00:16:37 (47.1%)	6:39	9 (52.6%)
529	SZYMICZEK Paulina	661	Dystans lubomia	LUBOMIA		30-39 lat	160	K 529		00:00:22	00:15:40	00:35:43.00	00:36:05.65	+00:17:03 (47.7%)	6:44	8.9 (52.0%)
530	DZIEWIRZ Marlena	881		WARSZOWICE		20-29 lat	56	K 530		00:00:17	00:15:07	00:35:49.40	00:36:07.00	+00:17:09 (47.9%)	6:45	8.9 (52.0%)
531	PAWELA Sylwia	944		ŚWIERKLANY		30-39 lat	165	K 531		00:00:22	00:15:31	00:35:46.25	00:36:08.60	+00:17:06 (47.8%)	6:44	8.9 (52.0%)
532	KURZAWA Justyna	1174	Biegamyslowice	MYŚLOWICE		40-49 lat	204	K 532		00:00:30	00:15:26	00:35:38.25	00:36:09.20	+00:16:58 (47.6%)	6:43	8.9 (52.0%)
533	STELMACH Marta	472		JASTRZĘBIE ZDRÓJ		30-39 lat	164	K 533		00:00:25	00:15:47	00:35:46.15	00:36:11.60	+00:17:06 (47.8%)	6:44	8.9 (52.0%)
534	WALA Roksana	313		JASTRZĘBIE-ZDRÓJ		30-39 lat	172	K 534	Przedszkole im.malych bohaterów	00:00:12	00:15:03	00:35:59.25	00:36:11.85	+00:17:19 (48.1%)	6:47	8.8 (51.5%)
535	KOTLARCZYK Patrycja	431		OŚWIĘCIM		20-29 lat	58	K 535	Wiewiórki zimnokrwiste	00:00:17	00:15:10	00:35:56.65	00:36:13.75	+00:17:16 (48.1%)	6:46	8.8 (51.5%)
536	WOJDANOWSKA Małgorzata	2		TARNOWSKIE GÓRY		30-39 lat	170	K 536		00:00:17	00:14:15	00:35:59.10	00:36:16.95	+00:17:19 (48.1%)	6:47	8.8 (51.5%)
537	GŁĄB Mariola	1188		GLIWICE		30-39 lat	162	K 537		00:00:33	00:15:16	00:35:43.95	00:36:17.30	+00:17:04 (47.8%)	6:44	8.9 (52.0%)
538	KWAŚNIEWSKA Kasia	297	Żory team	ŻORY		40-49 lat	208	K 538		00:00:26	00:15:20	00:35:52.75	00:36:19.25	+00:17:12 (48.0%)	6:46	8.9 (52.0%)
539	MISTEROWICZ Sabina	1280		KĘTY,		30-39 lat	171	K 539		00:00:23	00:15:48	00:35:59.20	00:36:22.55	+00:17:19 (48.1%)	6:47	8.8 (51.5%)
540	SOSIŃSKA Anna	782		KRAKÓW		20-29 lat	61	K 540	Biegnę po ciasteczka	00:00:07	00:15:34	00:36:15.85	00:36:23.80	+00:17:36 (48.5%)	6:50	8.8 (51.5%)
541	PLESZCZYŃSKA Iwona	370		ZABRZE		40-49 lat	209	K 541		00:00:31	00:15:38	00:35:57.60	00:36:29.00	+00:17:17 (48.1%)	6:46	8.8 (51.5%)
542	HAJZYK Eveline	225	Decathlon i przyjaciele	ŚWIERKLANY		40-49 lat	219	K 542		00:00:03	00:15:08	00:36:25.40	00:36:29.05	+00:17:45 (48.8%)	6:52	8.7 (50.9%)
543	RATAJCZAK Ewa	275	Przyjaciółki do spółki	JASTRZĘBIE-ZDRÓJ		40-49 lat	217	K 543		00:00:13	00:15:11	00:36:17.35	00:36:31.05	+00:17:37 (48.6%)	6:50	8.8 (51.5%)
544	POCZĄTEK Maria	487	Kizk	ŻORY		40-49 lat	207	K 544		00:00:49	00:15:41	00:35:45.40	00:36:34.60	+00:17:05 (47.8%)	6:44	8.9 (52.0%)
545	KALETA Agnieszka	197	Powoli do celu	BRZESZCZE		30-39 lat	176	K 545		00:00:22	00:15:40	00:36:13.15	00:36:35.30	+00:17:33 (48.5%)	6:50	8.8 (51.5%)
546	CISŁO Katarzyna	368	Powoli do celu	WOLA		30-39 lat	175	K 546	Powolidocelu	00:00:23	00:15:38	00:36:11.40	00:36:35.35	+00:17:31 (48.4%)	6:49	8.8 (51.5%)
547	OWCZARZY Agnieszka	731		KOŃCZYCE MAŁE		30-39 lat	166	K 547	Homefit3d	00:00:50	00:15:45	00:35:47.25	00:36:37.45	+00:17:07 (47.8%)	6:45	8.9 (52.0%)
548	JANISZEWSKA Patrycja	107		JASTRZĘBIE-ZDRÓJ		30-39 lat	173	K 548	Byle do mety	00:00:29	00:15:47	00:36:09.60	00:36:38.75	+00:17:29 (48.4%)	6:49	8.8 (51.5%)
549	PIWOWAR Małgorzata	77		JASTRZĘBIE-ZDRÓJ		20-29 lat	57	K 549	Fajerwerki	00:00:49	00:14:54	00:35:51.95	00:36:41.10	+00:17:12 (48.0%)	6:45	8.9 (52.0%)
550	REYMAN Milena	1275		JASTRZĘBIE-ZDRÓJ		40-49 lat	210	K 550	Bank spółdzielczy w jastrzębiu-Zdroju	00:00:39	00:15:41	00:36:02.30	00:36:41.95	+00:17:22 (48.2%)	6:47	8.8 (51.5%)
551	STANUCH Ewa	817		JASTRZĘBIE-ZDRÓJ		40-49 lat	218	K 551		00:00:23	00:15:38	00:36:18.80	00:36:42.20	+00:17:39 (48.6%)	6:50	8.8 (51.5%)
552	KOŁODZIEJCZYK Aleksandra	436	Radlinioki w biegu	RADLIN		40-49 lat	215	K 552	Radlinioki w biegu	00:00:29	00:15:29	00:36:12.55	00:36:42.30	+00:17:32 (48.5%)	6:49	8.8 (51.5%)
553	DĄBROWSKA Katarzyna	1166		SKRBEŃSKO		40-49 lat	213	K 553		00:00:30	00:15:22	00:36:12.10	00:36:42.75	+00:17:32 (48.4%)	6:49	8.8 (51.5%)
554	IDZIKOWSKA Elżbieta	425		JASTRZĘBIE ZDRÓJ		40-49 lat	216	K 554		00:00:31	00:15:42	00:36:13.55	00:36:45.30	+00:17:33 (48.5%)	6:50	8.8 (51.5%)
555	MIŚ Elżbieta	1106	Mobilityteam	MILÓWKA		30-39 lat	178	K 555	#mobilityteam	00:00:11	00:15:00	00:36:34.25	00:36:45.45	+00:17:54 (49.0%)	6:53	8.7 (50.9%)

556	ZDEB Basia	223		ZABRZE		40-49 lat	211	K 556			00:00:39	00:15:36	00:36:06.40	00:36:45.70	+00:17:26 (48.3%)	6:48	8.8 (51.5%)
557	ORSZULIK Paulina	226		JASTRZĘBIE-ZDRÓJ		20-29 lat	59	K 557	P&k		00:00:51	00:15:20	00:35:57.25	00:36:48.60	+00:17:17 (48.1%)	6:46	8.8 (51.5%)
558	KOŁDYS Karolina	109		JASTRZĘBIE-ZDRÓJ		20-29 lat	60	K 558	P&k		00:00:50	00:15:21	00:35:58.05	00:36:48.80	+00:17:18 (48.1%)	6:47	8.8 (51.5%)
559	ZDROJEWICZ Agnieszka	1006	Szare morsy	TYCHY		50-59 lat	80	K 559	Szare morsy		00:00:27	00:15:36	00:36:24.60	00:36:52.50	+00:17:44 (48.7%)	6:52	8.7 (50.9%)
559	LECHOWICZ Irena	913		JASTRZĘBIE-ZDRÓJ		60+	14	K 560			00:00:27	00:15:37	00:36:24.90	00:36:52.50	+00:17:45 (48.7%)	6:52	8.7 (50.9%)
561	MODZELEWSKA Lidia	298		OŚWIĘCIM		50-59 lat	84	K 561	Wiewiórki zimnokrwiste		00:00:11	00:15:28	00:36:41.35	00:36:53.20	+00:18:01 (49.1%)	6:55	8.7 (50.9%)
562	ZIAJA Wiktoria	1304		PIELGRZYMOWICE		16-19 lat	13	K 562			00:00:39	00:15:15	00:36:15.00	00:36:54.95	+00:17:35 (48.5%)	6:50	8.8 (51.5%)
563	SCHMIDT Magdalena	868		ŻORY		30-39 lat	177	K 563	M&ms		00:00:34	00:15:32	00:36:24.75	00:36:58.95	+00:17:44 (48.7%)	6:52	8.7 (50.9%)
564	MORAWIEC Aneta	844		RADZIONKÓW		40-49 lat	214	K 564			00:00:47	00:15:31	00:36:12.20	00:36:59.30	+00:17:32 (48.4%)	6:49	8.8 (51.5%)
565	ZIĘTEK Zofia	1255	Miechowska grupa biegowa	BYTOM		40-49 lat	212	K 565	Miechowska grupa biegowa		00:00:47	00:15:31	00:36:11.65	00:36:59.55	+00:17:31 (48.4%)	6:49	8.8 (51.5%)
566	BOGUCA Aneta	155		GOGOLIN		30-39 lat	174	K 566	Tripleblonde		00:00:51	00:15:37	00:36:09.80	00:37:01.05	+00:17:30 (48.4%)	6:49	8.8 (51.5%)
567	OLCZYK Wioletta	195		JASTRZĘBIE-ZDRÓJ		50-59 lat	87	K 567	Kobiety na 5+		00:00:04	00:14:26	00:36:59.05	00:37:03.95	+00:18:19 (49.5%)	6:58	8.6 (50.3%)
568	GWÓDŹ Jolanta	717	Po woli do celu	WOLA		50-59 lat	81	K 568	Powoliodocelu		00:00:25	00:15:46	00:36:39.20	00:37:04.75	+00:17:59 (49.1%)	6:54	8.7 (50.9%)
569	BEDNAREK Anita	692		JASTRZĘBIE-ZDRÓJ		40-49 lat	230	K 569			00:00:24	00:15:39	00:36:43.90	00:37:08.20	+00:18:04 (49.2%)	6:55	8.7 (50.9%)
570	TRZCIŃSKA Joanna	211	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		30-39 lat	181	K 570	Kobiety na 5+		00:00:05	00:15:23	00:37:04.60	00:37:10.45	+00:18:24 (49.7%)	6:59	8.6 (50.3%)
571	IDZIKOWSKA Urszula	427		JASTRZĘBIE-ZDRÓJ		20-29 lat	62	K 571			00:00:33	00:15:43	00:36:38.30	00:37:11.30	+00:17:58 (49.1%)	6:54	8.7 (50.9%)
572	DERECHOWSKA Agnieszka	530		PALOWICE		40-49 lat	221	K 572			00:00:38	00:15:49	00:36:35.10	00:37:13.60	+00:17:55 (49.0%)	6:54	8.7 (50.9%)
572	KALUS Ewa	556	Hrmax żory	ŻORY		40-49 lat	227	K 573	Hrmax dziolszki		00:00:34	00:15:55	00:36:39.05	00:37:13.60	+00:17:59 (49.1%)	6:54	8.7 (50.9%)
572	BITNER-RYSZKA Natalia	133	Hrmax żory	ŻORY		40-49 lat	223	K 574	Hrmax dziolszki		00:00:36	00:15:56	00:36:37.15	00:37:13.60	+00:17:57 (49.0%)	6:54	8.7 (50.9%)
575	MORGAŁA Daria	518		KŚIĄŻENICE		40-49 lat	222	K 575			00:00:37	00:15:54	00:36:35.85	00:37:13.70	+00:17:56 (49.0%)	6:54	8.7 (50.9%)
575	ŻBEL Ania	687	Hrmax dziolszki	ZEBRZYDOWICE		40-49 lat	225	K 576	Hrmax dziolszki		00:00:35	00:15:57	00:36:37.95	00:37:13.70	+00:17:58 (49.1%)	6:54	8.7 (50.9%)
577	PADIASEK Dominika	980	Hrmax żory	ŻORY		40-49 lat	220	K 577	Hrmax dziolszki		00:00:38	00:15:49	00:36:34.95	00:37:13.75	+00:17:55 (49.0%)	6:53	8.7 (50.9%)
577	KACZOREK Anna	654	Hrmax	ŻORY		40-49 lat	224	K 578	Hrmax dziolszki		00:00:35	00:15:55	00:36:37.90	00:37:13.75	+00:17:58 (49.1%)	6:54	8.7 (50.9%)
579	BASEK Marta	847	Hrmax dziolszki	ŻORY		50-59 lat	82	K 579	Hrmax dziolszki		00:00:34	00:15:58	00:36:39.35	00:37:13.80	+00:17:59 (49.1%)	6:54	8.7 (50.9%)
580	LIS Monika	752	Hrmax żory	ŻORY		40-49 lat	226	K 580	Hrmax dziolszki		00:00:35	00:15:56	00:36:38.20	00:37:14.10	+00:17:58 (49.1%)	6:54	8.7 (50.9%)
581	SOŁTYS Aleksandra	1223		JASTRZĘBIE ZDRÓJ		30-39 lat	179	K 581			00:00:23	00:16:42	00:36:52.10	00:37:15.85	+00:18:12 (49.4%)	6:57	8.6 (50.3%)
582	CAŁKA Anna	828		ŻORY		40-49 lat	232	K 582			00:00:18	00:16:06	00:36:59.85	00:37:18.70	+00:18:20 (49.6%)	6:58	8.6 (50.3%)
583	MIKUĆ Anna	730		JASTRZĘBIE-ZDRÓJ		40-49 lat	231	K 583	Team lidl		00:00:28	00:16:11	00:36:52.05	00:37:20.25	+00:18:12 (49.4%)	6:57	8.6 (50.3%)
584	GUDZIK Angelika	1197		KŚIĄŻENICE		30-39 lat	180	K 584			00:00:26	00:16:07	00:36:55.40	00:37:21.95	+00:18:15 (49.5%)	6:57	8.6 (50.3%)
585	GLĄB Magdalena	756		TYCHY		40-49 lat	229	K 585			00:00:40	00:16:01	00:36:42.35	00:37:23.05	+00:18:02 (49.2%)	6:55	8.7 (50.9%)
586	ZŁOCIAK Agnieszka	296		TYCHY		40-49 lat	228	K 586			00:00:41	00:16:01	00:36:41.90	00:37:23.25	+00:18:02 (49.1%)	6:55	8.7 (50.9%)
587	ZIĘTARA Agata	1122		JASTRZĘBIE-ZDRÓJ		50-59 lat	85	K 587			00:00:40	00:15:56	00:36:45.50	00:37:25.75	+00:18:05 (49.2%)	6:56	8.7 (50.9%)
588	KOLEK Małgorzata	334		OPOLE		30-39 lat	186	K 588			00:00:08	00:16:48	00:37:18.15	00:37:26.40	+00:18:38 (50.0%)	7:02	8.5 (49.7%)
589	KOWALCZYK Martyna	67		JASTRZĘBIE-ZDRÓJ		20-29 lat	63	K 589			00:00:40	00:15:44	00:36:46.55	00:37:26.65	+00:18:06 (49.3%)	6:56	8.6 (50.3%)
590	PAGIELA Katarzyna	271		POGWIZDÓW		30-39 lat	187	K 590			00:00:08	00:16:47	00:37:19.85	00:37:28.10	+00:18:40 (50.0%)	7:02	8.5 (49.7%)
591	DĘBOWSKA Beata	601		JASTRZĘBIE-ZDRÓJ		50-59 lat	83	K 591			00:00:48	00:15:48	00:36:40.15	00:37:28.70	+00:18:00 (49.1%)	6:55	8.7 (50.9%)
592	JANIK Anna	287		OŚWIĘCIM		30-39 lat	184	K 592	Wiewiórki zimnokrwiste		00:00:17	00:16:02	00:37:12.00	00:37:29.00	+00:18:32 (49.8%)	7:01	8.5 (49.7%)

593	KSIĄŻKIEWICZ Aldona	1183		PIASEK		40-49 lat	233	K 593		00:00:30	00:16:48	00:37:00.45	00:37:30.45	+00:18:20 (49.6%)	6:58	8.6 (50.3%)
594	BALAS Małgorzata	322	Viking training center	TYCHY		40-49 lat	237	K 594	Viking training center	00:00:21	00:16:00	00:37:09.35	00:37:30.75	+00:18:29 (49.8%)	7:00	8.6 (50.3%)
595	SZTOMPKA Roksana	74	Viking training center	TYCHY		30-39 lat	183	K 595	Viking training center	00:00:20	00:16:06	00:37:10.45	00:37:31.25	+00:18:30 (49.8%)	7:00	8.6 (50.3%)
596	KUSHNIR Tetiana	982		KATOWICE		20-29 lat	65	K 596	Biegnę po ciasteczka	00:00:07	00:15:42	00:37:29.35	00:37:36.70	+00:18:49 (50.2%)	7:04	8.5 (49.7%)
597	KWICZALA Izabela	474		POGWIZDOW		40-49 lat	244	K 597		00:00:05	00:15:44	00:37:33.10	00:37:38.20	+00:18:53 (50.3%)	7:05	8.5 (49.7%)
598	MUSIOŁ Adrianna	1284		43-38 BRENNA		30-39 lat	182	K 598	Mokate s.a.	00:00:32	00:15:57	00:37:07.70	00:37:40.30	+00:18:27 (49.7%)	7:00	8.6 (50.3%)
599	MENDROCH Joanna	655	Zzozolki	HAŻLACH		50-59 lat	89	K 599	Zzozolki	00:00:25	00:15:25	00:37:16.85	00:37:42.25	+00:18:37 (49.9%)	7:01	8.5 (49.7%)
600	RZEPA Edyta	1052		JASTRZĘBIE-ZDRÓJ		40-49 lat	234	K 600	Byle do mety	00:00:39	00:15:43	00:37:03.90	00:37:43.55	+00:18:24 (49.6%)	6:59	8.6 (50.3%)
600	SZEWCZUK Agnieszka	192		JASTRZĘBIE-ZDRÓJ		50-59 lat	88	K 601	Byle do mety	00:00:40	00:15:49	00:37:02.90	00:37:43.55	+00:18:23 (49.6%)	6:59	8.6 (50.3%)
602	PIEROŃ-KŁAKUS Aneta	975		JASTRZĘBIE-ZDRÓJ		30-39 lat	190	K 602	Biegnę po ciasteczka	00:00:07	00:15:44	00:37:36.50	00:37:43.85	+00:18:56 (50.4%)	7:05	8.5 (49.7%)
603	KNAP Beata	495		JASTRZĘBIE-ZDRÓJ		50-59 lat	92	K 603		00:00:05	00:15:42	00:37:38.15	00:37:44.00	+00:18:58 (50.4%)	7:06	8.4 (49.1%)
604	CIMEK Marta	138		JASTRZĘBIE-ZDRÓJ		20-29 lat	64	K 604		00:00:22	00:15:52	00:37:21.95	00:37:44.50	+00:18:42 (50.1%)	7:02	8.5 (49.7%)
605	PENKALA Magdalena	973	Homefit3d	KOŃCZYCE MAŁE		50-59 lat	86	K 605	Homefit3d	00:00:49	00:15:46	00:36:57.10	00:37:46.85	+00:18:17 (49.5%)	6:58	8.6 (50.3%)
606	OBERSKA Sylwia	423	Nordikowe frelki	KATOWICE		50-59 lat	91	K 606	Nordikowe frelki	00:00:20	00:15:53	00:37:29.85	00:37:49.90	+00:18:50 (50.2%)	7:04	8.5 (49.7%)
607	LUPA Monika	496	Harpagan sosnowiec	SOSNOWIEC		40-49 lat	235	K 607		00:00:44	00:16:03	00:37:07.45	00:37:51.50	+00:18:27 (49.7%)	7:00	8.6 (50.3%)
608	HRYNKIEWICZ Izabela	1067		CZELADŹ		40-49 lat	236	K 608		00:00:42	00:16:03	00:37:08.80	00:37:51.55	+00:18:29 (49.8%)	7:00	8.6 (50.3%)
609	GRUNER Aleksandra	201		JASTRZĘBIE-ZDRÓJ		30-39 lat	188	K 609		00:00:22	00:15:51	00:37:30.55	00:37:53.10	+00:18:50 (50.2%)	7:04	8.5 (49.7%)
610	KLIMCZAK Katarzyna	604		TYCHY		40-49 lat	239	K 610		00:00:40	00:16:08	00:37:16.15	00:37:56.25	+00:18:36 (49.9%)	7:01	8.5 (49.7%)
611	GREMLOWSKA Monika	187		RUDA ŚLĄSKA		40-49 lat	241	K 611		00:00:38	00:16:23	00:37:21.10	00:37:59.90	+00:18:41 (50.0%)	7:02	8.5 (49.7%)
612	SZEWERDA Hanna	943		BYTOM		40-49 lat	238	K 612		00:00:50	00:15:47	00:37:13.10	00:38:03.60	+00:18:33 (49.9%)	7:01	8.5 (49.7%)
613	SZEWERDA Monika	964		KATOWICE		30-39 lat	185	K 613		00:00:50	00:15:47	00:37:13.30	00:38:03.70	+00:18:33 (49.9%)	7:01	8.5 (49.7%)
614	CZEKALSKA Magdalena	694		TYCHY		40-49 lat	240	K 614		00:00:44	00:15:56	00:37:19.05	00:38:03.85	+00:18:39 (50.0%)	7:02	8.5 (49.7%)
615	GOJ Hanna	741	Mors hubertus	MYSŁOWICE		50-59 lat	90	K 615		00:00:42	00:16:01	00:37:22.95	00:38:05.35	+00:18:43 (50.1%)	7:03	8.5 (49.7%)
616	GRZĄBA Joanna	1070		SOSNOWIEC		40-49 lat	242	K 616		00:00:42	00:16:02	00:37:29.85	00:38:12.35	+00:18:50 (50.2%)	7:04	8.5 (49.7%)
617	KUBALA Joanna	255		RYDUŁTOWY		30-39 lat	192	K 617	Aktywni rydułtowy	00:00:27	00:16:11	00:37:47.80	00:38:14.95	+00:19:08 (50.6%)	7:07	8.4 (49.1%)
618	MURAS-JAROMIN Justyna	858		PSZCZYNA		30-39 lat	195	K 618		00:00:11	00:16:41	00:38:03.15	00:38:15.00	+00:19:23 (51.0%)	7:10	8.4 (49.1%)
619	MICHALAK Marta	1266		RYBNIK		30-39 lat	194	K 619	Opel fijałkowski	00:00:21	00:16:33	00:37:55.50	00:38:16.75	+00:19:15 (50.8%)	7:09	8.4 (49.1%)
620	WOJTOŃ-STAWICKA Małgorzata	685	Runteam pawlowice	PAWŁOWICE		60+	15	K 620	Runteam pawlowice	00:00:38	00:15:54	00:37:38.80	00:38:17.30	+00:18:59 (50.4%)	7:06	8.4 (49.1%)
621	MULARCZYK Anna	1149		JASTRZĘBIE ZDRÓJ		20-29 lat	67	K 621		00:00:31	00:15:54	00:37:46.35	00:38:17.90	+00:19:06 (50.6%)	7:07	8.4 (49.1%)
622	KEMPNY Monika	990		JASTRZĘBIE-ZDRÓJ		40-49 lat	246	K 622		00:00:34	00:16:42	00:37:45.05	00:38:19.60	+00:19:05 (50.6%)	7:07	8.4 (49.1%)
623	DAMIS Daria	1062		JASTRZĘBIE-ZDRÓJ		30-39 lat	191	K 623		00:00:42	00:16:59	00:37:37.20	00:38:19.85	+00:18:57 (50.4%)	7:05	8.5 (49.7%)
624	MACIEJEWSKA Monika	229		JASTRZĘBIE ZDRÓJ		40-49 lat	245	K 624		00:00:42	00:16:59	00:37:37.70	00:38:20.35	+00:18:57 (50.4%)	7:05	8.5 (49.7%)
625	KUŹNIAR Katarzyna	597		SIEWIERZ		20-29 lat	66	K 625		00:00:49	00:16:22	00:37:31.20	00:38:20.90	+00:18:51 (50.3%)	7:04	8.5 (49.7%)
626	BARBRUSIŃSKA Małgorzata	707		ORZESZE		50-59 lat	94	K 626		00:00:40	00:16:11	00:37:41.05	00:38:21.05	+00:19:01 (50.5%)	7:06	8.4 (49.1%)
627	PORWIT Agnieszka	90	Viking training center	LEDZINY		40-49 lat	243	K 627	Viking training center	00:00:50	00:16:20	00:37:30.80	00:38:21.10	+00:18:51 (50.2%)	7:04	8.5 (49.7%)
628	KOWALEWSKA Kasia	630		PORĘBA		30-39 lat	189	K 628	Viking training center	00:00:50	00:16:20	00:37:31.10	00:38:21.70	+00:18:51 (50.3%)	7:04	8.5 (49.7%)
629	KOLAT Jadwiga	269	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	254	K 629	Kobiety na 5+	00:00:04	00:15:10	00:38:17.30	00:38:22.00	+00:19:37 (51.3%)	7:13	8.3 (48.5%)

630	MUSIOŁ -BAK Beata	330	Pasjonatki	PIELGRZYMOWICE		60+	16	K 630	Pasjonatki	00:00:03	00:15:51	00:38:21.65	00:38:24.75	+00:19:41 (51.3%)	7:14	8.3 (48.5%)
631	ZWIOREK-ROTKEGEL Anna	462	Miechowska grupa biegowa	TOSZEK		50-59 lat	93	K 631	Miechowska grupa biegowa	00:00:45	00:15:56	00:37:41.00	00:38:26.30	+00:19:01 (50.5%)	7:06	8.4 (49.1%)
632	KORCZEWSKA Beata	891	Miechowska grupa biegowa	BYTOM		50-59 lat	95	K 632	Miechowska grupa biegowa	00:00:36	00:15:52	00:37:50.15	00:38:26.70	+00:19:10 (50.7%)	7:08	8.4 (49.1%)
633	KURIATA Katarzyna	653	Team lidl	ŻORY		40-49 lat	249	K 633	Team lidl	00:00:34	00:16:19	00:37:59.05	00:38:33.25	+00:19:19 (50.9%)	7:10	8.4 (49.1%)
634	KUJAWA Marzena	379	Team lidl	ŻORY		40-49 lat	248	K 634	Team lidl	00:00:34	00:16:19	00:37:58.95	00:38:33.50	+00:19:19 (50.9%)	7:09	8.4 (49.1%)
635	PĘDZIALEK Katarzyna	760	Radlinioki	RADLIN		40-49 lat	252	K 635		00:00:30	00:16:34	00:38:03.15	00:38:33.60	+00:19:23 (51.0%)	7:10	8.4 (49.1%)
636	MICHOŃSKA Anna	988		JASTRZĘBIE-ZDRÓJ		40-49 lat	247	K 636		00:00:38	00:16:01	00:37:55.95	00:38:34.40	+00:19:16 (50.8%)	7:09	8.4 (49.1%)
637	ŚLEZIONA Katarzyna	426		TYCHY		30-39 lat	201	K 637		00:00:12	00:16:05	00:38:22.10	00:38:34.65	+00:19:42 (51.4%)	7:14	8.3 (48.5%)
638	KĄSEK Joanna	311	Kobiety 5+	JASTRZEBIE ZDRÓJ		30-39 lat	203	K 638		00:00:09	00:16:13	00:38:25.55	00:38:34.80	+00:19:45 (51.4%)	7:14	8.3 (48.5%)
639	ŚLEDŹ Anna	1160	Szare morsy	ŻORY		50-59 lat	96	K 639		00:00:27	00:16:08	00:38:08.90	00:38:36.30	+00:19:29 (51.1%)	7:11	8.3 (48.5%)
640	FREY-TROJANOWSKA Klaudia	1089		KRZYŻOWICE		30-39 lat	199	K 640		00:00:17	00:16:02	00:38:19.55	00:38:36.75	+00:19:39 (51.3%)	7:13	8.3 (48.5%)
641	PIÓREK-ZDUŃCZYK Luiza	91		JASTRZĘBIE-ZDRÓJ		30-39 lat	200	K 641		00:00:16	00:16:37	00:38:20.90	00:38:37.40	+00:19:41 (51.3%)	7:13	8.3 (48.5%)
642	RZENNO Agnieszka	1178		BYTOM		40-49 lat	253	K 642		00:00:32	00:16:40	00:38:09.75	00:38:42.30	+00:19:29 (51.1%)	7:11	8.3 (48.5%)
643	SERAFIN CHWALEK Joanna	215	Jastrzębie-Zdrój	JASTRZĘBIE-ZDRÓJ		40-49 lat	255	K 643		00:00:15	00:16:11	00:38:27.15	00:38:43.10	+00:19:47 (51.5%)	7:15	8.3 (48.5%)
644	GÓRNICZ Patrycja	1167		JASTRZĘBIE-ZDRÓJ		30-39 lat	196	K 644		00:00:35	00:16:13	00:38:08.25	00:38:44.20	+00:19:28 (51.1%)	7:11	8.3 (48.5%)
645	GLICA Katarzyna	499		BYTOM		30-39 lat	202	K 645		00:00:22	00:16:47	00:38:22.40	00:38:45.25	+00:19:42 (51.4%)	7:14	8.3 (48.5%)
646	SZPYRA Anieli	23	Sobieski6	JASTRZĘBIE-ZDRÓJ		16-19 lat	14	K 646		00:00:32	00:17:12	00:38:15.45	00:38:47.95	+00:19:35 (51.2%)	7:13	8.3 (48.5%)
647	MITURA Patrycja	1260		RYBNIK		20-29 lat	68	K 647		00:00:54	00:16:02	00:37:54.95	00:38:49.15	+00:19:15 (50.8%)	7:09	8.4 (49.1%)
648	BIALACH Małgorzata	1225		RYBNIK		30-39 lat	193	K 648		00:00:54	00:16:02	00:37:54.95	00:38:49.45	+00:19:15 (50.8%)	7:09	8.4 (49.1%)
649	FOJCIK Katarzyna	1306				30-39 lat	197	K 649		00:00:36	00:15:48	00:38:15.25	00:38:52.20	+00:19:35 (51.2%)	7:13	8.3 (48.5%)
650	ŚNIEG Alicja	937		ZABRZE		30-39 lat	204	K 650		00:00:23	00:16:39	00:38:29.15	00:38:52.35	+00:19:49 (51.5%)	7:15	8.3 (48.5%)
651	NIECKULA Jolanta	489		JASTRZĘBIE-ZDRÓJ		40-49 lat	256	K 651		00:00:21	00:17:19	00:38:31.80	00:38:53.40	+00:19:52 (51.6%)	7:16	8.3 (48.5%)
652	MICHALSKA Beata	220	Wartkie pieronice	RUDA ŚLĄSKA		50-59 lat	98	K 652	Wartkie pieronice	00:00:36	00:16:02	00:38:17.20	00:38:53.80	+00:19:37 (51.3%)	7:13	8.3 (48.5%)
653	WOŚ Magda	557	Kangurzyce	RYDUŁTOWY		30-39 lat	198	K 653	Kangurzyce	00:00:35	00:15:56	00:38:18.45	00:38:53.90	+00:19:38 (51.3%)	7:13	8.3 (48.5%)
654	SZOJDA Paulina	148	Viking training center	TYCHY		40-49 lat	250	K 654	Viking training center	00:00:51	00:16:21	00:38:02.95	00:38:54.85	+00:19:23 (50.9%)	7:10	8.4 (49.1%)
655	JUTKA Kasia	420		TYCHY		40-49 lat	251	K 655		00:00:52	00:16:21	00:38:03.15	00:38:55.65	+00:19:23 (51.0%)	7:10	8.4 (49.1%)
656	KAMECKA Agnieszka	537		TYCHY		50-59 lat	99	K 656		00:00:39	00:16:19	00:38:17.75	00:38:57.10	+00:19:37 (51.3%)	7:13	8.3 (48.5%)
657	PIETRASZEK Ewa	111	Kobiety watachy	DĄBROWA GÓRNICZA		50-59 lat	97	K 657		00:00:46	00:16:24	00:38:14.35	00:39:01.15	+00:19:34 (51.2%)	7:12	8.3 (48.5%)
658	RUSINEK Joanna	262	Wiewiórki zimnokrwiste	OŚWIĘCIM		50-59 lat	103	K 658	Wiewiórki zimnokrwiste	00:00:12	00:16:14	00:38:52.75	00:39:05.05	+00:20:12 (52.0%)	7:20	8.2 (48.0%)
659	WOŹNICKA Anna	681		OŚWIĘCIM		40-49 lat	257	K 659	Wiewiórki zimnokrwiste	00:00:12	00:16:14	00:38:52.95	00:39:05.20	+00:20:13 (52.0%)	7:20	8.2 (48.0%)
660	KOŁODZIEJ Ewa	15		ŚWIERKLANY		50-59 lat	100	K 660		00:00:32	00:16:52	00:38:33.05	00:39:05.60	+00:19:53 (51.6%)	7:16	8.2 (48.0%)
661	SZYMCAK Mariola	1210		JASTRZĘBIE-ZDRÓJ		60+	17	K 661		00:00:27	00:16:28	00:38:40.15	00:39:07.80	+00:20:00 (51.7%)	7:17	8.2 (48.0%)
662	LESZCZYŃSKA Violetta	1242		JASTRZĘBIE-ZDRÓJ		50-59 lat	101	K 662		00:00:26	00:16:28	00:38:41.35	00:39:07.85	+00:20:01 (51.8%)	7:17	8.2 (48.0%)
663	KACZOREK Agnieszka	505		JASTRZĘBIE-ZDRÓJ		40-49 lat	258	K 663		00:00:09	00:15:45	00:38:58.60	00:39:07.90	+00:20:18 (52.1%)	7:21	8.2 (48.0%)
663	RUDZKA Monika	523		JASTRZĘBIE ZDRÓJ		40-49 lat	259	K 664		00:00:09	00:15:45	00:38:58.90	00:39:07.90	+00:20:19 (52.1%)	7:21	8.2 (48.0%)
665	CHMURZEWSKA Magdalena	403		JASTRZĘBIE-ZDRÓJ		30-39 lat	207	K 665		00:00:13	00:15:58	00:38:55.90	00:39:09.60	+00:20:16 (52.1%)	7:20	8.2 (48.0%)
666	ANDROSZ Joanna	374	Rebellion of free runners	RYBNIK		40-49 lat	261	K 666		00:00:07	00:16:27	00:39:04.70	00:39:12.40	+00:20:24 (52.2%)	7:22	8.1 (47.4%)

666	KORNACKA Wioletta	686		PAWŁOWICE		50-59 lat	105	K 667		00:00:12	00:17:06	00:38:59.65	00:39:12.40	+00:20:19 (52.1%)	7:21	8.2 (48.0%)
668	GRUNIK Beata	1024		JASTRZĘBIE ZDRÓJ		50-59 lat	102	K 668	Team lidl	00:00:28	00:16:41	00:38:44.20	00:39:12.45	+00:20:04 (51.8%)	7:18	8.2 (48.0%)
669	BRUDEK Bernadeta	432	Team lidl	STUDZIONKA		30-39 lat	206	K 669	Team lidl	00:00:27	00:16:41	00:38:45.10	00:39:12.70	+00:20:05 (51.8%)	7:18	8.2 (48.0%)
670	BALUCH Michalina	1048	Special team	STUDZIENICE		30-39 lat	205	K 670	Special team Specjalni	00:00:27	00:16:42	00:38:45.05	00:39:12.80	+00:20:05 (51.8%)	7:18	8.2 (48.0%)
671	OLEŚ Ula	698		JASTRZĘBIE-ZDRÓJ		30-39 lat	210	K 671	Przedszkole im.malych bohaterów	00:00:10	00:16:49	00:39:04.05	00:39:14.50	+00:20:24 (52.2%)	7:22	8.1 (47.4%)
672	KARABASZ Aldona	21		JASTRZĘBIE-ZDRÓJ		40-49 lat	264	K 672		00:00:06	00:16:50	00:39:09.05	00:39:15.20	+00:20:29 (52.3%)	7:23	8.1 (47.4%)
673	ERBAN Magdalena	120	Przyjaciółki	JASTRZĘBIE - ZDRÓJ		50-59 lat	108	K 673	Przyjaciółki	00:00:08	00:17:07	00:39:07.35	00:39:15.45	+00:20:27 (52.3%)	7:22	8.1 (47.4%)
674	KUBIS Barbara	860		CZARKÓW		40-49 lat	262	K 674		00:00:10	00:16:42	00:39:05.70	00:39:16.50	+00:20:25 (52.3%)	7:22	8.1 (47.4%)
675	JANCZUKOWICZ Michalina	1097		JASTRZĘBIE-ZDRÓJ		30-39 lat	209	K 675		00:00:20	00:17:02	00:38:59.55	00:39:19.55	+00:20:19 (52.1%)	7:21	8.2 (48.0%)
676	BOREK Weronika	266	Trzy i pół biore w ciemno	WODZISŁAW ŚLĄSKI		20-29 lat	69	K 676	Trzy i pół biore w ciemno	00:00:15	00:17:12	00:39:04.90	00:39:20.85	+00:20:25 (52.2%)	7:22	8.1 (47.4%)
677	RĘKAL Dorota	1144		ZEBRZYDOWICE		60+	19	K 677		00:00:33	00:16:30	00:38:53.05	00:39:26.15	+00:20:13 (52.0%)	7:20	8.2 (48.0%)
678	BARTNIK Joanna	242	Street-Spirit	JASTRZĘBIE-ZDRÓJ		40-49 lat	263	K 678		00:00:19	00:16:33	00:39:09.05	00:39:28.05	+00:20:29 (52.3%)	7:23	8.1 (47.4%)
679	KONOPACKA Waleria	347		BIELSKO-BIAŁA		60+	18	K 679		00:00:47	00:17:14	00:38:41.60	00:39:29.00	+00:20:01 (51.8%)	7:17	8.2 (48.0%)
680	CICHY Agnieszka	974		RUDA ŚLĄSKA		40-49 lat	265	K 680		00:00:12	00:16:39	00:39:16.40	00:39:29.15	+00:20:36 (52.5%)	7:24	8.1 (47.4%)
681	NAWARYŃSKA Ewa	1230		RACIBÓRZ		50-59 lat	106	K 681		00:00:28	00:17:11	00:39:07.20	00:39:35.45	+00:20:27 (52.3%)	7:22	8.1 (47.4%)
681	STYRNOL Beata	675		PAWŁÓW		50-59 lat	107	K 682		00:00:28	00:17:11	00:39:07.20	00:39:35.45	+00:20:27 (52.3%)	7:22	8.1 (47.4%)
683	BRODA Beata	372		PIASEK		50-59 lat	104	K 683		00:00:41	00:16:29	00:38:55.75	00:39:37.20	+00:20:15 (52.1%)	7:20	8.2 (48.0%)
684	BRODA Kamila	344		JASTRZĘBIE ZDRÓJ		30-39 lat	208	K 684		00:00:41	00:16:26	00:38:55.90	00:39:37.65	+00:20:16 (52.1%)	7:20	8.2 (48.0%)
685	NOWAK Karolina	1074		PAWŁOWICE		30-39 lat	212	K 685		00:00:10	00:16:19	00:39:27.75	00:39:38.55	+00:20:47 (52.7%)	7:26	8.1 (47.4%)
686	SICIŃSKA Beata	1075		JASTRZĘBIE-ZDRÓJ		30-39 lat	213	K 686		00:00:10	00:16:19	00:39:28.95	00:39:39.30	+00:20:49 (52.7%)	7:26	8.1 (47.4%)
687	MAREK Sylwia	442		JASTRZĘBIE ZDRÓJ		30-39 lat	211	K 687	Team lidl	00:00:27	00:16:31	00:39:13.05	00:39:40.45	+00:20:33 (52.4%)	7:23	8.1 (47.4%)
688	MAREK Wiktoria	1040		JASTRZĘBIE ZDRÓJ		20-29 lat	70	K 688	Team lidl	00:00:28	00:16:30	00:39:11.80	00:39:40.60	+00:20:32 (52.4%)	7:23	8.1 (47.4%)
689	RAJWA Magdalena	573	Wataha	CHYBIE		30-39 lat	220	K 689	Wataha	00:00:06	00:16:40	00:39:40.85	00:39:46.90	+00:21:01 (53.0%)	7:29	8 (46.8%)
690	WOLNY Żaneta	485	Wolny team	WODZISŁAW ŚLĄSKI		40-49 lat	260	K 690		00:00:48	00:16:33	00:38:59.05	00:39:47.20	+00:20:19 (52.1%)	7:21	8.2 (48.0%)
691	JASKÓŁA Izabela	248		JASTRZĘBIE ZDRÓJ		30-39 lat	216	K 691		00:00:15	00:15:53	00:39:34.90	00:39:49.95	+00:20:55 (52.8%)	7:27	8 (46.8%)
692	SKOWROŃSKA Anna	82		JASTRZĘBIE-ZDRÓJ		20-29 lat	72	K 692		00:00:06	00:16:50	00:39:43.70	00:39:50.60	+00:21:03 (53.0%)	7:29	8 (46.8%)
693	BALA Justyna	130	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	269	K 693	Kobiety na 5+	00:00:05	00:16:50	00:39:44.95	00:39:50.80	+00:21:05 (53.0%)	7:29	8 (46.8%)
694	SUJKOWSKA Karolina	108		JASTRZĘBIE-ZDRÓJ		20-29 lat	73	K 694		00:00:06	00:16:50	00:39:44.40	00:39:50.85	+00:21:04 (53.0%)	7:29	8 (46.8%)
695	MAZUREK Natalia	1265		WODZISŁAW ŚLĄSKI		20-29 lat	71	K 695	Opel fijałkowski	00:00:20	00:17:59	00:39:32.45	00:39:52.95	+00:20:52 (52.8%)	7:27	8 (46.8%)
696	FALARZ Agnieszka	13	Run away team	RUDA ŚLĄSKA		30-39 lat	218	K 696	Run away team	00:00:14	00:16:46	00:39:39.65	00:39:53.65	+00:20:59 (52.9%)	7:28	8 (46.8%)
697	KRAWCZYK Mirela	170	Run away team	RUDA ŚLĄSKA		30-39 lat	219	K 697	Run away team	00:00:14	00:16:47	00:39:39.70	00:39:53.95	+00:20:59 (52.9%)	7:28	8 (46.8%)
698	SZCZOTKA Ewa	1165		JASTRZĘBIE-ZDRÓJ		40-49 lat	266	K 698		00:00:30	00:16:47	00:39:23.95	00:39:54.10	+00:20:44 (52.6%)	7:25	8.1 (47.4%)
699	MALICH Magdalena	409		JASTRZĘBIE-ZDRÓJ		30-39 lat	214	K 699	Byle do mety	00:00:27	00:16:51	00:39:29.20	00:39:57.10	+00:20:49 (52.7%)	7:26	8.1 (47.4%)
700	AJZYCHART Kinga	691		JASTRZĘBIE-ZDRÓJ		30-39 lat	215	K 700	Byle do mety	00:00:26	00:16:52	00:39:30.30	00:39:57.20	+00:20:50 (52.8%)	7:27	8.1 (47.4%)
701	GAWEŁCZYK Anna	1168		JASTRZĘBIE -ZDRÓJ		40-49 lat	267	K 701		00:00:30	00:16:47	00:39:27.15	00:39:57.50	+00:20:47 (52.7%)	7:26	8.1 (47.4%)
702	CZERWIŃSKA Klaudyna	1269		RYBNIK		30-39 lat	217	K 702	Opel fijałkowski	00:00:21	00:17:10	00:39:37.65	00:39:58.75	+00:20:57 (52.9%)	7:28	8 (46.8%)
703	SZOSTKIEWICZ Małgorzata	543	Kobiety na5 +	JASTRZĘBIE ZDRÓJ		50-59 lat	109	K 703	Kobiety na 5+	00:00:04	00:16:15	00:39:57.20	00:40:01.70	+00:21:17 (53.3%)	7:32	8 (46.8%)

704	STANIÓW-KLUSKA Agnieszka	362		OŚWIECIM		40-49 lat	270	K 704	Wiewiórki zimnokniste		00:00:18	00:17:01	00:39:50.00	00:40:08.65	+00:21:10 (53.1%)	7:30	8 (46.8%)
705	LISICKA Sabina	1112	#mobilityteam	CIĘCINA		30-39 lat	221	K 705			00:00:17	00:16:48	00:39:52.00	00:40:09.00	+00:21:12 (53.2%)	7:31	8 (46.8%)
706	OSTAPIUK Anna	36		JASTRZĘBIE ZDRÓJ		30-39 lat	222	K 706			00:00:17	00:16:26	00:39:56.10	00:40:13.50	+00:21:16 (53.3%)	7:32	8 (46.8%)
707	BURSZYKA Aleksandra	1208		JASTRZEBIE ZDRÓJ		40-49 lat	276	K 707			00:00:05	00:16:15	00:40:08.70	00:40:14.05	+00:21:28 (53.5%)	7:34	7.9 (46.2%)
708	DUBIEL Joanna	921		WODZISŁAW ŚLĄSKI		50-59 lat	111	K 708			00:00:04	00:17:28	00:40:10.00	00:40:14.45	+00:21:30 (53.5%)	7:34	7.9 (46.2%)
709	NAWRAT Adriana	305		DĘBOWIEC		40-49 lat	272	K 709			00:00:20	00:16:43	00:39:56.45	00:40:16.95	+00:21:16 (53.3%)	7:32	8 (46.8%)
710	PULKA Bernadeta	264		JASTRZĘBIE-ZDRÓJ		30-39 lat	223	K 710	Team lidl		00:00:09	00:16:53	00:40:08.15	00:40:17.20	+00:21:28 (53.5%)	7:34	7.9 (46.2%)
711	ŻYLUK Monika	479		JASTRZĘBIE ZDRÓJ		40-49 lat	275	K 711	Szoguny		00:00:10	00:16:46	00:40:07.00	00:40:17.30	+00:21:27 (53.5%)	7:34	7.9 (46.2%)
712	SZCZUCHNIAK Adriana	156		JASTRZĘBIE-ZDRÓJ		40-49 lat	273	K 712			00:00:20	00:16:30	00:39:58.30	00:40:18.50	+00:21:18 (53.3%)	7:32	8 (46.8%)
713	CIESLA Liliana	900		JATRZEBIE ZDROJ		60+	20	K 713			00:00:01	00:15:45	00:40:19.10	00:40:20.90	+00:21:39 (53.7%)	7:36	7.9 (46.2%)
714	FITAS Natali	129		JASTRZĘBIE ZDRÓJ		20-29 lat	75	K 714	Sw		00:00:18	00:17:10	00:40:03.70	00:40:21.70	+00:21:23 (53.4%)	7:33	7.9 (46.2%)
715	SEKUŁA Marlena	743		JASTRZĘBIE-ZDRÓJ		40-49 lat	271	K 715			00:00:29	00:16:51	00:39:54.70	00:40:23.90	+00:21:14 (53.2%)	7:31	8 (46.8%)
716	SZWED Anna	642	Miechowska grupa biegowa	BYTOM		40-49 lat	268	K 716	Miechowska grupa biegowa		00:00:52	00:17:21	00:39:38.30	00:40:30.55	+00:20:58 (52.9%)	7:28	8 (46.8%)
717	KAWKA Ilona	813		JASTRZĘBIE -ZDRÓJ		40-49 lat	274	K 717			00:00:29	00:18:54	00:40:04.20	00:40:33.65	+00:21:24 (53.4%)	7:33	7.9 (46.2%)
718	ŻEBROWSKA Weronika	247	Mors hubertus myslowice	MYSŁOWICE		20-29 lat	74	K 718			00:00:42	00:17:42	00:39:56.75	00:40:39.25	+00:21:16 (53.3%)	7:32	8 (46.8%)
719	ŻEBROWSKA Matylda	154	Mors hubertus myslowice	MYSŁOWICE		50-59 lat	110	K 719	Mors hubertus myslowice		00:00:42	00:16:52	00:39:57.20	00:40:39.30	+00:21:17 (53.3%)	7:32	8 (46.8%)
720	STEFANIAK Justyna	6	Pogoria biega	DĄBROWA GÓRNICZA		40-49 lat	277	K 720			00:00:35	00:17:20	00:40:10.65	00:40:46.55	+00:21:30 (53.5%)	7:34	7.9 (46.2%)
721	KOSMALA-LANDZIŃSKA Ewa	1101		ŻORY		40-49 lat	278	K 721			00:00:30	00:17:29	00:40:24.60	00:40:55.55	+00:21:44 (53.8%)	7:37	7.9 (46.2%)
722	SAWICKA Marta	30	Drużyna kobiet na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	282	K 722	Kobiety na 5+		00:00:04	00:17:27	00:40:51.55	00:40:55.90	+00:22:11 (54.3%)	7:42	7.8 (45.6%)
723	ZAJĄCZKOWSKA Emilia	16	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		30-39 lat	226	K 723	Kobiety na 5+		00:00:04	00:17:26	00:40:51.85	00:40:56.10	+00:22:12 (54.3%)	7:42	7.8 (45.6%)
724	ORDZOWIAŁA Karolina	81		ŻORY		40-49 lat	280	K 724			00:00:30	00:16:51	00:40:26.30	00:40:57.20	+00:21:46 (53.8%)	7:37	7.9 (46.2%)
725	BALCERAK Beata	38		ŻORY		40-49 lat	279	K 725			00:00:31	00:16:53	00:40:25.70	00:40:57.45	+00:21:45 (53.8%)	7:37	7.9 (46.2%)
726	ZALEWSKA Barbara	11	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	284	K 726	Kobiety na 5+		00:00:07	00:16:51	00:40:56.70	00:41:04.65	+00:22:16 (54.4%)	7:43	7.8 (45.6%)
727	VARGA Barbara	115	Trzy i pół biore w ciemno	KARVINA		30-39 lat	227	K 727	Trzy i pół biore w ciemno		00:00:16	00:16:32	00:40:52.35	00:41:09.10	+00:22:12 (54.3%)	7:42	7.8 (45.6%)
727	MUSIAŁ Wioletta	140	Trzy i pół biorę w ciemno :-)	JASTRZĘBIE-ZDRÓJ		40-49 lat	283	K 728	Drużyna prymat		00:00:15	00:16:33	00:40:53.65	00:41:09.10	+00:22:13 (54.4%)	7:42	7.8 (45.6%)
729	ŚMIGIEL Aneta	722	Radlinioki w biegu	RYBNIK		40-49 lat	281	K 729	Radlinioki w biegu		00:00:22	00:17:11	00:40:48.30	00:41:10.85	+00:22:08 (54.3%)	7:41	7.8 (45.6%)
730	KRZACZEK Aleksandra	1211	Radlinioki w biegu	RADLIN		50-59 lat	112	K 730	Radlinioki w biegu		00:00:21	00:17:15	00:40:50.10	00:41:11.45	+00:22:10 (54.3%)	7:42	7.8 (45.6%)
731	SURMA-MAGOŃ Gosia	976	Radlinioki w biegu	LUBOMIA		30-39 lat	225	K 731	Radlinioki w biegu		00:00:22	00:17:10	00:40:49.60	00:41:11.60	+00:22:09 (54.3%)	7:42	7.8 (45.6%)
732	CZYSZCZOŃ Paulina	716	Viking training center	TYCHY		30-39 lat	228	K 732	Viking training center		00:00:19	00:17:19	00:40:53.15	00:41:12.25	+00:22:13 (54.4%)	7:42	7.8 (45.6%)
733	KISZKO Daria	934	Viking training center	TYCHY		30-39 lat	229	K 733	Viking training center		00:00:17	00:17:23	00:40:55.10	00:41:12.55	+00:22:15 (54.4%)	7:43	7.8 (45.6%)
734	RYŚ Weronika	897		KATOWICE		20-29 lat	76	K 734			00:00:49	00:17:23	00:40:29.65	00:41:18.65	+00:21:49 (53.9%)	7:38	7.9 (46.2%)
735	KOŹDOŃ Jagoda	43		RYBNIK		30-39 lat	224	K 735			00:00:48	00:16:59	00:40:32.15	00:41:20.75	+00:21:52 (54.0%)	7:38	7.8 (45.6%)
736	BROCKA Joanna	969		JASTRZĘBIE ZDRÓJ		40-49 lat	285	K 736			00:00:18	00:17:23	00:41:17.25	00:41:35.25	+00:22:37 (54.8%)	7:47	7.7 (45.0%)
737	BIALAS Joanna	832	Spot pszczyna	RADOSTOWICE		40-49 lat	288	K 737			00:00:11	00:17:27	00:41:28.25	00:41:39.25	+00:22:48 (55.0%)	7:49	7.7 (45.0%)
738	ŻWAKA Dominika	951	Run patola	KUŹNIA RACIBORSKA		30-39 lat	231	K 738			00:00:27	00:17:27	00:41:16.25	00:41:43.30	+00:22:36 (54.8%)	7:47	7.7 (45.0%)
739	PORĘBA Wioleta	1044	Aktywni rydułtowy	RYDUŁTOWY		30-39 lat	232	K 739			00:00:27	00:17:32	00:41:16.80	00:41:43.85	+00:22:37 (54.8%)	7:47	7.7 (45.0%)
740	BRENK Katarzyna	1187	Team lidl	ŻORY		30-39 lat	230	K 740	Team lidl		00:00:34	00:17:23	00:41:12.60	00:41:47.40	+00:22:32 (54.7%)	7:46	7.7 (45.0%)

741	ZDEBEL Magdalena	73		JASTRZĘBIE-ZDRÓJ		40-49 lat	287	K 741	Team lidl		00:00:27	00:17:47	00:41:22.15	00:41:49.60	+00:22:42 (54.9%)	7:48	7.7 (45.0%)
742	SZCZEPANIK Bogumiła	455		JASTRZĘBIE-ZDRÓJ		30-39 lat	234	K 742			00:00:19	00:17:24	00:41:31.70	00:41:51.45	+00:22:51 (55.1%)	7:50	7.7 (45.0%)
743	FOLTYN Dominika	417		JASTRZĘBIE ZDRÓJ		30-39 lat	233	K 743	Team lidl		00:00:28	00:18:06	00:41:30.05	00:41:58.60	+00:22:50 (55.0%)	7:49	7.7 (45.0%)
744	SADLOK Anna	1049	Special team	JAWISZOWICE		40-49 lat	289	K 744	Special team	Specjalki	00:00:27	00:18:07	00:41:31.35	00:41:59.05	+00:22:51 (55.1%)	7:50	7.7 (45.0%)
745	KOSMALA Stanisława	1103		ŁĄKA		60+	21	K 745			00:00:31	00:17:55	00:41:30.60	00:42:01.65	+00:22:50 (55.0%)	7:49	7.7 (45.0%)
746	CHAWA Dominika	1046		JASTRZĘBIE ZDRÓJ		20-29 lat	77	K 746			00:00:22	00:17:36	00:41:40.45	00:42:03.15	+00:23:00 (55.2%)	7:51	7.6 (44.4%)
747	VAIDYAN-HELD Eliza	1023		OPOLE		40-49 lat	293	K 747			00:00:05	00:17:44	00:42:00.75	00:42:06.00	+00:23:20 (55.6%)	7:55	7.6 (44.4%)
748	PRZYBYSZ Patrycja	826		JASTRZĘBIE-ZDRÓJ		40-49 lat	290	K 748			00:00:29	00:19:02	00:41:36.70	00:42:06.50	+00:22:56 (55.1%)	7:50	7.6 (44.4%)
749	VAIDYAN-IWANOWSKA Grażyna	1011		JASTRZĘBIE-ZDRÓJ		60+	23	K 749			00:00:04	00:16:53	00:42:03.50	00:42:08.15	+00:23:23 (55.6%)	7:56	7.6 (44.4%)
750	FRANCUZ Małgorzata	1066	Team lidl	JASTRZĘBIE ZDROJ		50-59 lat	113	K 750	Team lidl		00:00:28	00:17:14	00:41:40.70	00:42:09.10	+00:23:00 (55.2%)	7:51	7.6 (44.4%)
751	MARON Honorata	674		JASTRZĘBIE ZDRÓJ		30-39 lat	236	K 751			00:00:25	00:18:32	00:41:45.10	00:42:10.15	+00:23:05 (55.3%)	7:52	7.6 (44.4%)
752	PIWOWAR Beata	191		JASTRZĘBIE-ZDRÓJ		40-49 lat	286	K 752	Fajerwerki		00:00:53	00:17:24	00:41:17.95	00:42:11.40	+00:22:38 (54.8%)	7:47	7.7 (45.0%)
753	MORAWIEC Monika	410		JASTRZĘBIE ZDRÓJ		40-49 lat	291	K 753	Byle do mety		00:00:38	00:17:23	00:41:39.80	00:42:18.30	+00:23:00 (55.2%)	7:51	7.6 (44.4%)
754	LAZAR Joanna	767		JASTRZĘBIE ZDRÓJ		30-39 lat	235	K 754			00:00:38	00:17:23	00:41:41.70	00:42:20.25	+00:23:01 (55.2%)	7:51	7.6 (44.4%)
755	KRZYŻOWSKA-KUDZIA Karolina	564	Złote bączki klimafach	ŁAZISKA GÓRNE		20-29 lat	78	K 755			00:00:18	00:17:23	00:42:07.65	00:42:26.55	+00:23:27 (55.7%)	7:56	7.6 (44.4%)
756	ŚLADCZYK Magdalena	214	Trzy i pół biorę w ciemno	BELSZNICA		30-39 lat	238	K 756	Trzy i pół biorę w ciemno		00:00:16	00:17:26	00:42:12.80	00:42:29.20	+00:23:33 (55.8%)	7:57	7.5 (43.9%)
757	GROSIK Marta	72		RATINGEN		40-49 lat	292	K 757			00:00:37	00:17:46	00:41:53.90	00:42:31.45	+00:23:14 (55.5%)	7:54	7.6 (44.4%)
758	PALUCH Agnieszka	471		RUDA ŚLĄSKA		40-49 lat	294	K 758			00:00:27	00:17:58	00:42:04.90	00:42:32.00	+00:23:25 (55.6%)	7:56	7.6 (44.4%)
759	SUDER Klaudia	1080		JASTRZĘBIE ZDRÓJ		30-39 lat	237	K 759			00:00:24	00:17:22	00:42:07.15	00:42:32.05	+00:23:27 (55.7%)	7:56	7.6 (44.4%)
760	ROTTER Hanna	871		JASTRZĘBIE-ZDRÓJ		60+	22	K 760			00:00:33	00:17:27	00:41:59.30	00:42:32.85	+00:23:19 (55.6%)	7:55	7.6 (44.4%)
761	BOGUSZ-WIŚNIEWSKA Janina	851		JASTRZĘBIE- ZDRÓJ		60+	24	K 761			00:00:33	00:18:24	00:42:05.15	00:42:38.40	+00:23:25 (55.7%)	7:56	7.6 (44.4%)
762	KIERMASZEK Barbara	878		WODZISŁAW ŚLĄSKI		60+	25	K 762			00:00:32	00:17:18	00:42:06.70	00:42:39.50	+00:23:26 (55.7%)	7:56	7.6 (44.4%)
763	WEBER Katarzyna	1014		JASTRZĘBIE -ZDRÓJ		40-49 lat	296	K 763	Team lidl		00:00:27	00:17:43	00:42:18.00	00:42:45.10	+00:23:38 (55.9%)	7:58	7.5 (43.9%)
764	MŁOCEK Ewelina	241		SAMBOROWICE		40-49 lat	295	K 764			00:00:37	00:18:43	00:42:11.05	00:42:48.75	+00:23:31 (55.8%)	7:57	7.5 (43.9%)
765	JANKOWSKA Martyna	768		DĄBROWA GÓRNICZA		20-29 lat	79	K 765			00:00:41	00:17:26	00:42:19.65	00:43:01.40	+00:23:39 (55.9%)	7:59	7.5 (43.9%)
766	KOSTKA Justyna	968		JASTRZĘBIE-ZDRÓJ		30-39 lat	240	K 766			00:00:24	00:18:29	00:42:49.35	00:43:13.65	+00:24:09 (56.4%)	8:04	7.4 (43.3%)
767	ŻYLA Sonia	1065		BAKÓW		30-39 lat	241	K 767			00:00:30	00:17:47	00:42:56.90	00:43:27.35	+00:24:17 (56.5%)	8:06	7.4 (43.3%)
768	LECH Katarzyna	789		JASTRZĘBIE ZDRÓJ		30-39 lat	242	K 768			00:00:29	00:19:02	00:43:02.15	00:43:31.45	+00:24:22 (56.6%)	8:07	7.4 (43.3%)
769	BURAKOWSKA Małgorzata	705	Daaaaaje radę	SOSNOWIEC		50-59 lat	114	K 769	Daaaaaje radę	Daaaaaje radę	00:00:29	00:18:23	00:43:23.70	00:43:52.85	+00:24:43 (57.0%)	8:11	7.3 (42.7%)
770	BURAKOWSKA Roksana	1008		BĘDZIN		30-39 lat	243	K 770			00:00:29	00:18:23	00:43:23.60	00:43:52.95	+00:24:43 (57.0%)	8:11	7.3 (42.7%)
771	BROJACZ Hanna	1285				30-39 lat	244	K 771	Mokate s.a.		00:00:32	00:19:49	00:43:24.55	00:43:57.05	+00:24:44 (57.0%)	8:11	7.3 (42.7%)
772	BAZGIER Magdalena	1163		JASTRZĘBIE ZDRÓJ		40-49 lat	297	K 772			00:00:36	00:18:18	00:43:27.85	00:44:04.50	+00:24:48 (57.1%)	8:11	7.3 (42.7%)
773	BETAŃSKA Aneta	749	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		40-49 lat	299	K 773	Kobiety na 5+		00:00:06	00:19:15	00:44:14.35	00:44:21.30	+00:25:34 (57.8%)	8:20	7.2 (42.1%)
774	GLUSZAK Aleksandra	1249	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		40-49 lat	300	K 774	Kobiety na 5+		00:00:06	00:19:14	00:44:14.95	00:44:21.35	+00:25:35 (57.8%)	8:20	7.2 (42.1%)
774	SAGAN Małgorzata	422		JASTRZĘBIE ZDRÓJ		50-59 lat	115	K 775			00:00:19	00:19:25	00:44:02.35	00:44:21.35	+00:25:22 (57.6%)	8:18	7.2 (42.1%)
776	MYŚLIWIEC Basieńka	777	Kobiety na 5+	JASTRZĘBIE-ZDRÓJ		30-39 lat	246	K 776	Kobiety na 5+		00:00:05	00:17:30	00:44:16.10	00:44:21.40	+00:25:36 (57.8%)	8:21	7.2 (42.1%)
777	ŁANUCHA Mariola	274	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		60+	26	K 777	Kobiety na 5+		00:00:03	00:18:20	00:44:17.85	00:44:21.50	+00:25:38 (57.9%)	8:21	7.2 (42.1%)

778	SULSKA Michalina	193		PSZÓW		40-49 lat	298	K 778		00:00:21	00:18:32	00:44:07.00	00:44:28.10	+00:25:27 (57.7%)	8:19	7.2 (42.1%)
779	MAGIERA Barbara	609	Powolidocelu	CHEŁM ŚLĄSKI		30-39 lat	245	K 779	Powolidocelu	00:00:21	00:18:49	00:44:07.90	00:44:29.45	+00:25:28 (57.7%)	8:19	7.2 (42.1%)
780	KOT Justyna	568		JASTRZĘBIE ZDRÓJ		30-39 lat	247	K 780	Team lidl	00:00:28	00:18:23	00:44:39.10	00:45:08.05	+00:25:59 (58.2%)	8:25	7.1 (41.5%)
781	KUNIK-BREJNAK Marta	941		JASTRZĘBIE-ZDRÓJ		40-49 lat	302	K 781		00:00:32	00:18:22	00:44:35.50	00:45:08.10	+00:25:55 (58.1%)	8:24	7.1 (41.5%)
782	KOPIEC Ania	1081		JASTRZĘBIE-ZDRÓJ		40-49 lat	303	K 782		00:00:31	00:18:22	00:44:36.35	00:45:08.20	+00:25:56 (58.2%)	8:24	7.1 (41.5%)
782	FRYSZKOWSKA Dorota	729		JASTRZĘBIE-ZDRÓJ		40-49 lat	304	K 783	Team lidl	00:00:29	00:18:24	00:44:38.35	00:45:08.20	+00:25:58 (58.2%)	8:25	7.1 (41.5%)
784	MASLANKA Joanna	727		JASTRZĘBIE-ZDRÓJ		40-49 lat	305	K 784	Team lidl	00:00:28	00:18:23	00:44:40.00	00:45:08.50	+00:26:00 (58.2%)	8:25	7.1 (41.5%)
785	BAK Barbara	734		JASTRZĘBIE ZDRÓJ		50-59 lat	116	K 785		00:00:43	00:18:53	00:44:42.55	00:45:26.35	+00:26:02 (58.3%)	8:26	7.1 (41.5%)
786	NOWICKA Aleksandra	566	Team zawierucha	JASTRZĘBIE ZDRÓJ		30-39 lat	239	K 786	Team zawierucha	00:02:44	00:19:49	00:42:45.85	00:45:30.70	+00:24:06 (56.4%)	8:03	7.4 (43.3%)
787	HEJNAR Monika	671	Wiewiórki zimnokrwiste	OŚWIĘCIM		50-59 lat	119	K 787	Wiewiórki zimnokrwiste	00:00:13	00:20:08	00:45:21.00	00:45:34.20	+00:26:41 (58.8%)	8:33	7 (40.9%)
788	WŁOCH Izabela	744	Viking training center	TYCHY		40-49 lat	306	K 788	Viking training center	00:00:19	00:18:07	00:45:26.20	00:45:45.70	+00:26:46 (58.9%)	8:34	7 (40.9%)
789	WŁOCH Dominika	746	Viking training center	TYCHY		20-29 lat	80	K 789	Viking training center	00:00:19	00:18:08	00:45:26.60	00:45:45.80	+00:26:46 (58.9%)	8:34	7 (40.9%)
790	CZARNECKA Małgorzata	806		BYTOM		50-59 lat	117	K 790	Miechowska grupa biegowa	00:00:43	00:18:57	00:45:07.65	00:45:51.05	+00:26:27 (58.6%)	8:30	7 (40.9%)
791	WORONKO-ZACZYŃSKA Janina	466		LUBIN		60+	27	K 791		00:00:36	00:19:06	00:45:15.00	00:45:51.15	+00:26:35 (58.8%)	8:32	7 (40.9%)
792	KROCHMALSKA Jagoda	497	Miechowska grupa biegowa	BYTOM		50-59 lat	118	K 792	Miechowska grupa biegowa	00:00:37	00:19:03	00:45:13.35	00:45:51.25	+00:26:33 (58.7%)	8:31	7 (40.9%)
793	ROEZNER Patrycja	841	Team nutrilite	RYBNIK		40-49 lat	307	K 793	Team nutrilite	00:00:00	00:22:31	00:46:02.65	00:46:02.65	+00:27:22 (59.5%)	8:41	6.9 (40.4%)
794	KOCIK Krystyna	1137		JASTRZĘBIE-ZDRÓJ		60+	28	K 794		00:00:17	00:19:22	00:46:16.75	00:46:34.55	+00:27:36 (59.7%)	8:43	6.9 (40.4%)
795	PIŁATOWSKA Magdalena	382		JASTRZĘBIE-ZDRÓJ		40-49 lat	309	K 795	Gorące babeczki	00:00:13	00:18:52	00:46:31.80	00:46:45.50	+00:27:52 (59.9%)	8:46	6.8 (39.8%)
796	WNEK Urszula	534	Gorące babeczki	RYBNIK		40-49 lat	308	K 796	Gorące babeczki	00:00:14	00:19:03	00:46:31.00	00:46:45.85	+00:27:51 (59.9%)	8:46	6.8 (39.8%)
797	MARCINKOWSKA Olga	1079		JASTRZĘBIE ZDRÓJ		30-39 lat	248	K 797		00:00:25	00:19:23	00:46:22.05	00:46:47.30	+00:27:42 (59.7%)	8:44	6.9 (40.4%)
798	PYTEL Renata	114	Sobieski6	PIELGRZYMOWICE		50-59 lat	120	K 798	Sobieski6 Sobieski6	00:00:30	00:20:38	00:46:20.55	00:46:51.45	+00:27:40 (59.7%)	8:44	6.9 (40.4%)
799	MARCINIAK Maria	807	Miechowska grupa biegowa	TARNOWSKIE GÓRY		40-49 lat	301	K 799	Miechowska grupa biegowa	00:02:44	00:19:51	00:44:20.25	00:47:05.20	+00:25:40 (57.9%)	8:21	7.2 (42.1%)
800	FIRUT Monika	1180		JASTRZĘBIE ZDRÓJ		40-49 lat	310	K 800	Team lidl	00:00:29	00:21:01	00:46:38.00	00:47:07.30	+00:27:58 (60.0%)	8:47	6.8 (39.8%)
801	SZŁAPA Urszula	517	Spot pszczyna	CZARKÓW		40-49 lat	314	K 801	Spot pszczyna	00:00:24	00:20:37	00:47:13.70	00:47:38.60	+00:28:33 (60.5%)	8:54	6.7 (39.2%)
802	DZIECIOL Małgorzata	536	Spot pszczyna	PIASTÓW		60+	31	K 802	Spot pszczyna	00:00:25	00:20:36	00:47:13.30	00:47:38.85	+00:28:33 (60.5%)	8:54	6.7 (39.2%)
803	RAJS Ewelina	351	Johanson matthey	PRZYSZOWICE		40-49 lat	313	K 803		00:00:42	00:19:19	00:47:11.45	00:47:53.55	+00:28:31 (60.5%)	8:54	6.7 (39.2%)
804	WÓJCIK Rozalia	406		GLIWICE		60+	29	K 804		00:00:42	00:19:17	00:47:12.45	00:47:55.10	+00:28:32 (60.5%)	8:54	6.7 (39.2%)
805	WÓJCIK Rozalia	773		GLIWICE		60+	30	K 805		00:00:42	00:19:19	00:47:13.10	00:47:55.45	+00:28:33 (60.5%)	8:54	6.7 (39.2%)
806	ZIELIŃSKA Mirela	849	Team lidl	PIELGRZYMOWICE		30-39 lat	249	K 806	Team lidl	00:00:27	00:21:04	00:47:47.40	00:48:15.10	+00:29:07 (60.9%)	9:00	6.7 (39.2%)
807	JANKOWSKA Anita	450		DĄBROWA GÓRNICZA		50-59 lat	122	K 807		00:00:40	00:20:21	00:47:55.75	00:48:36.55	+00:29:15 (61.1%)	9:02	6.6 (38.6%)
808	JANUSZ Ewa	401		JASTRZĘBIE-ZDRÓJ		40-49 lat	316	K 808		00:00:09	00:21:09	00:48:41.95	00:48:51.40	+00:30:02 (61.7%)	9:11	6.5 (38.0%)
809	DOBOSZ Kasia	696	Miechowska grupa biegowa	BYTOM		50-59 lat	124	K 809	Miechowska grupa biegowa	00:00:44	00:20:48	00:48:24.45	00:49:08.45	+00:29:44 (61.4%)	9:07	6.6 (38.6%)
810	HEKIERT Wioleta	732	Miechowicach grupa biegoww	BYTOM		50-59 lat	123	K 810	Miechowska grupa biegowa	00:00:44	00:20:48	00:48:24.05	00:49:08.65	+00:29:44 (61.4%)	9:07	6.6 (38.6%)
811	WIKA Agnieszka	960		WODZISŁAW ŚLĄSKI		40-49 lat	317	K 811	Biegnę po ciasteczka	00:00:35	00:20:35	00:48:50.00	00:49:25.95	+00:30:10 (61.8%)	9:12	6.5 (38.0%)
812	PORĘBA Elżbieta	994		JASTRZĘBIE-ZDRÓJ		50-59 lat	125	K 812		00:00:36	00:20:51	00:48:58.30	00:49:34.55	+00:30:18 (61.9%)	9:14	6.5 (38.0%)
813	SZCZĘSNA Justyna	966		JASTRZĘBIE ZDRÓJ		40-49 lat	318	K 813		00:00:36	00:20:31	00:48:58.60	00:49:34.95	+00:30:18 (61.9%)	9:14	6.5 (38.0%)
814	TUSZYŃSKA Anna	853	Miechowska grupa biegowa	BYTOM		40-49 lat	312	K 814	Miechowska grupa biegowa	00:02:46	00:20:58	00:47:07.25	00:49:53.65	+00:28:27 (60.4%)	8:53	6.7 (39.2%)

815	NALEPKA Katarzyna	208	Miechowicka grupa biegowa	BYTOM		40-49 lat	311	K 815	Miechowicka grupa biegowa	00:02:46	00:21:00	00:47:07.05	00:49:53.75	+00:28:27 (60.4%)	8:53	6.7 (39.2%)	
816	KOSOWSKA Grażyna	753	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		50-59 lat	121	K 816	Kobiety na 5+	00:02:49	00:21:19	00:47:18.55	00:50:07.65	+00:28:38 (60.6%)	8:55	6.7 (39.2%)	
817	KACZOREK Malwina	1273		JASTRZĘBIE-ZDRÓJ		40-49 lat	315	K 817		00:02:38	00:21:24	00:47:45.80	00:50:24.35	+00:29:06 (60.9%)	9:00	6.7 (39.2%)	
818	TABERSKA Grażyna	1085		JASTRZĘBIE -ZDRÓJ		60+	32	K 818		00:02:34	00:21:54	00:47:56.15	00:50:30.15	+00:29:16 (61.1%)	9:02	6.6 (38.6%)	
819	KRAWCZYK Barbara	587		PIEKARY ŚLĄSKIE		40-49 lat	319	K 819	Miechowicka grupa biegowa	00:02:47	00:21:56	00:49:39.65	00:52:26.65	+00:30:59 (62.4%)	9:22	6.4 (37.4%)	
820	JURCZAK Klaudia	1253		JASTRZĘBIE-ZDRÓJ		40-49 lat	321	K 820		00:00:39	00:20:37	00:52:06.60	00:52:46.05	+00:33:26 (64.2%)	9:49	6.1 (35.7%)	
821	KOŚMIDER Weronika	1278		GOLKOWICE		30-39 lat	251	K 821	Social girls	00:00:39	00:21:45	00:52:06.90	00:52:46.30	+00:33:27 (64.2%)	9:49	6.1 (35.7%)	
822	BRYŁA Małgorzata	809		JASTRZĘBIE-ZDRÓJ		40-49 lat	322	K 822	Social girls	Social girls	00:00:38	00:21:02	00:52:07.80	00:52:46.45	+00:33:28 (64.2%)	9:50	6.1 (35.7%)
823	KOSZOK Aleksandra	1305		CIESZYN		20-29 lat	81	K 823		00:02:57	00:22:04	00:50:14.75	00:53:12.05	+00:31:34 (62.9%)	9:28	6.3 (36.8%)	
824	DOMAGALSKA Krystyna	1051		SKRZYSZÓW		50-59 lat	126	K 824		00:02:27	00:23:53	00:50:48.70	00:53:15.70	+00:32:08 (63.3%)	9:35	6.3 (36.8%)	
825	CZAPKA Aleksandra	1056		SKRZYSZÓW		50-59 lat	127	K 825		00:01:55	00:24:24	00:51:20.55	00:53:16.20	+00:32:40 (63.6%)	9:41	6.2 (36.3%)	
826	SITKO Dagmara	386	Kobiety na 5+	GLIWICE		30-39 lat	252	K 826	Kobiety na 5+	00:00:41	00:21:57	00:52:37.10	00:53:18.70	+00:33:57 (64.5%)	9:55	6 (35.1%)	
826	BORDA Grażyna	535	Kobiety na 5+	JASTRZĘBIE ZDRÓJ		50-59 lat	128	K 827	Kobiety na 5+	00:00:05	00:22:33	00:53:13.65	00:53:18.70	+00:34:33 (64.9%)	10:02	6 (35.1%)	
828	PENKALA - CZAJA Justyna	697	Team nutrilite	RYBNIK		30-39 lat	250	K 828	Team nutrilite	00:02:35	00:22:48	00:51:09.10	00:53:44.70	+00:32:29 (63.5%)	9:39	6.2 (36.3%)	
829	RADZIAK Monika	1133		ŻORY		40-49 lat	320	K 829	Kolezanki z podwórka	00:02:40	00:23:08	00:51:44.55	00:54:24.80	+00:33:04 (63.9%)	9:45	6.1 (35.7%)	
830	KNABE Karina	338	Run away team	TARNOWSKIE GÓRY		50-59 lat	131	K 830	Run away team	00:00:55	00:23:35	00:54:59.00	00:55:54.30	+00:36:19 (66.1%)	10:22	5.8 (33.9%)	
831	JANAS Joanna	1071		KNURÓW		20-29 lat	82	K 831		00:01:13	00:23:28	00:55:42.70	00:56:56.60	+00:37:02 (66.5%)	10:30	5.7 (33.3%)	
832	DUNAJ Kamila	1073		JASTRZĘBIE		30-39 lat	255	K 832		00:01:14	00:23:28	00:55:42.55	00:56:56.75	+00:37:02 (66.5%)	10:30	5.7 (33.3%)	
833	SZCZEGODZIŃSKA Kasia	672		JASTRZĘBIE-ZDRÓJ		30-39 lat	256	K 833		00:01:14	00:23:21	00:55:43.10	00:56:57.90	+00:37:03 (66.5%)	10:30	5.7 (33.3%)	
834	SITARSKA Agnieszka	293	Kobiety watachy	RUDA ŚLĄSKA		40-49 lat	323	K 834	Kobiety watahy	00:02:41	00:24:38	00:54:31.25	00:57:13.10	+00:35:51 (65.8%)	10:17	5.8 (33.9%)	
835	WOŹNIAK Anna	596	Kobiety watahy	BYTOM		50-59 lat	130	K 835		00:02:42	00:24:39	00:54:31.55	00:57:13.70	+00:35:51 (65.8%)	10:17	5.8 (33.9%)	
836	KORBEL Klaudia	1063		JASTRZĘBIE-ZDRÓJ		30-39 lat	253	K 836	Przedszkole im.małych bohaterów	00:03:14	00:25:32	00:54:18.15	00:57:32.25	+00:35:38 (65.6%)	10:14	5.9 (34.5%)	
837	WOJDA Marta	996		WODZISŁAW ŚLĄSKI		30-39 lat	254	K 837	Przedszkole im.małych bohaterów	00:03:13	00:25:28	00:54:18.90	00:57:32.35	+00:35:39 (65.6%)	10:14	5.9 (34.5%)	
838	RUTKOWSKA Ania	989	Przedszkole im. małych bohaterów	JASTRZĘBIE-ZDRÓJ		50-59 lat	129	K 838	Przedszkole im.małych bohaterów	00:03:13	00:25:32	00:54:19.85	00:57:33.35	+00:35:40 (65.6%)	10:14	5.9 (34.5%)	
839	KRAKOWCZYK Janina	1252	Aktywni łyśki	GASZOWICE		60+	35	K 839		00:00:59	00:27:28	00:58:09.00	00:59:08.70	+00:39:29 (67.9%)	10:58	5.5 (32.2%)	
840	PIETRZYK Stanisława	294		JASTRZĘBIE ZDRÓJ		60+	33	K 840		00:02:29	00:24:36	00:56:45.70	00:59:15.30	+00:38:05 (67.1%)	10:42	5.6 (32.7%)	
841	KOWALCZUK Alicja	232		JASTRZĘBIE ZDRÓJ		20-29 lat	83	K 841		00:02:29	00:24:37	00:56:46.15	00:59:15.45	+00:38:06 (67.1%)	10:42	5.6 (32.7%)	
842	KOWALCZUK Mirela	272		JASTRZĘBIE ZDRÓJ		50-59 lat	132	K 842		00:02:29	00:24:35	00:56:46.25	00:59:15.70	+00:38:06 (67.1%)	10:42	5.6 (32.7%)	
843	WŁADARZ Krystyna	1061		WODZISŁAW ŚLĄSKI		60+	34	K 843		00:02:34	00:24:27	00:56:55.65	00:59:30.25	+00:38:15 (67.2%)	10:44	5.6 (32.7%)	
844	GIBAS Amanda	402		JASTRZĘBIE -ZDROJ		40-49 lat	324	K 844		00:02:37	00:24:54	00:57:27.20	01:00:04.60	+00:38:47 (67.5%)	10:50	5.5 (32.2%)	
844	KUŚMIRSKA-KUBAS Alina	465		JASTRZĘBIE-ZDRÓJ		50-59 lat	133	K 845	Trzy i pół biore w ciemno	00:02:36	00:24:55	00:57:28.55	01:00:04.60	+00:38:48 (67.5%)	10:50	5.5 (32.2%)	
846	BUJAK Magdalena	131	Viking training center	TYCHY		30-39 lat	257	K 846	Viking training center	00:02:58	00:26:52	01:00:32.70	01:03:31.25	+00:41:52 (69.2%)	11:25	5.3 (31.0%)	
847	NASTULA Beata	565	Miechowicka grupa biegowa	BYTOM		40-49 lat	325	K 847	Miechowicka grupa biegowa	00:02:48	00:27:05	01:04:12.70	01:07:00.75	+00:45:32 (70.9%)	12:06	5 (29.2%)	